

The Spa
at
Kilkea Castle

Luxury, Serenity, Tranquility



The Spa at Kilkea Castle

Our luxurious Boutique Spa is nestled within one of the oldest inhabited Castles in Ireland. We are very proud of our heritage, and we honour our legacy of a warm Irish welcome.

Partnering with the world's premier Spa and Skincare brands, allows us to make each treatment personal.

We look, listen and tune into you to respond to the ever-evolving rhythm of your life, your body and your mind need for tranquillity.

Every treatment is shaped and moulded around you. So, you can enjoy your truly unique royal treatment on a journey to serenity.

[comfort zone]
conscious skin science

MERVUE
organic

All our treatments are unisex and can also be enjoyed during Pregnancy.

To ensure the maximum benefit from a visit to The Spa at Kilkea Castle, consult your preferences and any queries you may have with one of our experienced staff. We will ensure that your treatment will not be just a wonderful and therapeutic experience but a true Royal Treatment.

SIGNATURE RITUALS

KILKEA CASTLE TOTAL BODY DETOX

Exclusively available at the Spa at Kilkea Castle, this ritual will give you three days of detox results in one treatment.

Himalayan Salt is used to give you relaxation, alleviate tension, stress and anxiety. A combination of the precious Himalayan salt crystals and aromatic oils is used in the body scrub to detoxify, ease aches and pains, stimulate the metabolism and restore vitality and balance. You are cocooned in a wrap with precious minerals and salts whilst being treated to tailored taster facial to replenish your skin with a well-rested glow.

Himalayan Salt Ritual/ Taster Facial

45 min Thermal Spa access + 75 min treatment €160

KILKEA CASTLE ROYAL ESCAPE

From the soles of the feet to the crown of the head, this customised face and body treatment is the ultimate skin therapy. The powerful effects of the personalised manual massage are combined with tailored Elemis Facial to achieve dramatic results instantly.

Manual Massage | Prescribed Facial

45 min Thermal Spa access + 100 min treatment €220

BESPOKE BARONIAL PACKAGE

A Spa Day fit for a Queen! Or King! Commence your Spa Journey in our State-of-the-Art Thermal Suite. Create your bespoke package depending on your individual preference.

Choose from the below two options:

- 50 min facial and 25 min massage
- 50 min massage and 25 min facial

45 min Thermal Spa access + 75 min treatment €160

RELAX LIKE ROYALTY

Enjoy ultimate relaxation and be treated like royalty. Begin your Spa Journey with our comprehensive Thermal Suite with Sauna, Steam Room and Hydrotherapy Pool. Follow by relaxing Back, Neck and Shoulders Massage combined with tailored Taster facial for the true results.

Back, Neck and Shoulders Massage | Taster Facial

45 min Thermal Spa access + 60 min treatment €140



FACIALS

The hands of a highly trained therapist are profoundly effective rejuvenating tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

SUBLIME SKIN RITUAL

Designed to alleviate the effects of Hormon-Aging™, the ultimate treatment to counter skin thinning, extreme dryness, and loss of density due to perimenopause and menopause. The exclusive Cell-Support Technology™, innovative oil-based textures, and special massage techniques with Kobido elements reactivate and re-densify the skin. The facial aims to enhance the functional performance of the skin and to give a retrieved sense of comfort, serenity and calm.

60 min | €140 75 min | €160

HYDRAMEMORY

A dynamic fresh treatment made for anyone seeking visible immediate glow, hydration, and vitality. Thanks to its unique combination of Lactic Acid for immediate renewal and glow, powerful concentration of Hyaluronic Acid for superficial and profound hydration, and the bioactive Prickly Pear extract from Regenerative Agriculture, we deliver instant hydration and radiance for a healthy dewy look.

50 min | €120

REMEDY

An innovative, fortifying approach to sensitive, delicate skin. With a Prebiotic from sugar beets, promoting cutaneous resilience and Marula Oil, this facial calms skin discomfort, relieves neuroinflammation and reinforces the skin's defense.

50 min | €120

ACTIVE PURENESS

If your skin is oily, scarred or acne-prone, this is the perfect choice! Characterized by a mattifying peel-off Spirulina Algae mask, this deep purifying facial with Mandelic Acid, Green and White Clays rebalances and reduces pores and blackheads.

50min | €120

BIOTEC FACIAL

The pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. The clinically proven technology results in your skin looking visibly healthy, nourished and energised.

45 min Thermal Spa access + 60 min treatment | €140

FACIAL ADD-ONS:

SUBLIME SKIN EYE LIFT

This triple action eye treatment works against dark circles, puffiness and wrinkles, providing immediate lifting and luminosity.

€20

ABSOLUTE FIRMING NECK & DECOLLETE

An effective, rapid and targeted treatment to lift, reshape and smooth the skin of the Y-zone.

€15



MERVUE

organic



Every aspect of the brand, from the product concept to formulation, packaging to marketing, brand design and visual merchandising, has taken place in the Cosmos approved facility in Mervue, Galway. Plant-based botanical formulas are an innovative blend of science and nature using plant oils and active, nutrient dense superfruits blended with aromatic essential oils to promote healthy skin.

MERVUE WELLBEING FACIAL

Deeply relax and nourish your skin while being kind to the nature. Designed to help to restore elasticity, naturally help to boost collagen production and leave your skin feeling smooth and velvety.

This comprehensive facial includes Rose Quartz Gua-Sha stone massage to gently soothe and stimulate skin's renewal processes, and smoothing hand or foot ritual.

85 min treatment €160

MERVUE CLASSIC FACIAL

Certified Organic Superfruit facial with vitamins, proteins and minerals that provide instant hydration to your skin.

50 min treatment €120



MASSAGE

KILKEA SPA BODY MASSAGE

An uplifting massage to rejuvenate and awaken skin and senses. This nourishing massage is tailored to your needs. Deeply moisturises the skin, leaving it soft and supple

60 min | €140 80 min | €170

(Hot Stones Add-On €10).

PEACEFUL PREGNANCY MASSAGE

Massage adapted to each stage of pregnancy. This inspirational therapy connects mother and baby through the power of a touch, working with two heartbeats as one, helping to relieve tension in the back and alleviating swelling in the hands and feet while easing the mind and uplifting the spirit. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

60 min | €140

TRANQUILITY™PRO-SLEEP MASSAGE

Deeply alleviating body and mind, inspired by the Indonesian Sea Malay Massage, this exceptional massage ritual combines the benefits of gentle touch and unique soft brushes to induce a deep relaxation and favour sleep. In synergy with the Tranquility™ Essential Oil Blend to effectively induce a state of deep rest and wellbeing. Ideal as jet lag recovery.

60 min | €140



BODY THERAPY

HIMALAYAN SALT RITUAL

An extraordinary ritual, beginning with a body modelling using warmed Himalayan salt blocks, which bestow relaxation, alleviate tension, stress, and anxiety. An exhilarating salt scrub follows; a combination of the precious pink Himalayan salt crystals and aromatic oils to detoxify the body, ease aches and pains, stimulate the metabolism and restore vitality and balance.

60 min | €140

BODY ACTIVE SCULPTING THERAPY

Intensive remodelling and firming treatment with an innovative body mask. Its efficacy is boosted by an exclusive stubborn areas massage that combines the usage of Bamboo Massage Roller with Tui-Na techniques.

60 min | €140

TRANQUILITY™ BODY SCRUB RITUAL

An extraordinary deep cleansing aromatherapy scrub enhancing cellular oxygenation, micro circulation, and skin vibrancy. It eases mental and physical fatigue, promotes muscle relaxation, and offers a pleasant feeling of lightness and elasticity.

45 min | €100



THERMAL SUITE

Enhance your spa experience with the use of our comprehensive thermal suite 45 minutes before your treatments.

The Thermal Suite incorporates an eclectic mix of wet and dry, warm, hot and cold experiences, all created especially for the Spa at Kilkea Castle. Offering detoxification, purification, relaxation and general benefit to health and well-being from warm, dry, and wet heat, steam, essences, hydrotherapy and experience showers.

The pool combines fine air bubbles and powerful water jets that can massage your whole body. We have a one of a kind feature, a swim resistant area, where you can swim against a powerful current to achieve vigorous hydrotherapy work out.

The thermal suite encompasses steam and sauna cabins for spa guest to enjoy. You can finish your warm sessions with a beautiful shower area with an ice bucket to awaken the senses.

If you wish to use the Thermal Suite without having treatments, prices start from €30 per person for an hour access



SPA ETIQUETTE

SPA OPENING TIMES:

We are open from 9am to 6:30pm daily. Treatment time 10 am to 6 pm.

NOISE LEVEL:

Our Spa environment is one of relaxation and tranquillity. Please respect all Spa guests' right to privacy and serenity. To maintain this, the Spa is a mobile free zone.

COMFORT:

Spa guests who have booked a treatment are provided with complimentary towels, robes & slippers. Please bring your bathing costume for use in our unisex Thermal Suite facilities.

HEALTH CONDITIONS:

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatments when making your Spa reservation. If you have any condition that you feel may prohibit you from using our facilities, please consult your GP prior to your visit. Alternatively, please contact the spa reception.

TREATMENT POLICY:

To ensure efficiency for all guests we ask that you arrive at least 60 minutes prior to your treatment start time. This will allow time for check-in, fill out the consultation form, change into your robes and slippers and use the Thermal Suite. Please understand that your late arrival may result in a reduction of treatment time as a courtesy for the next client. However, the full treatment price will still apply. Our spa offers an environment of quite calm for its guests who are 18 years of age and over.

CANCELLATION POLICY:

Credit/Laser card details will be asked for when making your appointment. Please give 24-hour notice to change or cancel your appointment; otherwise, we will need to charge the full price of your treatment. The charge will be applied to the card provided on booking or to your hotel room bill. For groups of 3 and more cancellation time is 48 hours.

SERVICE CHARGE/GRATUITIES:

If you wish to provide an appreciation to your Therapist, gratuity can be made at The Spa Reception.

VALUABLES:

Lockers are provided on a complimentary basis for guests availing of Spa treatments. Lockers are provided for your individual use; however, we recommend that you do not bring valuables into The Spa. The Spa at Kilkea Castle does not accept any responsibility for loss or damage of personal items at any time on the Spa premises. All valuables should be kept securely in the lockers provided or left in the guests' bedroom.

CHILDREN POLICY:

Please be advised, for safety reasons, children under 18 are not permitted to use the spa.

GIFT VOUCHERS:

The Spa at Kilkea Castle gift voucher offers the perfect gift solution, whatever the occasion. Vouchers may be redeemed against individual spa treatments, day spa packages, rituals, overnight spa breaks or products.

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