

Certificate of Analysis

Product Name:	DIET WHEY		
Batch:		Manufacture Date:	
Source:		Product Code:	488
Shelf Life:	18 months		
Appearance:	Crystalline Powder, white		

Nutritional Breakdown	Per 100g	Per 50g Serving (three scoops)	Per 33.33g Serving (two scoops)
Energy kcal	372	186	124
Energy kJ	1558	779	520
Fat	6.79	3.3g	2.2g
Of which Saturates	2.8g	1.4g	0.9g
Monounsaturates	0.9g	0.5g	0.3g
Polyunsaturates	2.1g	1.0g	0.7g
CLA	2.0g	1.0g	0.7g
Carbohydrate	18.0g	9.0g	6.0g
of which sugars	4.8g	2.4g	1.6g
Fibre	1.6g	0.8g	0.5g
Protein	59.3g	29.6g	19.8g
Salt	0.697g	0.348g	0.233g

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AMINO ACID	AMOUNT (g/100g)(as is)	AMOUNT (serving) 50g	AMOUNT (serving) 33g
Alanine	2.7g	1.4g	0.9g
Arginine	1.8g	0.9g	0.6g
Aspartic Acid	5.9g	2.9g	2.0g
Cystine	1.0g	0.5g	0.3g
Glutamic Acid	10.6g	5.3g	3.5g
Glycine	1.2g	0.6g	0.4g
Histidine	1.4g	0.7g	0.5g
Isoleucine	3.6g	1.8g	1.2g
Leucine	6.0g	3.0g	2.0g
Lysine	4.8g	2.4g	1.6g
Methionine	1.2g	0.6g	0.4g
Phenylalanine	2.2g	1.1g	0.7g
Proline	3.6g	1.8g	1.2g
Serine	2.9g	1.5g	1.0g
Threonine	3.5g	1.8g	1.2g
Tryptophan	1.3g	0.6g	0.4g
Tyrosine	2.0g	1.0g	0.7g
Valine	3.5g	1.7g	1.2g

Approved by: Ross McManus

Date:
20/04/2015

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ALLERGENS	RESULT
Cereals*	Present
Crustaceans	Absent
Egg	Present
Fish	Absent
Lupin	Absent
Milk	Present
Molluscs	Absent
Nuts**	Absent
Peanut	Absent
Soya	Present
Sesame	Absent
Celery and celeriac	Absent
Mustard	Absent
Sulphur dioxide and sulphites	Absent

Produced to ISO 22000 and 9001 Standards.

Made in a factory which also processes Dairy, Soya, and Cereals.

*Contains: gluten – wheat, rye, barley, oats, spelt, kamut or their hybrid strains

**Nuts include: almond, hazelnut, walnut, cashew, pecan nut, Brazil nut, pistachio nut, Macadamia nut and Queensland nut

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