

## CERTIFICATE OF ANALYSIS

**Description:** CHICKEN PAD THAI MEAL

**Category:** Ready Meal

| <b>Method</b> | <b>Analysis Specification:</b> | <b>Results (per 100g)</b> |
|---------------|--------------------------------|---------------------------|
| CH4905        | Energy (kcal)                  | 145                       |
| CH4905        | Energy (kJ)                    | 609                       |
| CH4028        | Protein (Nx6.25) g/100g        | 18.2                      |
| CH4028        | Nitrogen g/100g                | 2.91                      |
| CH4031        | Fat (Free) g/100g              | 5.2                       |
| CH4030        | Saturates g/100g               | 0.8                       |
| CH4030        | Monounsaturates g/100g         | 3.6                       |
| CH4030        | Polyunsaturates g/100g         | 0.6                       |
| CH4030        | Trans g/100g                   | < 0.1                     |
| CH4905        | Total Carbohydrate g/100g      | 8.1                       |
| CH4905        | Available Carbohydrate g/100g  | 4.8                       |
| CH4034        | Total Sugars g/100g            | 3.5                       |
| CH4009        | Dietary Fibre (AOAC) g/100g    | 3.3                       |
| CH4011        | Sodium mg/100g                 | 253                       |

Checked/Signed by



Neil Smith  
Deputy Chemistry Manager

Certificate No: 90209950

Page 1 of 1

REF: 22335