

## **CERTIFICATE OF ANALYSIS**

**Description: BLACKENED CAJUN MEATBALLS** 

Category: Ready Meal

Method	Analysis Specification:	Results (per 100g)
CH4905	Energy (kcal)	114
CH4905	Energy (kJ)	480
CH4028	Protein (Nx6.25) g/100g	21.8
CH4028	Nitrogen g/100g	3.49
CH4031	Fat g/100g	2.4
CH4030	Saturates g/100g	1.1
CH4030	Monounsaturates g/100g	1.1
CH4030	Polyunsaturates g/100g	0.1
CH4030	Trans g/100g	<0.1
CH4905	Total Carbohydrate g/100g	1.9
CH4905	Available Carbohydrate g/100g	0.6
CH4034	Total Sugars g/100g	0.3
CH4009	Dietary Fibre (AOAC) g/100g	1.3
CH4011	Sodium mg/100g	542
CH4905	Salt: Estimated from sodium g/100g	1.36

Checked/Signed by

Neil Smith

Deputy Chemistry Manager

Certificate No: 90255137 Page 1 of 1

REF: 154356300