Oldham Activities

Elements of the Memory Service

Making it easier for people who live with dementia to stay active and take part in leisure and community activities.
Oldham Activities Element of the Memory Service

Living with dementia can sometimes make it hard to stay active and carry on with life’s simple everyday pleasures. This can often lead to a feeling of not being part of normal social life.

That’s where the Oldham Activities Element of the Memory Service can help make a big difference.

Working with Oldham Council and the NHS, the enhanced memory service supports people with dementia to carry on making the most of their hobbies and interests. We will help you to be fully involved in your local leisure and community groups, events and activities.

It’s all about keeping active, maintaining a social life, having fun and enjoying life more. All of which helps people stay well and continue to live independently for longer.

How can we help?

Our friendly and experienced staff will support you to:
• Join in local and social community activities
• Get involved with activities that match your interests, hobbies and goals
• Get practical help and advice for carers from dementia specialists
• Get the added reassurance of peer and carer support groups

Contact us

To access our service please contact us today. You can self refer or be referred by your GP or a local agency.

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