

| V. 15 | Måndag | tisdag | onsdag | torsdag | fredag | lördag | Söndag |
|-------|-------------|---------------|-------------|---------------|-------------|-------------|-------------|
| | Järfälla | Järfälla | Järfälla | Järfälla | Järfälla | Järfälla | Järfälla |
| 08:00 | | | | | | | |
| 09:00 | | | | | | | |
| 10:00 | 10:00-13:00 | | | | | | |
| 11:00 | U15 | | | | | | |
| 12:00 | | | | 12:00-13:30 | | | |
| 13:00 | | | | U14 | | | |
| 14:00 | | | 14:00-15:30 | | | | |
| 15:00 | | | U14 | | | | |
| 16:00 | 16:00-17:00 | 16:00-17:00 | 16:00-17:00 | 16:00-17:00 | 16:00-17:00 | | |
| | U9 | U7/U8 | U10 | U9 | U11 | | |
| 17:00 | 17:00-18:00 | 17.00 - 18:10 | 17:00-18:00 | 17.00 - 18:10 | 17:00-18:00 | | |
| | U10 | camp | U12 | camp | U13 | Kronwall | Kronwall |
| 18:00 | 18:00-19:00 | | 18:00-19:00 | | 18:00-19:00 | Cup U9 | Cup U9 |
| | U11 | 18:10-19:20 | U13 | 18:10-19:20 | U14 | | |
| 19:00 | 19:00-20:00 | | 19:00-20:30 | | 19:00-20:00 | | |
| | U12 | | U15 | | U15 | 08:00-21:00 | 08:00-21:00 |
| 20:00 | 20:00-21:00 | 19:20 -20:30 | | 19:20 -20:30 | | | |
| | U14 | 20:30-22:00 | 20:30-21:30 | 20:30-22:00 | | | |
| 21:00 | | U18 | U18 | Korpen | | | |
| | | | 21:30-23:00 | | | | |
| 22:00 | | | Vets | | | | |
| 23:00 | | | | | | | |