The Wells Spa

BrookLodge & Macreddin Village

ORGANIC SPA & WELLNESS

BREATHE IMMERSE RENEW

TIME INVESTED IN YOU

At The Wells Spa, we believe in wellness that works in harmony with nature.

Our treatments are created using carefully selected organic and sustainably sourced products, that reflect our commitment to purity, sustainability, and results.

Each treatment is tailored to the individual needs of our guests, whether you seek relaxation, restoration, or simply a moment of quiet escape.

This is not just a place to visit, but a place to pause, breathe, and restore.

Begin all your journeys with one hour access in our Thermal Suite.

THE WELLS SIGNATURE TREATMENTS

Holistic Energy Healing **50 min / €115**

A soothing Tibetan Back Massage followed by a Flourish Organics Facial, gently restoring balance and encouraging a natural flow of energy. A deeply calming experience to nourish the skin, ease tension and leave you feeling renewed.

The Longevity Ritual **1hr 50 min / €200**

Begin with a full body exfoliation, using nourishing oils & lotions, that leave your skin silky smooth, revitalized & renewed. While a soothing VOYA moisturiser is absorbing deeply into the skin, relax and enjoy our VOYA Signature Facial, designed to stimulate collagen production and reduce the appearance of fine lines and wrinkles.

The Detox Ritual **1hr 50 min / €195**

Begin with dry body brushing to exfoliate and stimulate lymphatic drainage, followed by a warm VOYA Organic Spiced Mud wrap. Relax with a soothing scalp massage before finishing with a restorative full body massage using essential oils.

Five Elements Ritual **1hr 50 min / €185**

A deeply restorative Tibetan-inspired massage combining acupressure, flowing movements and warm crystals to bring the body back into balance. Finished with a Flourish Organics Facial and soothing head massage for a deeply calming sense of renewal.

Deluxe Wells Experience **1hr 50 min / €195**

A luxurious journey of complete renewal. Begin with a 50-minute back massage and body brush to release tension and revive the senses, followed by VOYA's Anti-Ageing Restorative Facial to deeply nourish, brighten and refresh the skin. The perfect combination to leave you feeling completely revived.

MASSAGES

The Wells Wellbeing Massage
25 min / €60, 50 min / €115
Unwind with a deeply relaxing full body massage using aromatic essential oils to ease stress and melt away tension. Light to medium pressure restores balance, leaving both body and mind feeling renewed.

Flourish Aromatherapy Massage
25 min / €60, 50 min / €115
A bespoke aromatherapy massage tailored to you, using carefully selected essential oils to soothe the senses and ease tension. Your therapist will adapt the treatment to leave you feeling balanced, calm and deeply relaxed.

VOYA Organic Cryo-Revive Ritual 75 min / €160
An invigorating VOYA ritual combining hot and cold therapies to soothe tired muscles and ease tension. Ideal after an active day, leaving the body refreshed, re-energised and restored.

Hot Stone Massage 75 min / €140
Smooth heated volcanic stones gently melt away muscle tension while promoting deep relaxation. The comforting warmth soothes the body and calms the mind, leaving you feeling completely restored.

VOYA Organic Recovery Massage 50 min / €120
A rhythmic pressure massage that alleviates stress eases aching muscles and revives the senses. Your skin is energised by deep infusion of VOYA organic seaweed oil prescribed to target individual needs and reduce stress and muscle tension.

VOYA Organic Full Body Hot Oil Massage 50 min / €120
Luxurious warm VOYA oils infused with ginger and sweet orange envelop the body in deep relaxation. This comforting massage melts away stress, nourishes the skin and restores a lasting sense of wellbeing.

STRESS & SLEEP MASSAGE

The Wells Scalp, Neck & Shoulder Massage

25 min / €60

Relieve built-up tension with a soothing massage focused on the scalp, neck and shoulders. This calming treatment eases stress, improves circulation and leaves you feeling refreshed and rebalanced.

Ila CBD Kundalini Calm

50 min / €115

A deeply restorative back and leg treatment combining soothing massage, CBD Healing Balm and healing crystals to calm the nervous system. Designed to ease physical tension, restore emotional balance and awaken renewed energy.

Beat The Blues Back

50 min / €115

Designed to relieve tension throughout the back, neck and shoulders, this soothing treatment helps melt away stress and restore comfort. Leave feeling relaxed, refreshed and renewed.

VOYA Voyager Massage Journey

80 min / €145

A luxurious head-to-toe journey combining body brushing, full body massage and soothing scalp and face massage. Tailored to your individual needs, gentle yet invigorating movements help ease aches and tension, leaving the body deeply relaxed and restored.

Choose your journey oil:

- **Uplift** — Citrus, rosehip, evening primrose & sea ingredients
- **Relax** — Lavender, rosemary, argan & evening primrose oils
- **Muscle Relief** — Ginger, sweet orange, rosehip, evening primrose & seaweed extract

BODY DETOX & CLEANSE

VOYA Organic Glow, Seaweed Body Scrub 50 min / €85

An invigorating full-body exfoliation to smooth and refine the skin, leaving it soft, fresh and naturally radiant. Gentle exfoliation encourages circulation and allows nourishing seaweed ingredients to absorb beautifully.

Choose your blend:

- Lavender & Rosemary
- Lavender & Orange
- Peppermint
- Ginger & Sweet Orange

VOYA Organic Warm Spice & Ocean Cleansing Body Wrap 50 min / €110

Begin with gentle body brushing to exfoliate and stimulate lymphatic drainage before being cocooned in VOYA's warm spiced mud wrap, rich in minerals and antioxidants. Relax with a soothing scalp massage before finishing with a nourishing body lotion for soft, radiant skin.

VOYA Organic Seaweed Body Buff 50 min / €100

Revive tired, dull skin with an invigorating full body exfoliation using mineral-rich Irish seaweed and VOYA's nourishing body oils. This refreshing treatment leaves skin silky smooth, deeply hydrated and naturally radiant.

The Wells Body Ritual 50 min / €125

A luxurious full-body exfoliation to gently smooth and soften the skin, followed by the application of VOYA Buoyancy Body Butter. While this absorbs, enjoy a soothing scalp and neck massage, leaving you feeling refreshed, nourished and renewed.

VOYA Organic Back Treatment 50 min / €110

A purifying treatment for the back of the body, beginning with dry body brushing to exfoliate the skin before a nourishing mask is applied. While the mask absorbs, enjoy a relaxing leg massage, followed by a soothing back massage to ease tension and leave the skin feeling refreshed and renewed.

Why Not Enhance Your Treatment...

Add our luxurious VOYA Glow Body Scrub to any treatment for just €50. The perfect way to prepare your skin, leaving it beautifully smooth, nourished and radiant.

THE WELLS FACIAL THERAPIES

VOYA Organic Discovery Facial
25 min / €60, 50 min / €120

A personalised organic facial tailored to your skin, leaving your complexion feeling fresh, hydrated and beautifully balanced.

Choose the facial best suited to your skin's needs:

- **Purifying Facial** — Oily & combination skin
- **Ultra-Calming Facial** — Sensitive skin
- **Intensive Hydra Veil** — Dry skin

FLOURISH Organic Glowing Radiance Facial
25 min / €60, 50 min / €120

Restore a healthy, luminous glow with this nourishing facial designed for dry and tired skin. Combining deep cleansing, a luxurious jasmine mask and lymphatic drainage, your skin is left smooth, hydrated and beautifully radiant.

VOYA Organic Seaweed Marine Eye Treatment
25 min / €60

A refreshing eye treatment that hydrates, firms and brightens the delicate eye area using nutrient-rich seaweed, green tea and vitamin C. Perfect for reducing puffiness and the appearance of fine lines while restoring a fresh, well-rested look.

VOYA Anti-Ageing Restorative Facial
75 min / €155

A luxurious facial for sensitive, mature, dry or dehydrated skin, combining organic seaweed, antioxidant-rich algae and aromatherapy oils. Finished with a relaxing arm, hand, scalp, neck and shoulder massage for the ultimate sense of wellbeing.

MOM'S TO BE & POSTNATAL

We have carefully curated a collection of treatments with mothers-to-be and new mothers in mind, offering a little time to slow down, relax and restore. Each experience is designed to bring comfort, calm and a moment of quiet during this special chapter.
All treatments include access to our Thermal Suite.
For expectant mothers, we recommend enjoying the pool only.
Treatments are available from the second trimester onwards.

The Wells Anti-Fatigue Leg Treatment
25 min / €60
A soothing treatment designed to relieve tired, heavy legs and support circulation. Beginning with a refreshing exfoliation, followed by warm oil massage and lymphatic drainage techniques, leaving legs feeling refreshed, nourished and revitalised.

VOYA Organic Restore to Balance Postnatal Ritual
50 min / €120
A restorative treatment created for new mothers, focusing on areas that need extra care after birth. A relaxing back, neck and shoulder massage is followed by a soothing foot and lower leg massage and a rejuvenating facial to restore balance and wellbeing.

Babymoon
50 min / €140
A nurturing experience designed to help mothers-to-be relax, recharge and enjoy precious moments of self-care before welcoming their new arrival. Choose from one of our 50-minute signature pregnancy treatments, followed by relaxation time with a homemade Apple & Wild Elderflower Mocktail and a complimentary 100ml Flourish Organic Mother-to-Be Oil to take home.

The Wells Signature Pregnancy Facial
25 min / €60, 50 min / €120
A gentle, nourishing facial designed to soothe and hydrate sensitive skin, leaving your complexion feeling fresh, calm and beautifully cared for.

The Wells Signature Pregnancy Massage
25 min / €60, 50 min / €120
A gentle, nurturing massage tailored to the changing needs of pregnancy, helping to ease tension and leave you feeling calm, comfortable and restored.

FOR HIM

"Every man deserves a moment to unwind"

VOYA Organic Intense Defense Facial for Men
50 min / €105
A tailored facial designed to meet men's specific skincare needs, combining deep cleansing, exfoliation and hydration. Finished with a relaxing face and scalp massage, this treatment helps soothe irritation, razor burn and ingrown hairs, leaving skin refreshed and revitalised.

VOYA Organic Back Treatment
50 min / €110
A purifying treatment for the back of the body, beginning with dry body brushing to exfoliate the skin before a nourishing mask is applied. While the mask absorbs, enjoy a relaxing leg massage, followed by a soothing back massage to ease tension and leave the skin feeling refreshed and renewed.

The Performance Recovery, Cyro Revive Ritual
75 min / €160
A revitalising VOYA ritual designed to support active lifestyles by easing muscle tension, reducing inflammation and restoring energy. Combining warming and cooling techniques, this full body treatment leaves you feeling refreshed, recovered and re-energised.

COUPLES & GET TOGETHERS

The Wells Couples Ritual
2 hours 15 min / €160 per person
Share a unique spa experience together with our private Rasul Mud Chamber ritual. Begin with a Flourish Organics body scrub and apply a detoxifying mud treatment together in your own steam room, followed by a relaxing couple's treatment and time to unwind with a glass of Prosecco or a non-alcoholic alternative.

VOYA Organic Full Body Hot Oil Massage
50 min / €120 per person
Relax together in our double treatment room with a luxurious full body massage using warm VOYA oils infused with ginger and sweet orange. This deeply soothing treatment melts away tension, nourishes the skin and promotes complete relaxation.

Just The Two Of Us
75 min / €160 per person
A romantic wellness experience designed to restore balance and relaxation together. Enjoy a personalised aromatic massage using Flourish Organic oils, followed by a nourishing facial in the comfort of our couple's treatment room.

Girls Get Together
1 hour 50 min / €150 per person
The perfect spa escape for catching up, relaxing and enjoying quality time together. Choose from one of our signature 50-minute treatments, followed by a Cosmopolitan cocktail and shared Charcuterie Platter in The Spa Gallery.

Choose your treatment:

- VOYA Self Discovery Facial
- Body Exfoliation & Scalp Massage
- Body Wrap & Scalp Massage

NON-THERAPIST TREATMENTS

Serail Mud Chamber
1 hour / €85 for Two or €55 for One
A unique self-guided spa experience perfect to enjoy together or as a moment of personal relaxation. Begin with an invigorating body scrub before applying a detoxifying mud treatment and relaxing in your private aromatic steam room as the nourishing minerals work their magic.

Dry flotation Floating
30 min / €40
Experience the sensation of weightlessness in a calming dry flotation environment, allowing the body and mind to fully unwind. This deeply relaxing treatment helps ease muscular tension, promote restful sleep and restore a sense of wellbeing.

Thermal Suite Access
2 hours / €25 per person
Take time to unwind in our Thermal Suite, featuring a spa pool, sauna, steam room, indoor Jacuzzi, outdoor hot tub and relaxation room. Pre-booking is required.

FANCY LUNCH BEFORE OR AFTER YOUR TREATMENT?

Complete your visit with a two-course lunch, available with any treatment or spa package. Please call our Spa Team to enquire about pricing.

Dine in the comfort of our Spa Gallery, where you can relax in your robe and slippers while we take care of the rest.

Alternatively, we would be delighted to reserve a table for you in our Waterside Lounge.

You can also enjoy charcuterie boards, cocktails, Prosecco and other light bites. Simply ask to view our menus.

SPA ETIQUETTE

Before Your Visit

- Please **arrive 10–15 minutes before** your treatment to complete your consultation and settle in.
- Please let us know when booking about any **medical conditions**, **allergies**, **pregnancy** or recent **injuries** so we can ensure your treatment is right for you.
- Treatments are available for guests who have **completed** their **cancer care**.
- Bathrobes, towels and slippers are provided for residential and Day Spa guests.
- Please bring your own swimwear.
- The Wells Spa is a **No Phone Zone** and is reserved for guests **18 years and over.**

Thermal Suite

- Take some time to enjoy our Thermal Suite before your treatment. If visiting afterwards, please shower first to remove any oils or lotions.
- **Non-slip spa footwear** must be worn throughout the Spa and Thermal Suite. Swimwear is required in the Thermal Suite and swim caps are optional.

Booking Information

- Please provide **48 hours' notice to cancel** your booking. Cancellations made within 48 hours, or missed appointments, will incur the **full treatment charge**. Late arrival may result in a reduced treatment time.
- Both **male and female therapists** are available. Please let us know your preference when booking and we will do our best to accommodate you.
- **Lost property** is held for three months before being donated to charity. For hygiene reasons, liquids, undergarments and hairbrushes are held for 24 hours only.

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