

ORGANIZATION

2nd Department of Neurosurgery and Neurotraumatology,
University of Athens

Professor & Chairman Stathis J. Boviatsis

Scientific Program Director Asst. Professor Aristotelis Kalyvas

Pituitary Meeting 2026

AN INTERDISCIPLINARY PERSPECTIVE



Saturday

23

May
2026

AMPHITHEATER 5,
AKISA BUILDING

PRELIMINARY PROGRAM

CONCO
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MEETING SECRETARIAT

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Preliminary Program

| Time | Topic |
|-------------|------------------------------------|
| 09:00–09:15 | Registration & Welcome Coffee |
| 09:15–09:25 | Opening Remarks & Welcome |
| 09:25–09:30 | Course Objectives & Meeting Format |

Session I – Foundations, Imaging & Incidentalomas

| Time | Topic |
|-------------|---|
| 09:30–09:45 | Neuroradiological approach to pituitary neuroendocrine tumors (PitNETs) and sellar/parasellar lesions |
| 09:45–10:00 | Pituitary incidentalomas: diagnostic and management algorithm |
| 10:00–10:15 | Hypopituitarism pre- and post-operatively: hormone replacement pathways |
| 10:15–10:30 | Anesthesia for pituitary surgery and extended approaches around the sella |
| 10:30–10:45 | Discussion |
| 09:45–11:00 | Coffee Break |

Session II – Functioning Pituitary Neuroendocrine Tumors (PitNETs) | Part A

| Time | Topic |
|-------------|---|
| 11:00–11:15 | Cushing disease: diagnosis and medical management |
| 11:15–11:30 | Acromegaly: diagnosis and modern medical options |
| 11:30–11:45 | Prolactinomas: medical therapy, and monitoring |

Session III – Functioning Pituitary Neuroendocrine Tumors (PitNETs) | Part B

| Time | Topic |
|-------------|--|
| 12:00–12:15 | Surgery for functioning PitNETs: surgical strategy, outcomes and the cavernous sinus |

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| | |
|-------------|---|
| 12:15–12:30 | When to operate on a prolactinoma? Indications, timing and expectations |
| 12:30–12:45 | Peri-operative endocrine considerations (steroid coverage, thromboprophylaxis in Cushing, glycemic control) |
| 12:45–13:00 | Panel discussion |
| 13:00–13:45 | Light Lunch |

Session IV – Non-functioning PitNETs & Giant Tumors

| Time | Topic |
|-------------|---|
| 13:45–14:00 | The neuro-ophthalmic evaluation of sellar masses |
| 14:00–14:15 | Giant pituitary neuroendocrine tumors: surgical planning and complication avoidance |
| 14:15–14:30 | Extracapsular resections of large/giant pituitary tumors |
| 14:30–14:45 | Transcranial Approaches to the sella and giant pituitary tumors |
| 14:45–15:00 | Panel discussion |

Session V – Pituitary Apoplexy & Non-Surgical lesions

| Time | Topic |
|-------------|--|
| 15:00–15:15 | Pituitary apoplexy: timing of surgery and outcomes |
| 15:15–15:30 | Neurological manifestations and differential diagnosis in pituitary disease |
| 15:30–15:45 | Hypophysitis and inflammatory sellar lesions: diagnosis and multidisciplinary management |
| 15:45–16:00 | Discussion |
| 16:00–16:15 | Coffee Break |

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Session VI – Cystic Sellar Lesions & Complex Skull Base Tumors (In and Around the Sella) and Radiosurgery/Radiotherapy

| Time | Topic |
|-------------|--|
| 16:15–16:30 | Cystic sellar lesions & complex skull base tumors in and around the sella: endoscopic endonasal management |
| 16:30–16:45 | Cystic sellar lesions & complex skull base tumors: the endocrinology perspective (work-up, peri-operative care, long-term follow-up) |
| 16:45–17:00 | Complications of approaches to the sella: Lessons learned |
| 17:00–17:15 | Radiotherapy / radiosurgery in PitNETs: indications, timing and success rate |
| 17:15–17:30 | Discussion |

Session VII – Advanced endocrine care, innovation & pathology long-term outcomes

| Time | Topic |
|-------------|--|
| 17:30–18:00 | New medical therapies and clinical trials in pituitary disease: what is coming next |
| 18:00–18:15 | What the pathologist's report must include in PitNETs and why it matters |
| 18:15–18:30 | Aggressive / recurrent PitNETs: medical therapy beyond standard care (e.g., temozolomide and emerging options) |
| 18:30–18:45 | Discussion |

Session VIII – Quality of life, long-term outcomes & patient pathways

| Time | Topic |
|-------------|---|
| 18:45–19:00 | Fertility, pregnancy and pituitary disease: practical management pathways |
| 19:00–19:15 | Long-term follow-up and survivorship: quality of life, cardiometabolic risk and patient-reported outcomes |

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| 19:15–19:30 | Patient Workflow & Shared-care models (interactive session with QR code) |
| 19:30–19:45 | Closing Remarks |