



THE MAE DELI



BY
Deliciously Ella

BREAKFAST

Served until 11am on weekdays & 12pm on weekends



BREAKFAST BOWLS

£5.50

Bases (choose your base):

- Coconut Chia Pudding
- Porridge
- Coyo
- Red Berry Chia Pudding
- Acai

Toppings (choose 3):

- Almond Butter
- Peanut Butter
- Berry & Apple Compote
- MaE Granola
- Maple Syrup
- Coconut Chips
- Strawberry Chia Seed Jam
- Mixed Seeds

PANCAKES

£5.50

- Banana & Coconut Pancakes with Berry & Apple Compote, Maple Syrup & Coconut Chips

TOAST

Rye or gluten-free bread topped with:

- Nut Butter £2.50
- Jam £2.00
- MaE PB & J £4.50
- Smashed Avocado £4.50
- Smashed Avocado & Organic Salmon £9.00

SHAKSHUKA (SERVED FRIDAY - SUNDAY ONLY) £5.50

- Roasted Tomato & Pepper Shakshuka topped with Coyo Labne, served with a side of rye toast



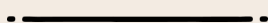
THE MAE DELI



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LUNCH & DINNER

Served from 11am on weekdays & 12pm on weekends



MAE BOWLS

£9.75

Create your MaE Bowl by selecting 4 of our dishes:

- Black Rice with Squash, Beets and Brussel Sprouts
- Spiced Peanut Sweet Potatoes
- Roasted Purple Potatoes with Pequinillo Peppers
- Charred Broccoli with Kohlrabi, Chillies, and Black Beans
- Squash & Broccoli Quinoa
- Broad Bean and Cauliflower Falafel

- Lemony Butter Bean Hummus
- Chunky Avocado Smash

- Apricot & Cauliflower Dahl with Brown Rice (served warm)
- 5 Bean Chili with Brown Rice (served warm)

SOUP

£4.50

- Souper Veg

SIDES

- Slice of Bread £1
- Extra Dip £2
- Organic Marinated Chicken £4.50
- Organic Lemon Roasted Salmon £4.50



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SWEETS



- Cacao & Almond Energy Ball £1.50
- Hazelnut & Raisin Energy Ball £1.50
- Cashew & Ginger Energy Ball £1.50
- Pecan Brownie £3
- Peanut Butter Slice £3.50
- Apple & Raspberry Slice £3.50
- MaE Cake £3.50
- Carrot Cake £3.00
- Spiced Brown Rice & Orange Pudding £3



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DRINKS

ORGANIC COLD PRESSED JUICES

- Fruits £6.95
- Roots £6.95
- Greens £6.95
- Deep Greens £6.95
- Lemonade £3.50

ORGANIC COLD PRESSED MYLKSHAKES

- Cinnamon £6.95
- Chocolate £6.95

FRESHLY MADE SMOOTHIES

- Peanut Butter Protein £5.50
- Green Glow £6.50
- Tropical Berry £6.50
- Blueberry Breakfast £6.50

HOT DRINKS

- Matcha Latte £3.50
- Turmeric Latte £3.50
- Hot Chocolate £3.50
- Mocha £3.50
- Espresso £2.50
- MaE Coffee £3.25
- Americano £2.75
- Organic Tea £2.50

WATER

- Still £0.99
- Sparkling £0.99