



IMMAF Youth Championships MMA Weigh in procedure

Weigh-In

For any IMMAF tournaments a separate room for male and female must be available for both the unofficial and official weigh-in.

Weight Categories

Youth category C 12 – 13 years old

Male & Female [under]

-31kg/ 68.3 lbs

-34kg/ 75 lbs

-37kg/ 81.6 lbs

-40kg/ 88.2 lbs

-44kg / 97 lbs

-48kg/ 105.8 lbs

-52kg/ 114.6 lbs

-57kg/ 125.7 lbs

+57kg/ 125.7

Youth category B 14 – 15 years old

Male & Female [under]

-40 kg/ 88.2 lbs

-44 kg/ 97 lbs

-48 kg/ 105.8 lbs

-52 kg/ 114.6 lbs

-57 kg/ 125.7 lbs



-62 kg/ 136.7 lbs

-67 kg/ 147.7 lbs

-72kg/ 158.7 lbs

+72 kg/ 158.7 lbs

Youth category A 16-17 years old [as per current unified IMMAF rules]

Male [under]

Strawweight: -52.2 kg /115 lbs

Flyweight: -56.7 kg /125 lbs

Bantamweight: -61.2 kg /135 lbs

Featherweight: -65.8 kg /145 lbs

Lightweight: -70.3 kg /155 lbs

Welterweight: -77.1 kg /170 lbs

Middleweight: -83.9 kg /185 lbs

Light Heavyweight: -93.0 kg /205 lbs

Heavyweight: -120.2 kg /265 lbs

Female [under]

Atomweight: - 47.7kg /105 lbs

Strawweight: -52.2 kg /115 lbs

Flyweight: -56.7 kg /125 lbs

Bantamweight: -61.2 kg /135 lbs

Featherweight: -65.8 kg /145 lbs

Lightweight: -70.3 kg /155 lbs

Welterweight: 77.1 kg /170 lbs



Responsibility

Control of the weigh-in shall be the responsibility of the Host Regulatory Authority and/or licensed IMMAF officials designated to work, orchestrate and facilitate the weigh in procedure.

Weigh-in location

The weigh-in can take place in one or more locations simultaneously: in the competition venue or / and in the official hotels allocated by organizers for participating delegations. Organizers provide sufficient number of calibrated electronic scales (of an accuracy of tenth of pound) and those will be checked by the IMMAF Sports Director or appointed commissioners each day before start of the official weight control.

Weigh-in times

Competitors shall be allowed to check their weight on the official weigh-in scales (that will be used for the official weigh-in) any time during the 24 hours before the official weigh-in commences.

There is no limit to the number of times each athlete may check his or her weight during this time of the unofficial weigh in. The organizing National Federation shall make sure a dedicated room is available at all times 24 hours before the official weigh in commences compete with test scales.

Weigh-ins for all youth contestants shall be on the day of competition, and each subsequent day of competition that the athletes progress.

Official Weigh-in Procedure

All coaches and other team officials must leave the weigh-in room before the start of the official weigh-in.

- a) Each competitor shall bring to the weigh-in their IMMAF accreditation card issued for the Championships and their passport or an official identification document with photo. The competitor shall present both documents to the official, who will verify identity of the competitor. Each youth competitor **must** be accompanied to all official weigh-in procedures by an adult member/coach of their home team.
- b) All youth competitors **must** weigh in on the official competition scale in shorts and t-shirt/rash guard, most preferably the official IMMAF apparel. Youth contestants **are not** permitted to strip above or below the waist to underwear or bare torso. To facilitate this all contestants at all official weigh ins shall be granted an additional 1lb [454gr] allowance over and above their designated weight category.
- c) The official supervising the weigh-in shall note and record the competitors weight in pounds (lbs) (accurate to one decimal point of a pound)
- d) Only one weigh-in shall be permitted to each athlete on the scales during the official weigh-in period.



Failure to appear for official competition day Weigh-in

Should a competitor fail to appear for weigh-in during the official weigh-in period, this shall be noted beside his or her name on the official weigh-in list. The notation shall be signed by a weigh-in official and a member of the Sports Commission. The competitor will be excluded from competing.

Failure to weigh within the prescribed limits of a category

Should a competitor weigh either above or below the prescribed limits for the category in which he or she is entered; the exact weight shall be recorded in the normal manner. The weight shall be circled and signed by a weigh-in official, and a member of the Sports Commission and by the athlete themselves or a member of his delegation. The athlete shall be excluded from competing in that weight category. If the competitor is weighing in at a lower or higher weight than the category entered for and there is a vacancy in that countries team for the alternative weight division, then the competitor can be re-entered in this weight division.

Failure to comply with official directions or with requirements of the SOR

If at any stage during the weigh-in period, a competitor, coach, or National Delegate fails to comply with the directions of any weigh-in official or a member of the Sports Commission, or fails to comply with the requirements of the SOR, the competitor, coach, or National Delegate shall be prevented from participating in the weigh-in and the nature of the infraction brought immediately to the attention of the Sports Director of the IMMAF.

Protection of privacy

To protect the privacy of the competitors, officials supervising the weigh-in shall be of the same sex as the competitors.

The Organizers of the Championships shall make available a minimum of 2 officials per each official scale on each day of the weigh-in to assist members of the Sports Commission.

Where no such official is available, scrutinizers who are the same sex, as the competitors shall be appointed, subject to the approval of the Sports Director of the IMMAF.

The Organizers shall also make available to the members of the host regulatory authority conducting the weigh-in, two copies of the weigh-in list for each weight category before the scheduled start of the official weigh-in period



Photography or filming of any description **is not** permitted in the weigh-in area. This includes the use of mobile phones.