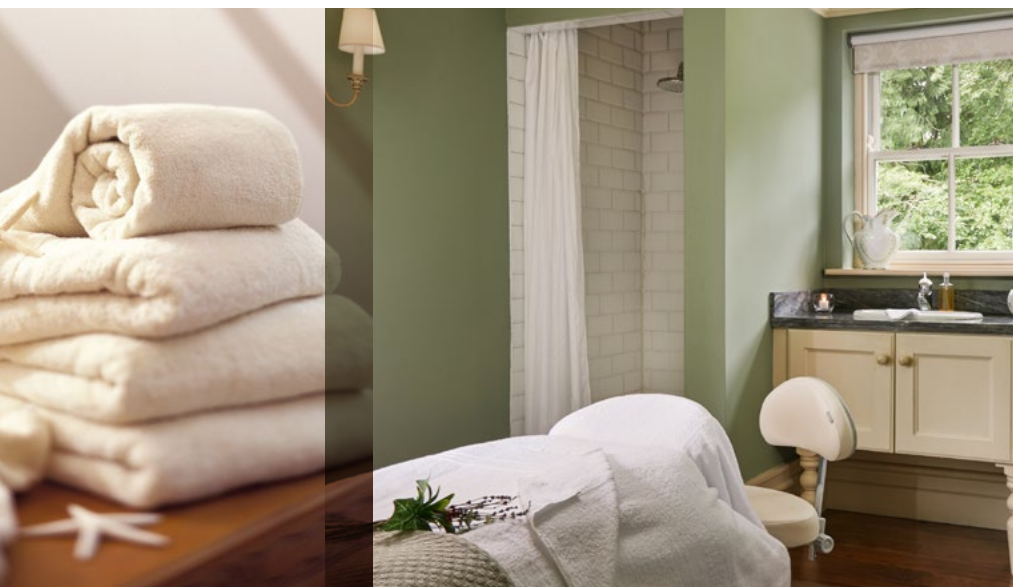




The Victorian  
Treatment Rooms  
*at Castle Leslie Estate*

CASTLE  
*Leslie*  
ESTATE



## *A Sensual Experience...*

**E**minence and the Voya Organic range which are the exclusive products used in The Victorian Treatment Rooms reflect the uniqueness of Castle Leslie Estate with its unspoilt natural surroundings rich in wild plants and mineral springs deep within its lakes.



## The Victorian Treatment Rooms

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Your spa experience begins with a cup of herbal tea. Herbal teas are a long tradition at Castle Leslie Estate dating back to the annual lime blossom picking from great lime trees planted on the pleasure grounds.

By choosing the greenest of products from our organic ranges, The Victorian Treatment Rooms ensure the perpetuation of this environmental oasis, shrouded in the mist of time and history. We aim to make your visit to The Victorian Treatment Rooms an unforgettable experience for all the right reasons.

After a consultation with our highly trained therapists, they will tailor each treatment exclusively to your needs. This encompasses treating mind, body and spirit to leave you feeling relieved, indulged, relaxed and at peace with yourself.

Using different combinations of our hand-picked organic products, body and face and holistic treatments can be revitalizing and energizing, detoxifying and cleansing, relaxing and soothing.



## Your selection of treatments

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Castle Leslie Estate Signature Treatments	5
Exclusive to Castle Leslie Estate	6
Day Experiences	7
Eminence	9-13
Voya	14-21
Alternative Treatments	22
Finishing Touches	23
Hot Tub and Sauna	24



### *Castle Leslie Estate Signature Treatments*

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GRIP FAST FULL BODY MASSAGE – €125 (60 MINS)

An intense and deep tissue massage from top to toe to rebalance aching muscles and disperse toxins.

GRIP FAST BACK, NECK AND SHOULDER MASSAGE – €90 (30 MINS)

This invigorating massage relieves muscle tension, aches and pains.

LA STONE THERAPY – €140 (75 MINS)

A full body massage using hot stones, this popular therapy achieves deep states of relaxation whilst allowing the therapist to deliver an effective and therapeutic treatment.

LA STONE BACK MASSAGE – €95 (40 MINS)

The hot stones are used on key energy points to relieve tension and stress areas of the back, neck and shoulders.



### *Exclusive to Castle Leslie Estate*

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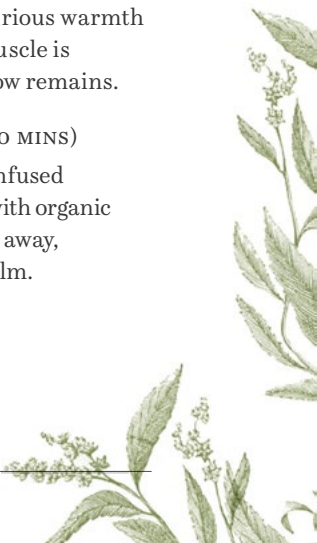
Candles are handmade at The Victorian Treatment Rooms with the finest organic products.

**CANDLE RITUAL – FULL BODY EXPERIENCE – €130  
(60 MINS)**

Indulge in a full body massage with the luxurious warmth of our handmade, organic candles. Every muscle is nurtured, stress melts away and a serene glow remains.

**CANDLE RITUAL – BACK RELEASE – €100 (40 MINS)**

Experience deep relaxation with our candle-infused back massage, using our handmade candles with organic ingredients. Warm, soothing oils melt tension away, leaving your back refreshed and your mind calm.





## *Day Experiences*

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THE ULTIMATE INDULGENT DAY – €335

3 HOURS OF TREATMENTS

Pick any three of the following options:

- » LA Stone Full Body Massage 60 mins
- » Eminence Facial 60 mins
- » Body Wrap 60 mins
- » Reflexology 60 mins
- » Pedicure 60 mins





#### THE COCOON DUO ROOM - €260 (60 MINS EACH)

The Cocoon experience includes a one-hour treatment for two guests, followed by a refreshing fruit platter to enjoy after your relaxing spa journey. Choose from one of the below treatments:

- » Relaxing Full Body Massage
- » Organic Nourishing Facial
- » Reflexology

#### GLOW & UNWIND ESCAPE – €150 (60 MINS)

*Available Monday to Thursday (exc. Bank holidays)*

A deeply relaxing spa escape designed to restore balance, enhance radiance and ease away everyday stress. This indulgent experience allows you to unwind at your own pace, leaving you refreshed, revitalised and glowing. Choose any two 30-minute treatments from the options below.

- » Back Massage
- » Foot and Leg Massage
- » Indian Head Massage
- » Organic Mini Facial



## Eminence

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Treat your senses and your skin with this exotic skincare range, combining high-quality Hungarian ingredients with traditional herbal wisdom.

By choosing Eminence, you are also supporting environmentally conscious skincare. The products are designed to address a range of skin concerns, including premature ageing, wrinkles, sun damage, acne, and loss of vitality, tone, and radiance.

Each treatment is individually tailored to suit your skin's needs, using a vitamin-rich, naturally derived range made from fruits, vegetables, flowers, and herbs. These nourishing ingredients help to revitalise the skin while the natural aromas enhance your overall sense of wellbeing.



## Your selection of treatments

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Eminence Relaxing & Grounding Rituals	11
Eminence Revitalising & Nourishing Body Treatments	11
Eminence Facials	13

## *Relaxing & Grounding Rituals*

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### SOOTHING LEG AND FOOT MASSAGE – €90 (30 MIN)

The perfect treatment to aid relaxation, especially those who suffer from tired, aching legs and heaviness.

### THE PLEASURE GROUND MASSAGE – €130 (60 MIN)

This relaxing body and head massage using a rich body lotion mixed with an aroma Lavender oil, will help relax and soothe your body and mind. Body Bliss...

### BACK MASSAGE AND FACIAL – €150 (60 MIN)

A relaxing Lavender back massage and a nourishing organic facial.

## *Revitalising & Nourishing Body Treatments*

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### CHOCOLATE TRUFFLE WRAP – €125 (60 MIN)

Your body is prepared with one of the organic sugar scrubs, and then immersed in aromatic 100% cocoa whipped in truffle with macadamia and vitamin C, E and B3. The skin will be hydrated, toned and plumped with collagen. Complete and utter heaven!

### HYDRATING BODY WRAP – €125 (60 MIN)

The combination of both an exfoliant and a wrap, cleanses and nourishes the skin. This treatment begins with a stimulating body scrub followed by a super nutritious wrap. The final touch is a rich nourishing body lotion and lavender oil massaged into the body to leave your skin glowing.



CALM AND STEAM MASSAGE – €140 (75 MIN)

To begin, your skin is gently cleansed and polished to perfection. While you relax, you will enjoy a soothing neck and scalp massage. After a warm shower, unwind with a delicate full-body massage using our fruit-rich organic lotion.

CELL-U-LESS MASSAGE – €140 (75 MIN)

Help defeat stubborn cellulite and renew elasticity with this body exfoliation and massage using stimulating Hungarian paprika in a blend of antioxidants. Stinging nettle and ivy increase blood flow to break down fats. Your skin is left detoxified, smooth, silky and regenerated.

REJUVENATING BACK CLEANSE – €90 (30 MIN)

A deep cleansing and rejuvenating treatment concentrating totally on the back to restore a calm and clear 'complexion' to an area of the body that is often forgotten.



## *Facials*

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*Facials can be tailored to suit all skin types.*

### FIRE AND ICE HOUSE FACIAL – €140 (75 MIN)

A powerful resurfacing treatment combining warming spices with the application of ice to the skin, creating a contrasting thermal experience designed to revitalise and re-energise the complexion. This technique helps to boost circulation, refine skin texture, and soften the appearance of fine lines, and is finished with a cooling organic mask selected to suit your skin type.

### GREEN LAKE FACIAL – €115 (60 MIN)

A revitalising phyto-facial using a blend of organic herbs, fruits, and fresh pulps to oxygenate the skin and restore vitality. This treatment refreshes fatigued complexions, leaving the skin balanced, luminous, and renewed.

### VITASKIN PEEL FACIAL – €105 (45 MIN)

A gentle exfoliating peel featuring natural active ingredients and lactic acids, designed to resurface the skin without irritation. Enriched with antioxidant-rich baobab, it helps protect against free radicals while boosting brightness and radiance, leaving the complexion softer, smoother, and revitalised.



THE LAKE EYE TREATMENT – €75 (30 MIN)

This treatment helps to reduce puffiness and dark shadows using lymphatic drainage techniques to re-oxygenate and hydrate fine lines and dark shadows.

CASTLE RELISH FACIAL – €90 (30 MIN)

This mini facial is ideal for tired skin. Boost your skin with a mix of organic products, leaving the skin refreshed and revived.

MOM-TO-BE GLOW FACIAL – €100 (45 MIN)

*Suitable after the first trimester (from 12 weeks of pregnancy)*

Nourish your skin with gentle, organic care designed for expectant mothers. Hydrate, soothe, and reveal your natural glow in a relaxing, pampering experience.

CHARCOAL & STONECROP FACIAL FOR MEN – €115 (60 MIN)

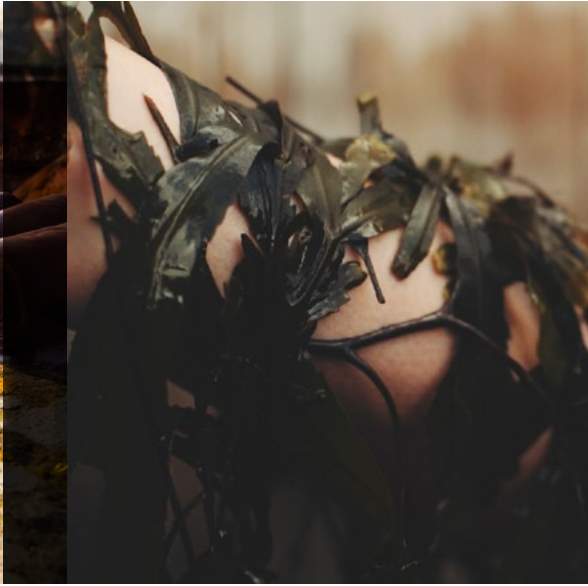
Experience a facial specially designed for men, using products enriched with charcoal and stonecrop. Customized treatments and a soothing stonecrop masque detoxify, restore moisture, calm irritation, and leave skin looking refreshed, healthy, and resilient after daily exposure to the elements.



## Voya

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Our goal is to create exceptional beauty and skincare treatments with integrity that are in full harmony with nature. Based on our wonderful hand harvested seaweed, certified organic and our knowledge of the local traditions of seaweed baths and seaweed treatments. Every Voya product contains extract from organic wild seaweed, which has been sustainably hand harvested only when ripe.



## Your selection of treatments

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Voya Massages	17
Voya Pregnancy Treatments	18
Voya Exfoliations and Body Wrap	19
Voya Facials	21
Voya Bathing Rituals	22

## *Voya Massages*

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### THE VOYA BACK MASSAGE – €100 (45 MINS)

*Suitable for clients undergoing or recovering from cancer.*

Your treatment begins with a gentle dry brushing of the back to help remove dry, dull skin and stimulate circulation. This is followed by a deeply hydrating massage using Voya's Angelicus Serratus rich oil. This luxurious treatment helps to soothe tension, ease aches and pains, and leave your back feeling nourished and revitalised.

### THE VOYA MASSAGE – €125 (60 MINS)

*Suitable for clients undergoing or recovering from cancer.*

This is an invigorating massage with that Voya touch. We energise your skin by deeply infusing it with the world's only organic seaweed oil. This oil can help renew damaged skin cells, add tone and elasticity and combat cellulite and signs of ageing. The world's only organic seaweed oil containing 2lbs of seaweed oil in one bottle!

### VOYA MASSAGE WITH DRY BRUSHING – €140 (75 MINS)

*Suitable for clients undergoing or recovering from cancer.*

Dry brushing can be added to the Voya Massage for ultra-smooth skin. It helps to remove the outer layer of dry, dull skin and enhances the absorption of subsequent skincare treatments. The ritual begins at the soles of the feet and works upwards, brushing towards your heart.

### DEEP MUSCLE TARGETED MASSAGE – €125 (60 MINS)

A tailored massage focusing on tired feet, legs, and back muscles. Using VOYA Serenergise Muscle Body Oil, this treatment helps to warm the muscles and ease tension, improving circulation, flexibility, and postural support in the saddle. It is finished with VOYA 'Feel the Heat Warming Gel' to enhance muscle relaxation and support recovery.



## *Voya Pregnancy Treatments*

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### PREGNANCY MASSAGE – €125 (60 MINS)

*Suitable after the first trimester (from 12 weeks of pregnancy)*

Pamper and nurture your body with a gentle pregnancy massage using VOYA's Nourishing Care Stretch Mark Minimising Oil. Rich in organic botanicals, it hydrates, nourishes, and helps improve skin elasticity, easing tension and leaving your skin soft, smooth, and radiant throughout your pregnancy.

### PREGNANCY BACK MASSAGE – €75 (25 MINS)

*Suitable after the first trimester (from 12 weeks of pregnancy)*

Soothe tension and release stress with a targeted back massage. Using gentle, nurturing techniques, it relieves muscular aches, promotes circulation, and leaves you feeling relaxed, refreshed, and rejuvenated.

### ORGANIC PRECIOUS MOMENTS – €140 (75 MINS)

*Suitable after the first trimester (from 12 weeks of pregnancy)*

VOYA's Organic Precious Moments treatment is specially designed for Mum and her growing bump. It nourishes the bump and eases tired, puffy feet with targeted masks, all while Mum enjoys a soothing face, hand, and arm massage. A truly rejuvenating experience to support the beautiful journey of motherhood.



### *Voya Exfoliations and Body Wrap*

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SWEET ORGANIC LAVENDER AND SEAWEED  
SUGAR GLOW – €100 (55 MINS)

This treatment uses a medley of ingredients including organic seaweed, organic lavender buds and organic sugar to invigorate, exfoliate and nourish the skin. After this treatment enjoy a light shower and an application of a *Softly Does It* luxury organic body cream.

PURE ORGANIC PEPPERMINT AND SEAWEED SCRUB –  
€100 (55 MINS)

This refreshing full-body exfoliating treatment awakens both body and skin. It features a fragrant blend of organic peppermint leaf, seaweed, and sugar, working to gently remove dead skin cells while delivering the uplifting benefits of organic peppermint essential oil. The treatment is followed by a light shower and finished with an application of *Softly Does It* luxury organic body cream.

ORGANIC HYDRATING BODY SCRUB – 100€ (55 MIN)

*Suitable for clients undergoing or recovering from cancer.*

Revitalize your skin with this nourishing, ocean-inspired scrub. Rich in organic seaweed and natural exfoliants, it gently removes dead skin cells while deeply hydrating, leaving your skin silky-smooth, refreshed, and glowing. Perfect for restoring moisture and enhancing your skin's natural radiance.

ORGANIC WARM SPICED MUD WRAP – 140€ (75 MIN)

Indulge in the comforting warmth of our spiced mud wrap, enriched with organic ingredients to detoxify, nourish, and revitalize the skin. This soothing treatment relaxes muscles, restores hydration, and leaves your body feeling renewed, revitalized, and cocooned in wellness.

BUOYANCY LAVENDER & ROSEMARY BODY WRAP – 135€ (60 MIN)

*Suitable for clients undergoing or recovering from cancer.*

Indulge your skin with the rich, nourishing blend of lavender and rosemary in this luxurious body butter. Deeply hydrating and soothing, it restores moisture, softens skin, and leaves a calming, uplifting scent, perfect for a moment of total relaxation and renewal.

## *Voya Facials*

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### RADIANCE FACIAL – €115 (60 MINS)

*Suitable for clients undergoing or recovering from cancer.*

This organic facial is deeply detoxifying and helps to revitalise the skin, even skin tone, and enhance clarity. It includes a relaxing facial massage designed to encourage lymphatic drainage and support the release of toxins, helping to restore radiance and promote a healthy, glowing complexion. Suitable for oily, sensitive, and dry skin types.

### SKIN RENEWAL FACIAL – €130 (60 MINS)

*Suitable for clients undergoing or recovering from cancer.*

The Skin Renewal Facial combines restorative properties with results-driven organic products. Advanced hyaluronic and retinol serums help to reduce congestion while targeting dryness and dehydration. This treatment leaves the skin feeling comforted, deeply hydrated, and visibly renewed.

### ANTI-AGING RESTORATIVE FACIAL – €140 (75 MINS)

*Suitable for clients undergoing or recovering from cancer.*

This skin rejuvenating facial uses the Voya organic ingredients combined with anti-oxidant algae complexes. In addition, Pro-collagen organic extracts and a restorative blend of organic ingredients are used to fight the signs of visible ageing and reduce the appearance of fine lines and wrinkles. Your skin will feel instantly firmed and tightened with a natural radiant glow. Includes an eye treatment with lymphatic drainage and a head massage to give extra relaxation.



VOYA INTENSE DEFENSE FOR MEN FACIAL – €115 (60 MINS)

*Suitable for clients undergoing or recovering from cancer.*

Seaweed extracts help to nourish the skin in this treatment, which also includes a soothing facial and scalp massage. The result is hydrated, refreshed skin, making it particularly beneficial for those affected by shaving rash or razor burn.

MARINE EYE TREATMENT – 100€ (45 MIN)

*Suitable for clients undergoing or recovering from cancer.*

Revitalize tired eyes with this soothing, nutrient-rich treatment. Infused with organic seaweed and marine botanicals, it helps reduce puffiness, smooth fine lines, and restore hydration, leaving the delicate eye area refreshed, bright, and rejuvenated.

## *Voya Bathing Rituals*

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WARMED SPICED MUD PEAT BATH – €70 (40 MINS)

Immerse yourself in a bath of organic seaweed, hand-harvested from the unspoilt Atlantic coast of Ireland. This treatment helps to relax muscles and ease arthritic aches and pains, while helping to plump and define the skin. It also supports skin regeneration and renewal, and helps to combat the effects of ageing.

DETOX SEAWEED BATH – €70 (40 MINS)

*Suitable for clients recovering from cancer.*

Immerse in a bath of organic seaweed hand harvested from the unspoilt Atlantic coast of Ireland. This treatment helps to relax the muscles & ease arthritic aches & pains, plump up and add definition to your skin, and supports skin regeneration and renewal while combating the effects of ageing. Rich in protein oils, the seaweed conditions the skin and remineralises the body, leaving you with a deep sense of wellbeing.



## *Alternative Treatments*

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### REFLEXOLOGY – €100 (55 MINS)

*Suitable after the first trimester  
(from 12 weeks of pregnancy)*

A session or course of reflexology helps to reduce stress and support the relief of a range of unwanted conditions. By working on reflex points in the feet, this therapy encourages the elimination of toxins and helps the body to function more effectively.

### INDIAN HEAD MASSAGE – €90 (30 MINS)

This traditional treatment uses pressure points to relieve tension on your neck and scalp which is perfect for relaxation and de-stressing.



## *Finishing Touches*

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### LUXURY MANICURE – €75 (60 MINS)

A luxurious spa manicure which soaks the nails and provides cuticle treatments, heat experience, massage of hands and arms, nail shape and polish.

### SPA PEDICURE – €75 (60 MINS)

Aromatherapy and natural botanicals of stimulating ginger or calming green tea, kelp and aloe vera to name but a few, help leave the feet 'walking on air'. Complete the treatment with a toenail polish.

### HANDS FIT FOR A LORD – €55 (30 MINS)

A grooming manicure tailored specifically for men, treating hands, nails, and cuticles, and finished with a relaxing hand and arm massage for a refined, polished look.

### FEET FIT FOR A LORD – €55 (45 MINS)

A revitalising pedicure designed especially for men, using ginger or green tea with natural botanical products, leaving nails neatly groomed and feet smooth, refreshed, and soft.

### WAXPERT WAX

Full leg wax (including bikini)	€70
Full leg wax	€50
Half leg wax	€30
Lip wax	€15
Underarm wax	€25
Bikini line basic	€35
Eyebrow shaped	€15
Eyelash tint	€25
Eyebrow tint	€15
Trio - brow shaped and tinted and Eyelash tint	€50

*A patch test must be done 24 hours before all waxing and tinting treatments.*



## *Hot Tub and Sauna*

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Access to the hot tubs and sauna are complimentary for overnight guests. Non-residents may use the facilities only when they book a treatment. All access must be pre-booked in advance, and clients must be aged 18 or over.

### HOT TUB

Relax and revive in our outdoor hot tubs, ease away aching muscles and the stresses of the day. Choose in conjunction with other treatments, or as part of one of our inclusive 'Castle Leslie Estate Day Experiences'.

### SAUNA

Sit and relax in our heated sauna and enjoy the cleansing heat.

## We politely request the following

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Please arrive early for your treatment, if you are late, we may not be able to facilitate your treatment.

Treatments are strictly by appointment only and must be pre-booked 3 days before your stay.

To reserve a treatment, you will be asked for credit card details at the time of booking.

Please ensure that we are made aware of any medical conditions when you are making the booking.

Please mention at booking stage if you may be pregnant.

Treatments and prices may be subject to change.

Please cancel your appointment if you are unable to keep your booking. If you don't cancel at least 24 hours in advance, we reserve the right to charge you a cancellation fee.

All treatments are carried out subject to completion of our consultation forms.

Treatments and facilities are only available to persons aged 18 years and over.

If you are staying in The Lodge and have already checked into your room, please arrive for your treatment in your bathrobe and slippers which are provided for your convenience in your bedroom.

If you are a resident of The Castle, The Old Stable Mews or a non-resident guest, we will supply bathrobes and slippers, when you arrive at the spa.

Please secure your valuables as we cannot take responsibility for them.

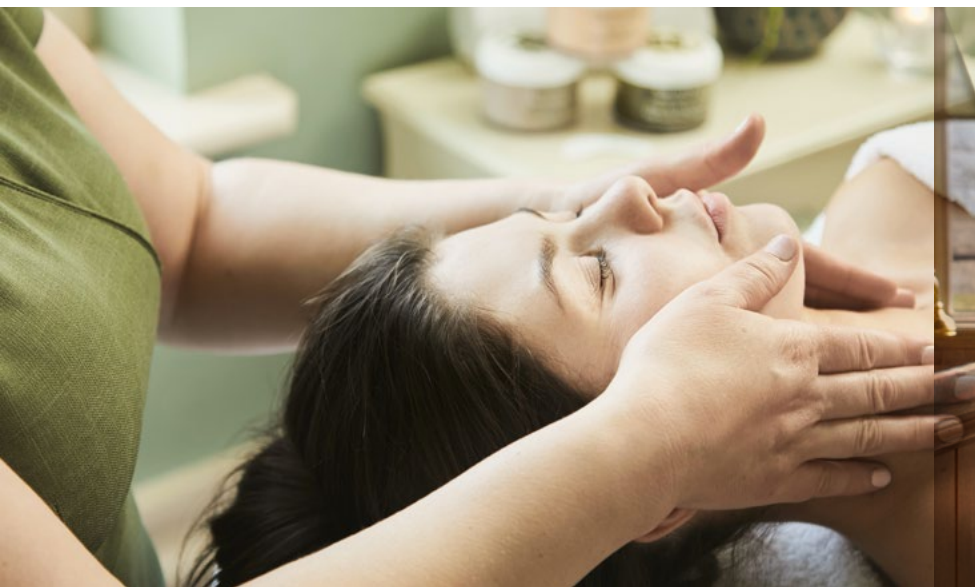
Hot tubs and Sauna must be booked along with spa treatments.

Swimwear is obligatory when using the Hot Tubs and Sauna.

If you are an overnight guest of the Estate, your treatments will be charged to your room.

Please switch off your mobile phone when entering the spa, for your relaxation and the relaxation of other guests.

*Thank you for your co-operation, we do hope you enjoy your visit to The Victorian Treatment Rooms at Castle Leslie Estate.*



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