THE

CANDIDATE'S JOURNEY



I'm looking for a second chance, but getting a job seems a long way off...

1. PRISON

How do I get ready for life outside?



Help answering any doubts and questions that I may have.



Speed Interviews

Employers running interviews inside prison for people, like me, approaching the end of their sentence.

Which organisation can help me?

- Catch 22
- Offploy
- Clean Sheet
- Unlock
- Nacro
- Working Chance

2. LIVING SUPPORT

Now I'm out, how do I deal with challenges?



Mentoring

Advice on what to do next and how to adjust to life outside.



Psychological Support

Help with mental health problems.



Welfare Support

Practical help with living arrangements, paying bills, etc.

Which organisation can help me?

- Catch 22
- Spark Inside
- Forward Trust
- St Giles' Trust
- PACT
- Trailblazers
- Revolving Doors

3. TRAINING

How do I make myself employable?



Training Programmes

To increase skills and experience



Volunteering

To get experience and references.

Which organisation can help me?

- Aspire
- Resume Foundation
- Bounce Back
- Switchback
- Chrysalis Foundation
- The Right Course
- Clean Sheet
- Working Chance
- Clinks
- The Clink Charity
- Forward Trust
- The Longford Trust
- The Mitie Foundation

BE EXCEPTIONAL

EMPLOY AN EXCEPTIONAL

www.theexceptionals.org



4. EMPLOYMENT

How do I get a job?



Recruiters

Preparing and connecting me to potential employers

Which organisation can help me?

- Be Onsite
- Clean Sheet
- Ex-Seed Recruitment
- Offploy
- People Plus
- Radical Recruit
- Resume Foundation
- Tempus Novo
- The Corbett Network
- Unlock
- Working Chance