

An attractive alternative, though involving slightly more climbing, is to take the yellow route to Howden Farm and carry straight on there to Screeburgh.

This is a shorter variation of the route described above, which should be followed to junction 1. Turn right here and contour along the hillside for about two miles, passing Screeburgh Farm. At the far end, turn right at junction 3 to rejoin the route above.

▼ Screeburgh Loop - 7 m / 11 km

This turning avoids having to use the A68 back into the town, but does entail another sharp climb. Once this has been surmounted, the going is then predominantly downhill for the rest of the route. Bear left at the next junction 5, turn right at a T junction with a housing estate road on the edge of the town and turn left immediately to return down Oxnam Road to the starting point.

The road climbs steeply beyond Mossburnford, with the gradient easing somewhat where the road bears left at a junction with a side road on the right 3. The summit is reached about 1/2 mile beyond this junction and the road then starts to descend towards Jedburgh (good views again on the left). With the outskirts of Jedburgh in sight, take a right turn into the next side road 4.

Carry straight on just past Cessford Farm (the 'main' road turns left here) and, after a short climb up to Cessford Castle descend on a winding road to a T junction about one mile west of Morebottle (pub, shops). The route goes left down the wide valley of the Kale Water and gives 3/2 miles on mostly favourable grades to a T junction with the A698 4.

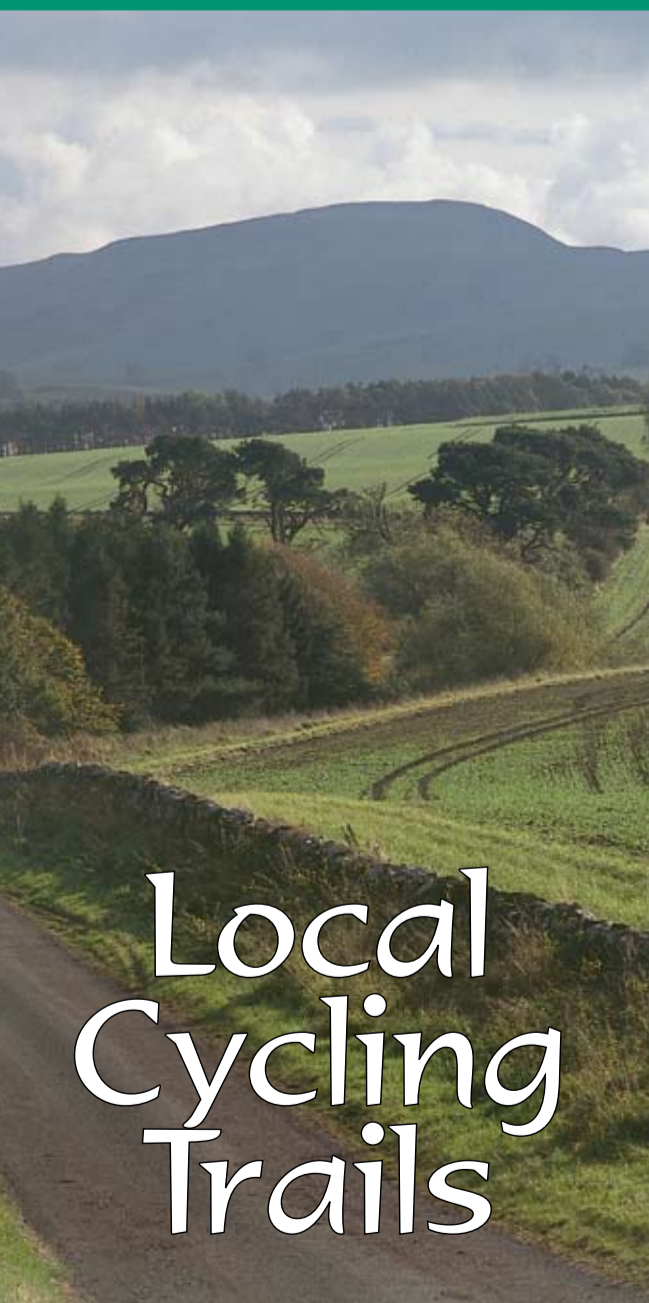
A rapid descent to Oxnam Water at Craillinghall is followed by a stiff climb to a crossroads 7. Continue straight over. The climb soon ends but the next descent is short and there follows a more sustained ascent to the next summit, 4 1/2 miles from Jedburgh. From here, the road descends gently and turns northwards to follow Cessford Burn downstream.

Turn left to visit the Teviot Smokery and Water Garden (tearoom) - this route goes right with a cycle lane giving some security on this fast and fairly busy road. Turn left after just 200m and cross Kalemouth suspension bridge.

The road then meanders to a junction with the Nisbet to Roxburgh road 5 where a left turn is taken. The next two miles to Nisbet - a picturesque scattering of cottages around the village green - give undulating going with no serious climbing. Turn left at the T junction in Nisbet 6, re-cross the River Teviot and come to a T junction just west of Crailling 7.

● Oxnam Loop - 11 1/2 m / 18 1/2 km

Jedburgh



Local Cycling Trails

The Scottish Borders
Scotland's leading short break destination

To avoid using the A698 road west of Crailling, albeit at the expense of more hill climbing, cross the River Teviot out of Nisbet and turn first left into a narrow lane leading to the A698 at Crailling. Turn right onto the main road and yellow route, then left immediately into a minor road 9.

Turn left onto the A68 then left again immediately into the Headrig. Bear right after about 200 yards into Forthill Terrace and, at the south end of this street, turn right to cross the A68 on foot. Bear left over the Jed Water on Bridge Street and follow it round to a T junction, where a right turn is taken into the High Street. On reaching the Market Place, take the second road on the left, Abbey Place, back to the start point.

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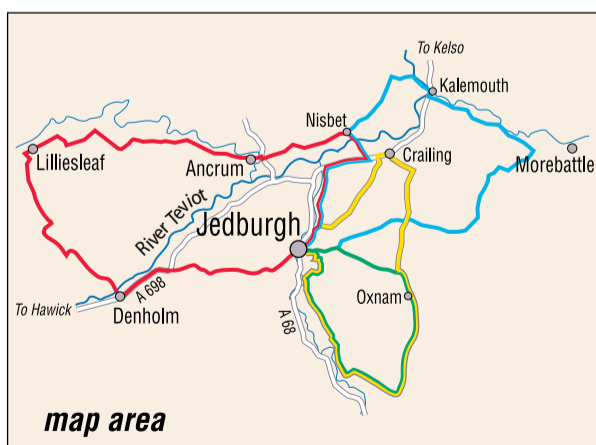
● Kalemouth and Nisbet - 20 m / 32 km

Local Cycling Trails

The starting point for the routes described in this leaflet is the Glebe car park off Abbey Bridge End, close to its junction with the A68 at the south end of Jedburgh

Five colour coded, signed routes are both described and illustrated on the map overleaf - for the most part, the routes keep to quiet roads and family groups and inexperienced cyclists should be quite happy using them. However, the red trail to Lilliesleaf involves some unavoidable use of the A698 road, and is not recommended for anyone not confident in cycling on what, by Borders standards, is a relatively busy road. The blue trail also uses a section of the A698, but an alternative route is described to avoid this, albeit involving a significant amount of extra hill climbing.

The routes in general are quite hilly - the topography dictates that this will be the case - but there is a reward in the form of many fine views and exhilarating downhill runs.



Routes devised in collaboration with The Rush cycle shop.

Head out of Jedburgh on Oxnam Road as for the green route. On the outskirts of the town, turn right into Howdenburn Road 1 and then left after only a few yards into a quiet lane. Don't be fooled by a short downhill section, as the climbing resumes after crossing over a deep little valley. Bear right just beyond Howden Farm to reach the first summit of the day, then descend, steeply at first to a T junction 2.

Turn left along the east side of the Jed Valley. The next 1 1/2 miles are mostly uphill, steeply in places, though with intermittent good views to the west. Beyond the summit, the road descends to Mossburnford - watch out for a sharp right hand bend at a junction on the steeper part of the descent.

This is followed by a fairly gentle climb out of the dip, becoming much steeper where the road bears east, out of the Jed Valley. The next summit is surmounted at Dolphinstone, 1 1/2 miles from Mossburnford, beyond which a short descent and level section through open country lead to an isolated cross-roads 3.

Turn left here for the next very easy stage to Oxnam. The Cheviot Hills can be seen on the horizon to the east, but soon disappear from view as the road drops between woods into the valley of the Oxnam Water. Continue straight through Oxnam and take the second turning on the right at Millihugh (signposted to Kelso), at the top of a short rise 4.

The next 1 1/2 miles to Craillinghall are also very easy but beyond the summit, just before Brownrigg Farm 5.

The road passes through a narrow belt of trees - a fine view opens out across Teviotdale with the Waterloo Monument on Feniel Hough prominent straight ahead - then descends steeply to Crailling (watch out for an S bend about halfway down). Turn left onto the A698 at the bottom of the descent then left again 6 after only 1/4 mile along this main road into a narrow lane.

After a short level section, the next 1 1/2 miles rise fairly unrelentingly up a broad ridge (wide views to both sides) to the last summit of the day at Uiston. Beyond the summit, the road drops steeply into the Jed Valley. Turn left at the bottom of the hill 7 to join the blue route for the final stage into Jedburgh - see previous column.

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● Oxnam and Crailling - 17 1/2 m / 28 km

● Denholm and Lilliesleaf - 19 m / 31 km

Turn left out of the car park into Abbey Bridge End and left again on reaching the Market Square into Castlegate. This road climbs steeply out of the town and continues to do so for about 2 1/2 miles (with only a brief respite about halfway) to its summit on the north side of Dunion Hill.

Shortly after passing the summit, the Eildon Hills and Rubers Law come into view to the north and south-west respectively, while further downhill, the Minto Hills and Fatlips Castle, set on top of a craggy outcrop, are more prominent to the north.

At the foot of the ensuing two miles long descent, bear left at the junction with the A698 1, heading towards Hawick. **Expect to encounter fast moving traffic on the 1 3/4 miles along the A698 to Denholm.** On entering Denholm (pub and shops), turn right off the main road along the east side of the village green, then wind your way out of the village on the B6405.

The 5 1/2 miles from Denholm to Lilliesleaf are through rolling agricultural countryside, the road undulating and trending uphill but with little in the way of severe climbing. The only turning to be made on this stretch is to the right, shortly after passing under a disused railway bridge at Hassendean 2, otherwise ignore any turnings off the 'main' road.

After passing through Lilliesleaf (pub), take the first turning on the right 3 about 1/2 mile east of the village. The next 6 miles along the B6400 to Ancrum are similar in character to the previous leg, but although still undulating, the trend is very much downhill.

Continue through Ancrum (pub and shop). A short distance beyond the village, turn right at the T junction with the A68 4, then left immediately towards Nisbet.

The 2 1/2 miles to Nisbet along the tree-lined B6400 are very pleasant, with only a gradual climb for the first mile and a gentle descent to Nisbetmill. *Visitor attractions along this stretch include Harestanes Visitor Centre (tearoom) and Monteviot House Gardens.* Bear right on the 'main' road at a junction in Nisbet 6 to join the blue route back to Jedburgh - refer to the route instructions in the previous column.

Note:- the return leg of the blue/red/yellow routes in Jedburgh (beyond junction 8) may be altered during the currency of this leaflet - follow any amended signing.



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Jedburgh



Local Cycling Trails

- Green route: Oxnam loop - 11 miles / 18.5km
- Scraesburgh loop - 7 miles / 11km
- Blue route: Kalemouth and Nisbet - 20miles / 32km
- Yellow route: Oxnam and Cragling - 17 miles / 28km
- Red route: Denholm and Ancrum - 19miles / 31km
- 1 Colour coded route directions- refer to text for details

Key to symbols

Route information:

- Viewpoint
- Summit
- Gradient/Steep Gradient (arrows point downhill)
- Caution

Facilities:

- Cycle shop: Hire/repair
- Off-road trails
- Picnic site
- Refreshments
- Car Parking
- Visitor information

Other routes:

- 4 4 Abbeys Cycleway
- 'Borderloop'

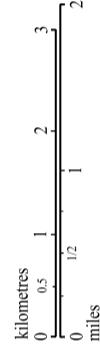
Cycle Shop:

The Rush: Hire/repair
39 High Street Jedburgh
Tel 01835 869643

Jedforest Trails- Mountain Bike routes

- Justice Trail - 40km
- Family routes
- 1 Lanton loop- 6.5km
- 2 Dere Street dash-10.5km

(map at slightly smaller scale)



Leaflets are also produced for Trails around Eyemouth, Kelso, Melrose, Duns, Hawick, Peebles and Selkirk.

Map designed and drawn by David Langworth for Scottish Borders Council