

“Blow Bend Exercise”

↑ = Blow

↗ = ½ Step Blow Bend

↘ = Whole Step Blow Bend

↓ = Draw

↙ = ½ Step Draw Bend

↘ = Whole Step Draw Bend

↔ = One & One Half Step Draw Bend

8	8	8	9	9	9	10	10	10
↑	↗	↑	↑	↗	↑	↑	↗	↑

Practice at different speeds using a metronome

Suggested practice: 10 repetitions per day

Concentrate on pitch and accuracy

“Blow Bend Exercise in 3 octaves”

↑ = Blow

↗ = ½ Step Blow Bend

↖ = Whole Step Blow Bend

↓ = Draw

↘ = ½ Step Draw Bend

↙ = Whole Step Draw Bend

↔ = One & One Half Step Draw Bend

Red indicates a valved bend

8	8	8	9	9	9	5	5	5	6	6	6	2	2	2	2	2	2
↑	↗	↑	↑	↗	↑	↑	↗	↑	↑	↗	↑	↑	↗	↑	↓	↘	↓

Practice at different speeds using a metronome

Suggested practice: 10 repetitions per day

Concentrate on pitch and accuracy