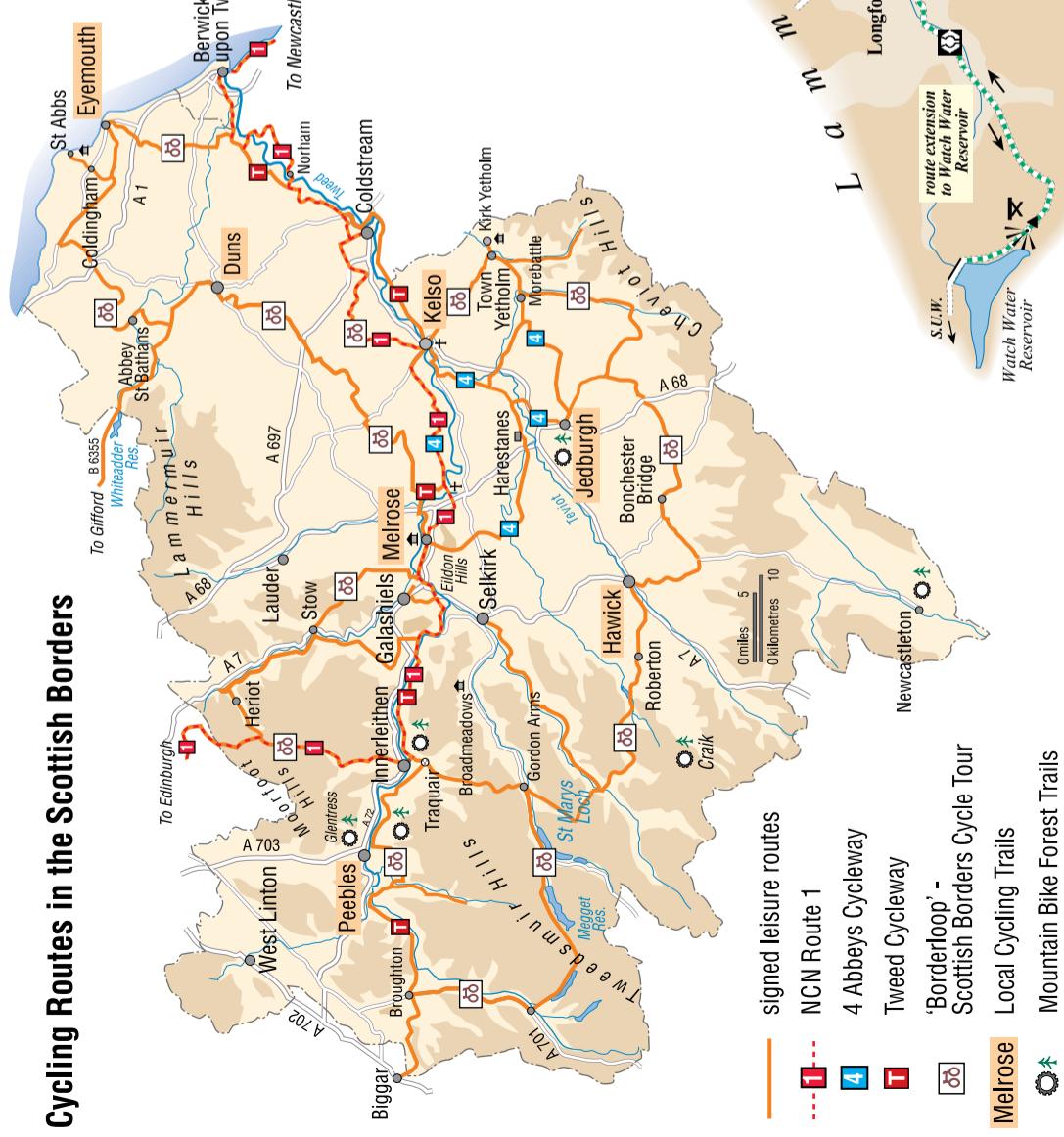




## Cycling Routes in the Scottish Borders



# Duns Local Cycling Trails

## Key to symbols

### Route information:

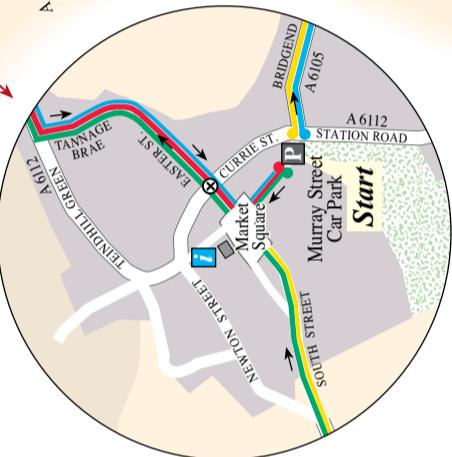
- Blue route: Edrom - 10 miles / 16 kms
- Green route: Longformacus - 16 miles / 25.5 kms  
(with extension to Watch Water Reservoir)
- Yellow route: Swinton and Gavinton - 16½ miles / 26.5 kms
- Nisbet Rhodes loop - 4½ miles / 7.5 kms
- Red coded route directions - refer to text for details
- Colour coded route directions - refer to text for details

Local Cycling Trail leaflets are also produced for routes around Eyemouth, Jedburgh, Hawick, Melrose, Peebles and Selkirk.



Map designed and drawn by David Langworth  
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### Route details through Duns



- Other routes:**
- Borderloop
  - Southern Upland Way - long distance path

