

THE EX-OFFENDER'S JOURNEY

BE EXCEPTIONAL
EMPLOY AN
EXCEPTIONAL
theexceptionals.org



I'm looking for a second chance, but getting a job seems a long way off...

1. PRISON

How do I get ready for life outside?

- Information**
Help answering doubts and questions that I may have.
- Speed interviews**
Employers running interviews inside prison for people, like me, approaching the end of their sentence.

Which organisations can help me?

- Clean Sheet
- Nacro
- Only Connect
- Prison Reform Trust
- Unlock
- Working Chance

2. LIVING SUPPORT

Now I'm out, how do I deal with challenges?

- Mentoring**
Advice on what to do next and how to adjust to life outside.
- Psychological support**
Help with mental health problems.
- Welfare support**
Practical help with living arrangements, paying bills, etc.

Which organisations can help me?

- Forward Trust
- Only Connect
- Pact
- Rite Social Entreprises
- Spark Inside
- St Giles' Trust
- Trailblazers

3. TRAINING

How do I make myself employable?

- Training programmes**
To increase skills and experience.
- Volunteering**
To get experience and references.

Which organisations can help me?

- Aspire
- Bounce Back
- Chrysalis Foundation
- Clean Sheet
- The Clink Charity
- Clinks
- Construction Skills Solutions
- Forward Trust
- Inside Job
- The Mitie Foundation
- The Right Course
- Switchback
- Ubique Partnerships
- Working Links
- Working Chance

4. EMPLOYMENT

How do I get a job?

- Recruiters**
Preparing and connecting me to potential employers.

Which organisations can help me?

- Be Onsite
- Blue Sky
- Clean Sheet
- Inside Job
- Offploy
- People Plus
- Prosper 4
- Recruit with Conviction
- Working Chance

