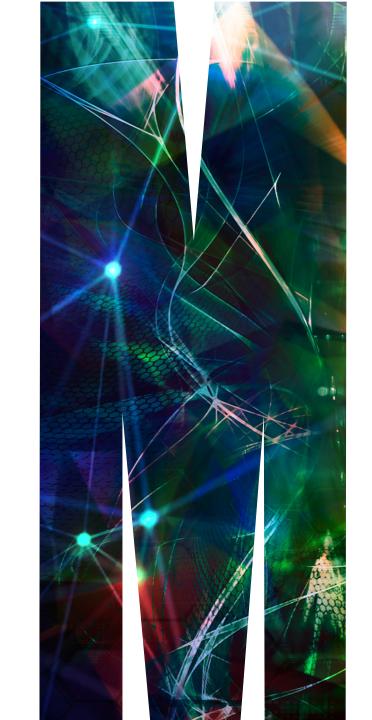


# Prof Belinda Gabbe

Department of Epidemiology and Preventive Medicine, Monash University Health Data Research UK, Swansea University





# VideoScribe

# VICTORIAN CONTEXT





- 6.4 million people
- 5 million in Melbourne
- 227,416 km<sup>2</sup>
- Integrated trauma system
  - Single ambulance service (road and air)
  - 3 major trauma centres
- Third party no-fault insurers for road traffic (TAC) and work (WSV) injury, and universal healthcare (Medicare)
- State funds pre-hospital and acute care while rehabilitation and aged care is funded federally







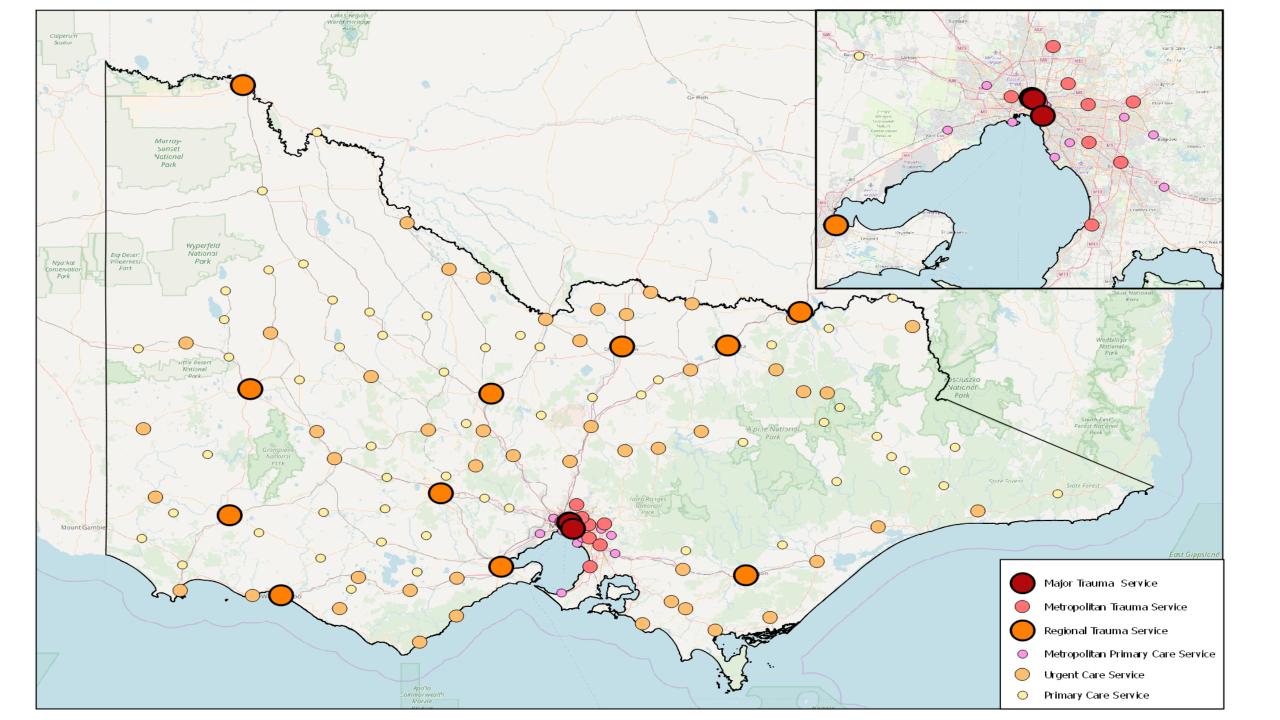


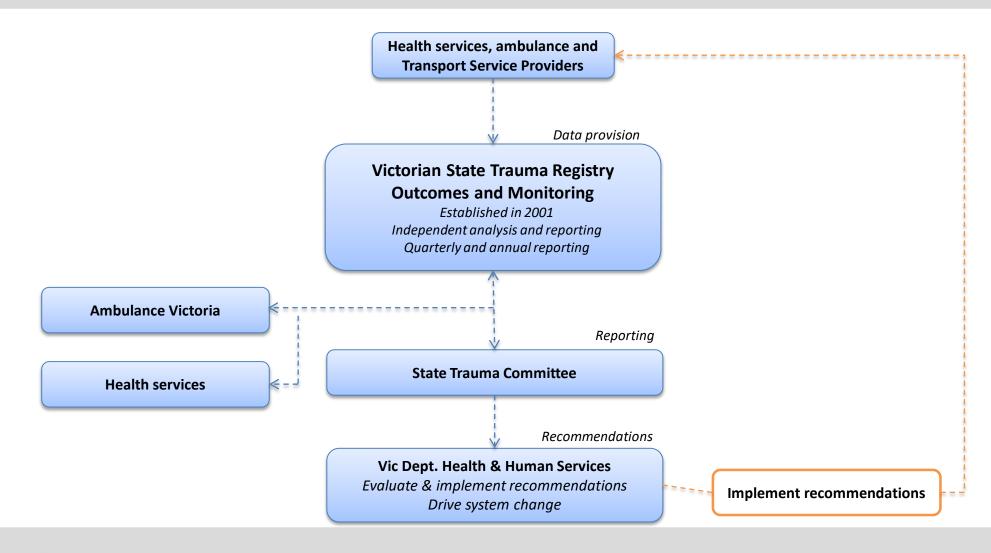




- Aims to reduce mortality and morbidity associated with trauma
- Designed to ensure that the right patient is transported to the right hospital in the shortest timeframe
- Consider the patient's journey from the time of injury through pre-hospital care, acute care, rehabilitation and community integration
- 138 trauma receiving health services
- Monitored using the Victorian State Trauma Registry









Ambulance Victoria

Referral Hospitals

Retrieval services

Definitive hospital

Discharge destination

Post-discharge outcomes

- Population-based
- Since July 2001
- Opt-off
- Independent of health services and government
- Representative Steering Committee
- ~ 3400 major trauma patients per year
- System monitoring



Adults	SF-12 12 item WHODAS (January 2016)			
	<del>EQ-5D-3L (added in 2009)-</del> EQ-5D-5L (July 2018)			
	Glasgow Outcome Scale – Extended (GOS-E)			
	Numerical rating scale (NRS) for pain			
	Return to work and work disability questions			
	Global disability questions			
Paediatric	King's Outcomes Scale for Closed Head Injury (KOSCHI)			
	Pediatric Quality of Life Inventory (PedsQL)-EQ-5D-Y (July 2018)			
Linkage	Victorian Registry of Births, Deaths and Marriages			
	Transport Accident Commission			
	Department of Health and Human Services			





of trauma cases in 2016–17 were transport-related. It continues to be the category with the highest percentage of cases.



5% of cases involved

pedal cyclists.



2%

of major trauma was from burns.



Motor vehicle crashes accounted for approximately one quarter of severe head injuries. (28% in 2016–17).



Major trauma occurring in the home increased over the five-year period.



The most common injury group was multiple trauma (excluding serious neurotrauma), which accounted for 42 per cent of patients in 2016–17.



The home was the second most common place of injury.



**7%** 

Deaths due to falls exceeded transport deaths for the fifth consecutive year.

of all hospitalised major trauma patients in 2016–17 had a severe head injury.



79%

of major trauma patients received definitive care at an appropriate trauma service as defined by the major trauma guidelines.

89%



of transferred patients received definitive care at an appropriate trauma service as defined by the major trauma guidelines.



The incidence of major trauma in regional Victoria has been higher than metropolitan Victoria each year.

438



major trauma primary helicopter transports from the scene to a major trauma service.



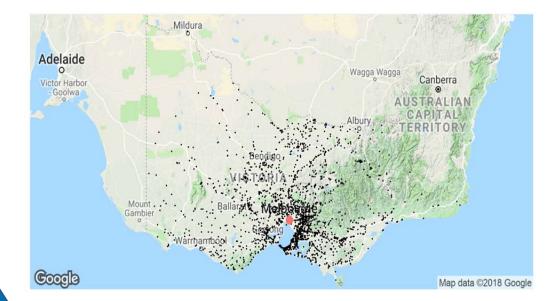
Overall, the median inter-hospital transfer time (excluding transfers from an MTS) in 2016–17 was similar to previous years.



The median hospital length of stay decreased slightly from 6.9 days in 2012–13 to 6.5 days in 2016–17.



The median ambulance response time (measured from time of ambulance call to arrival at scene) has increased since 2012–13.





# **FEATURE**

# Improved Functional Outcomes for Major Trauma Patients in a Regionalized, Inclusive Trauma System

Belinda J. Gabbe, BPhysio (Hons), Grad Dip Biostat, MAppSc, PhD,\* Pam M. Simpson, BSc (Hons),\*
Ann M. Sutherland, RN, RM, Grad Dip, Occ Environ Health,\*† Rory Wolfe, BSc, PhD,\*
Mark C. Fitzgerald, MBBS, FACEM, MRACMA,‡§ Rodney Judson, MBBS, FRACS, FRCS, FACS,||
and Peter A. Cameron, MBBS, MD, FACEM\*†

**Objective:** To describe outcomes of major trauma survivors managed in an organized trauma system, including the association between levels of care and outcomes over time.

Background: Trauma care systems aim to reduce deaths and disability. Studies have found that regionalization of trauma care reduces mortality but the impact on quality of survival is unknown. Evaluation of a trauma system should include mortality and morbidity.

Methods: Predictors of 12-month functional (Glasgow Outcome Scale—Extended) outcomes after blunt major trauma (Injury Severity Score >15) in an organized trauma system were explored using ordered logistic regression for the period October 2006 to June 2009. Data from the population-based Victorian State Trauma Registry were used.

Results: There were 4986 patients older than 18 years. In-hospital mortality decreased from 11.9% in 2006–2007 to 9.9% in 2008–2009. The follow-up rate at 12 months was 86% (n = 3824). Eighty percent reported functional limitations. Odds of better functional outcome increased in the 2007–2008 [adjusted odds ratio (AOR): 1.22; 95% CI: 1.05, 1.41] and 2008–2009 (AOR: 1.16; 95% CI: 1.01, 1.34) years compared with 2006–2007. Cases managed at major trauma services (MTS) achieved better functional outcome (AOR: 1.22; 95% CI: 1.03, 1.45). Female gender, older age, and lower levels of education demonstrated lower adjusted odds of better outcome.

Conclusions: Despite an annual decline in mortality, risk-adjusted functional outcomes improved over time, and cases managed at MTS (level-1 trauma centers) demonstrated better functional outcomes. The findings provide early evidence that this inclusive, regionalized trauma system is achieving its aims.

(Ann Surg 2012;255:1009-1015)

trauma victims. The consequences of patients' surviving injuries that would have previously resulted in death in hospital are not known.

There is some evidence to suggest that management at a trauma center results in improved functional outcomes 1 year after injury for cases of major lower limb trauma when compared with nontrauma centers. 6 Although this strengthens the case for transport to trauma centers for care, the findings were limited to serious lower limb trauma, and the overall impact of improved survival across a system of care or population could not be determined. Efforts are needed to quantify the population burden of nonfatal injury and further our knowledge of the impact of trauma systems and trauma center care on the quality of survival of trauma patients.<sup>6-9</sup> Ideally, evaluation of a trauma system should show a reduction in both mortality and morbidity over time to demonstrate successful implementation. The primary aim of this study was to describe predictors of outcomes of major trauma survivors managed in an inclusive, regionalized trauma system. This included examining the association between level of trauma care and outcomes over time.

## METHODS

# Setting

The state of Victoria in Australia has a population of 5.4 million, representing 25% of the national census. To ensure timely and appropriate matching of the needs of the patient with the service-providing definitive care, an inclusive, regionalized trauma system was implemented in 2000. The Victorian State Trauma System (VSTS) coordinates prehospital services and acute care across the

- Fundamental component of trauma systems is management at a specialised trauma service
- Adjusted odds of a better functional outcome were 22% higher for patients managed at major trauma services

### ORIGINAL ARTICLE

#### OPEN

# Reduced Population Burden of Road Transport–related Major Trauma After Introduction of an Inclusive Trauma System

Belinda J. Gabbe, Ph.D. MBiostat, MAppSc,\*† Ronan A. Lyons, M.B. MPH, M.D. FFPHMI, FFPHI,\*† Mark C. Fitzgerald, MBBS, FACEM, MRACMA,† Rodney Judson, MBBS, FRACS, FRCS, FACS, § Jeffrey Richardson, Ph.D. § and Peter A. Cameron, MBBS, MD, FACEM\*||

Objective: To describe the burden of road transport-related serious injury in Victoria, Australia, over a 10-year period, after the introduction of an integrated fraums, octors.

Background: Road traffic injury is a leading cause of death and disability worldwide. Efforts to improve care of the injured are important for reducing burden, but the impact of trauma care systems on burden and cost of road traffic injury has not been evaluated.

Methods: All rand transport related deaths and major trauma (injury sectority socies > 12) cases were related deaths and major trauma (injury sectority socies > 12) cases were extended from population-based coroner and trauma registry data sets for July 2001 to June 2011. Modeling was used to assess changes in population incidence rates and odds of in-biospital inertally). Dishelily-adjusted file years, corbining years offife life and years filed with dishelily, were calculated. Coro if health loss was calculated from estimates of the value of ad-admitted and the property of the value of ad-admitted social property of the value of

Results: Incidence of road manport-related dusts decreased (incidence rate ratio 192), 9% confidence interval. 1941-1958, whereas the incidence of inspectification per arms increased (incidence rate ratio 192), 9% confidence intervals. 1941-1958, whereas the incidence of intervals. 1941-1958 (incidence rate ratio 193), 9% confidence intervals. 1941-1959, 9 confide

Conclusions: Since introduction of the trauma system in Victoria, Australia, the burden of road transport-related serious injury has decreased. Hospitalized major trauma cases increased, whereas disability burden per case declined. Increased survival does not necessarily result in an overall increase in nonfatal injury burden.

Keywords: burden of injury, costs, disability-adjusted life years, outcomes, trauma

(Ann Surg 2015;261:565-572)

Road traffic crashes chained the lives of 1.3 million people globally, and accounted for 34% of all pears lived with disability (YLDs) attributed to injury, in 2010. <sup>1.3</sup> Over the last 40 years or so, there has been a substantial reduction in road traffic staftity rates in high-income countries, including durantic improvements in Australia\* attributed to legislation (eg., mundatory sent bet! legislation, compulsory motorcycle and biscycle helmest, reduced speed limits, and random breath testing for alcohol) and windsepread public health campaigns. Frimary precention and efforts to improve cure of the injured an important for reducing injury bunder. <sup>2</sup>0 to the impact of systems-based approaches to trauma care on burden and cost of road traffic injury has not been evaluated.

Traumatic injury is described as a time-sensitive disease, with rapid proxision of high-quality care critical to prevent death and disability. People involved in road traffic crashes often sustain multiple injuries of higher complexity, commonly in rural or remote

# Road safety: serious injuries remain a major unsolved problem

Ben Beck<sup>1</sup>, Peter A Cameron<sup>1,2</sup>, Mark C Fitzgerald<sup>2,3</sup>, Rodney T Judson<sup>4</sup>, Warwick Teague<sup>5</sup>, Ronan A Lyons<sup>5</sup>, Belinda J Gabbe<sup>1,5</sup>

The known Road traffic injuries are a major cause of death and disability.

The new The disability burden associated with road traffic-related incidents declined during 2007–2015 for motor vehicle occupants, motorcyclists and pedestrians, primarily because the incidence of deaths decreased, there was no change in the rate of serious transm. The incidence of serious trauma and the number of disability-adjusted life-years increased for pedal cyclists.

The implications increased emphasis on reducing the substantial burden of road traffic-related serious injury is needed, with particular focus on protecting pedal cyclists.

In 2013, road traffic injuries caused 1.4 million deaths around the world, and wore the main contributors to injury-related disability-adjusted like-years (DALYs). In Australia, road traffic injuries are the second leading cause of injury-related hospitalisations and deaths, and the incidence of hospitalisation for major trauma caused by road traffic events is increasing. As the likelihood of surviving serious injury rises, freducing the burden of non-fatal injury should be a priority.

Quantifying the burden of injury informs the development of primary prevention strategies for reducing fatal and non-fatal injury rates. Prevention strategies should target specific road user groups. Data on temporal trends in the incidence of road trast fatalities, serious injuries, and the burden of injury that is stratified by road user type are therefore needed. This is particularly important because injury rates may be increasing among vulnerting the properties of the

#### Abstract

Objective: To investigate temporal trends in the incidence, mortality, disability-adjusted life-years (DALYs), and costs of health loss caused by serious road traffic injury.

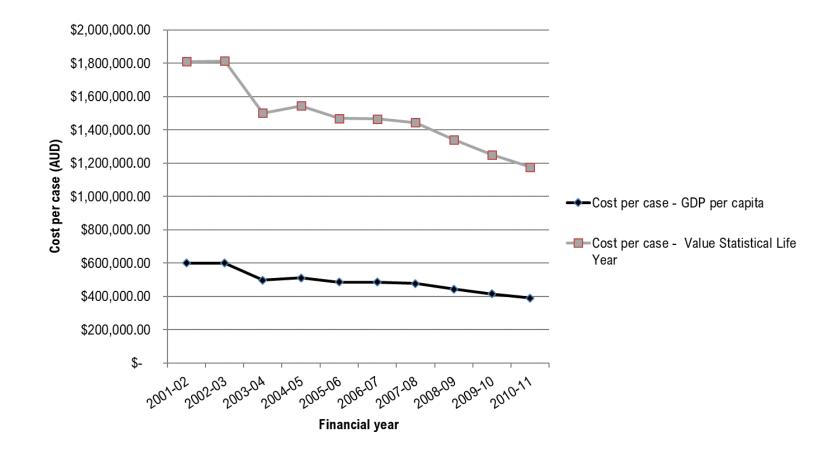
Design, setting and participants: A retrospective review of data from the population-based Victorian State Trauma Registry and the National Coronial Information System on road traffic-related deaths (pre- and in-hospital) and major trauma (Injury Seventy Score >12) during 2007–2019.

Main outcomes and measures: Temporal trends in the incidence of road traffic-related major trauma, mortality, DALYs, and costs of health loss, by road user type.

Results: There were 8066 hospitalised road traffic major tauran cases and 2588 noad traffic frastilise in Nicroira over the 9-year study period. There was no change in the incidence of hospitalised major training for motive valicile occupants (nodence rate ratio [RRI] per year, 1.00, 99%, 0.09-1.01, P=0.73), motorcyclists (IRR, 0.99, 99%, 0.09-1.02, P=0.73), but the incidence for people cyclists increased 9% per year (IRR, 1.08, 99%, 0.09-1.02, P=0.73), but the incidence for people cyclists increased 9% per year (IRR, 1.08, 99%, 0.09, 0

Conclusions: As serious injury rates have not declined, current road safety targets will be difficult to meet. Greater attention to preventing serious injury is needed, as is further investment in road safety, particularly for pedal cyclists.

- Measuring DALYs requires incidence data, duration data and disability weights
- Capture of EQ-5D allows context specific calculation of duration and disability weights to apply to the population incidence data of the registry



# Impact of the introduction of an integrated adult retrieval service on major trauma outcomes

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### ABSTRACT

Objectives The primary aim of this study was to examine the impact of the introduction of an integrated adult critical care patient retrieval system in Victoria, Australia, on early clinical outcomes for major trauma patients who undergo interhospital transfer. The secondary aims were to examine the impact on quality and process measures for interhospital transfers in this population, and on longer-term patient-reported outcomes.

Methods This is a cohort study using data contained in the Victorian State Trauma Registry (VSTR) for major trauma patients >18 years of age between 2009 and 2013 who had undergone interhospital transfer. For eligible patients, data items were extracted from the VSTR for analysis: demographics, injury details, hospital details, transfer details, Adult Retrieval Victoria (ARV) coordination indicator and transfer indicator, key clinical observations and outcomes.

Results There were 3009 major trauma interhospital transfers in the state with a transfer time less than 24 h. ARV was contacted for 1174 (39.0%) transfers. ARVcoordinated metropolitan transfers demonstrated lower adjusted odds of inhospital mortality compared with metropolitan transfers occurring without ARV coordination (OR 0.39, 0.15 to 0.97). Adjusting for destination hospital type demonstrates that this impact was principally due to ARV facilitation of a Major Trauma Service as the destination for transferred patients (OR 0.41, 0.16 to 1.02). The median time spent at the referral hospital was lower for ARV-coordinated transfers (5.4 h (3.8 to 7.5) vs 6.1 (4.2 to 9.2), p<0.0001). Conclusions In a mature trauma system, an effective retrieval service can further reduce mortality and improve long-term outcomes.

# Key messages

What is already known on this subject?

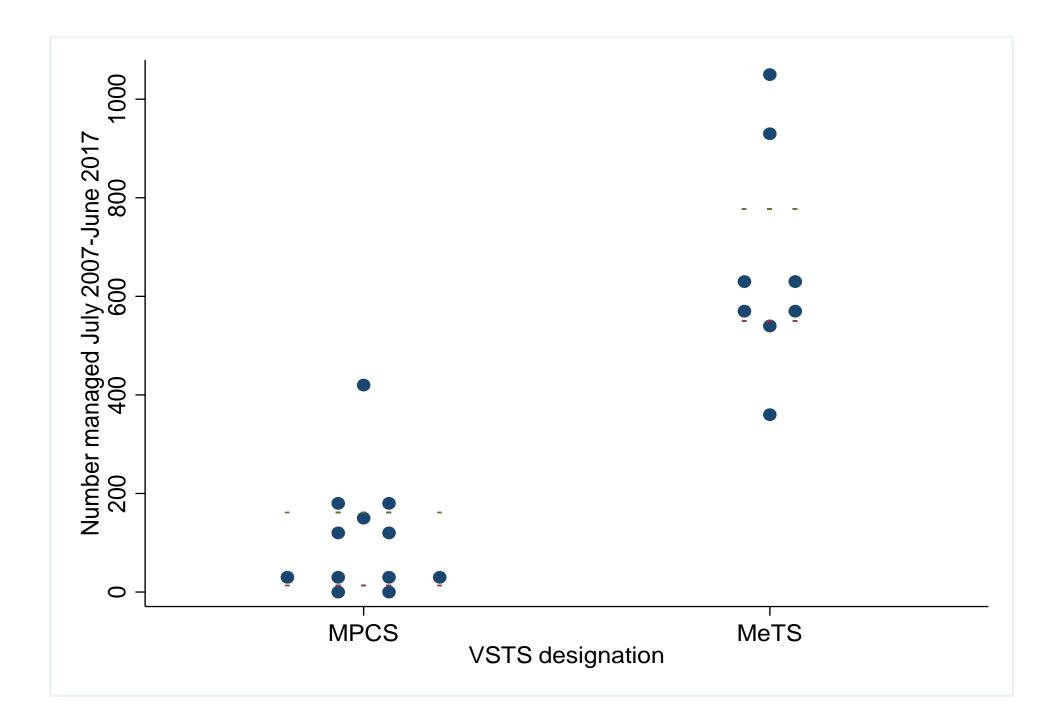
Multiple studies have determined that trauma systems improve patient outcomes. Further observational studies identify that the interhospital transfer of trauma patients within trauma systems is complex and high risk. Yet to date, there has not been any data published that evaluates the implementation of any model of interhospital patient retrieval within an integrated trauma system to help health services plan and develop their trauma systems.

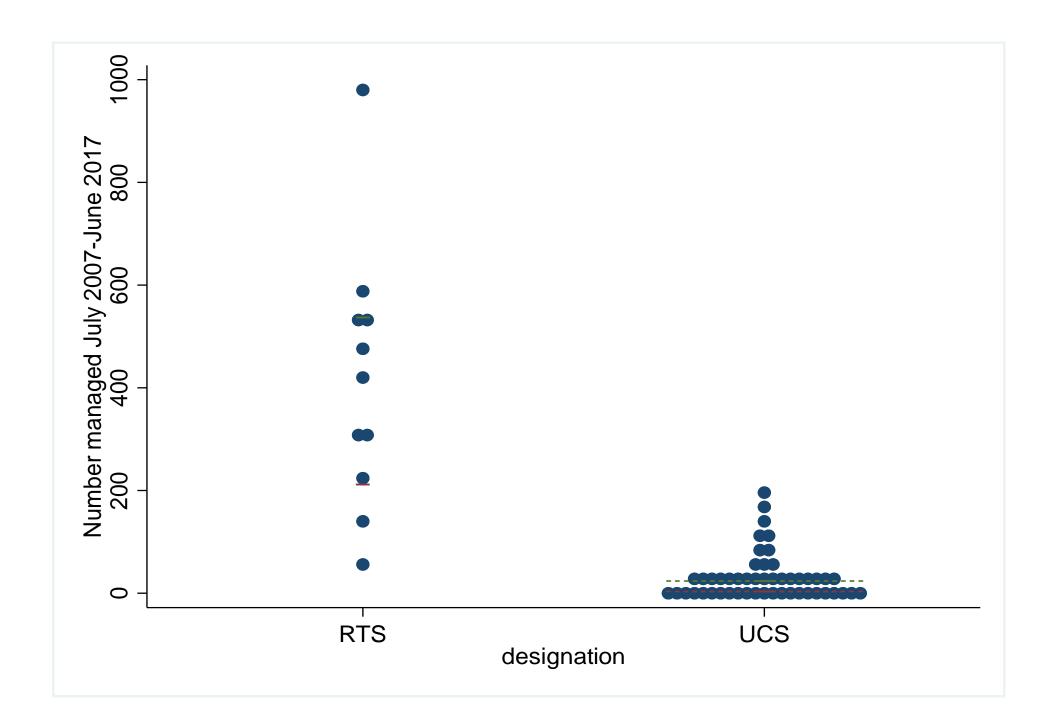
## What might this study add?

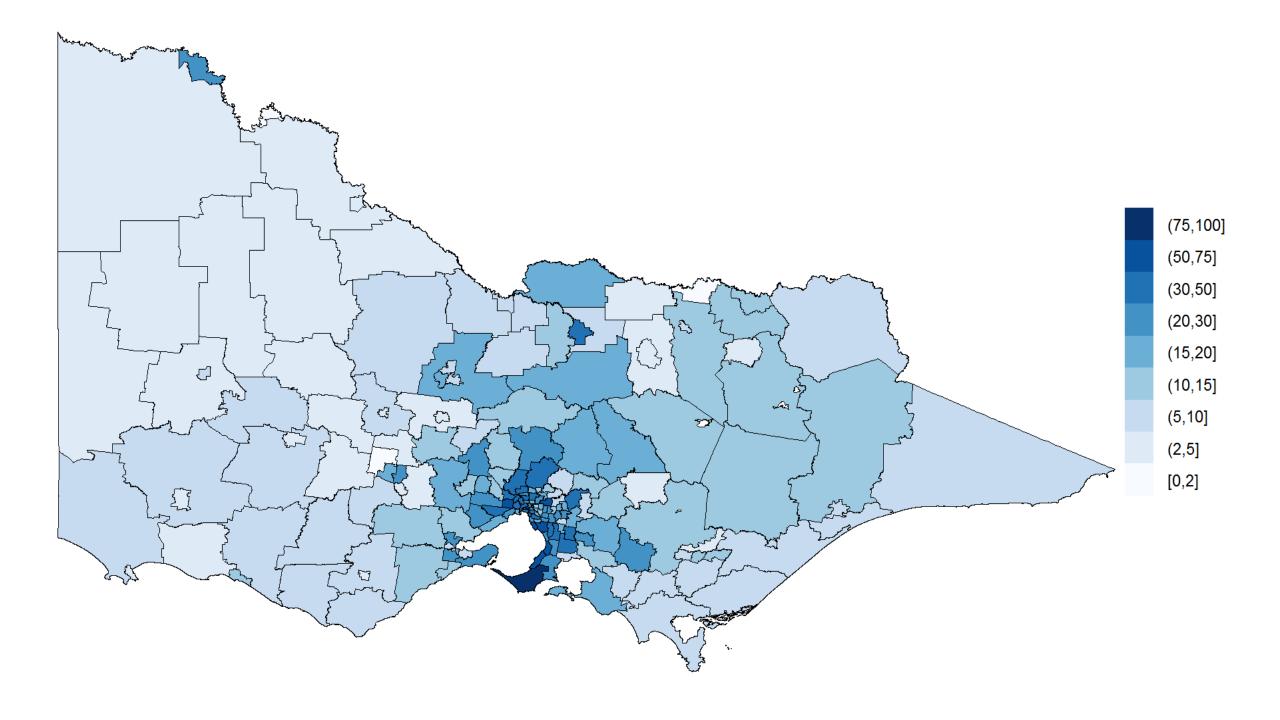
This retrospective study demonstrated that severely injured patients who have their interhospital transfer coordinated by a centralised and specialised patient retrieval service have reduced risk-adjusted odds of inhospital mortality and improved long-term functional outcomes when compared with patients who are transferred between hospitals without retrieval service contact. The principal impact of retrieval coordination lies in the determination of a major trauma service as the destination. The uses of highly skilled staff overseeing the retrieval process improved logistical coordination, central coordination of destination choice and appear to contribute to the benefit.

However, for the purposes of this paper, it is

Outcome	Adjusted* OR (95% CI)		
In-hospital death	Not ARV and metropolitan hospital (reference)	1.00	
	Not ARV and regional hospital	0.83 (0.52, 1.33)	
	ARV coordinated and regional hospital	0.69 (0.45, 1.05)	
	ARV coordinated and metropolitan hospital	0.39 (0.15, 0.97)	
Return to work at Not ARV and metropolitan hospital (reference		1.00	
6-months	Not ARV and regional hospital	0.91 (0.63, 1.30)	
	ARV coordinated and regional hospital	1.06 (0.76, 1.48)	
	ARV coordinated and metropolitan hospital	1.03 (0.48, 2.23)	
GOS-E score at	Not ARV and metropolitan hospital (reference)	1.00	
6-months	Not ARV and regional hospital	1.03 (0.86, 1.23)	
	ARV coordinated and regional hospital	1.17 (0.99, 1.38)	
	ARV coordinated and metropolitan hospital	1.47 (1.01, 2.14)	











- Common assumption that there is no improvement in outcome after 12 months
- >8,000 major trauma patients
  - 23% had achieved a good functional recovery
  - 70% had returned to work/study
  - Significant improvement in functional and return to work outcomes from 12 months to 24 months postinjury

# **FEATURE**

# Return to Work and Functional Outcomes After Major Trauma Who Recovers, When, and How Well?

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Alex Collie, PhD,\*‡‡ and Peter A. Cameron, MBBS, MD, FACEM\*§§

Objective: To describe the long-term outcomes of major trauma patients and factors associated with the rate of recovery.

Background: As injury-related mortality decreases, there is increased focus on improving the quality of survival and reducing nonfatal injury burden.

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Author contribution statement: Belinda Gabbe contributed to the conception and design of the study, acquisition of the data, data analysis and interpretation, drafting of the manuscript, envision of the manuscript, and gave final approval of the version to be published; Pamela Simpson analyzed the data, participated in drafting and revising the manuscript, and gave final approval of the version to be published; James Harrison contributed to the conception and design of the study, interpretation of the data, drafting and revision of the manuscript, and gave final approval of the version to be published; Ronan Lyons contributed to the conception and design of the study, interpretation of the data, drafting and revision of the manuscript, and gave final approval of the version to be published; Shanthi Ameratunga contributed to the conception and design of the study, interpretation of the data, drafting and revision of the manuscript, and gave final approval of the version to be published; Jennie Ponsford

Methods: Adult major trauma survivors to discharge, injured between July 2007 and June 2012 in Victoria, Australia, were followed up at 6, 12, and 24 months after injury to measure function (Glasgow Outcome Scale—Extended) and return to work/study. Random-effects regression models were litted to identify predictors of outcome and differences in the rate of change in each outcome between patient subgroups.

Results: Among the 8844 survivors, 8128 (92%) were followed up. Also, 23% had achieved a good functional recovery, and 70% had returned to work/ study at 24 months. The adjusted odds of reporting better function at 12 months was 27% (adjusted odds ratio 1.27, 95% confidence interval [CI] 1.19–1.36) higher compared with 6 months, and 9% (adjusted odds ratio 1.09, 95% CI, 1.02–1.17) higher at 24 months compared with 12 months. The adjusted relative risk (RR) of returning to work was 14% higher at 12 months compared with 6 months (adjusted RR 1.14, 95% CI, 1.12–1.16) and 8% (adjusted RR 1.08, 95% CI, 1.06–1.10) higher at 24 months compared with 12 months.

Conclusions: Improvement in outcomes over the study period was observed, although ongoing disability was common at 24 months. Recovery trajectories differed by patient characteristics, providing valuable information for informing prognostication and service planning, and improving our understanding of the burden of nonfatal injury.

Keywords: disability, function, long-term outcome, major trauma, recovery, return to work

(Ann Surg 2016;263:623-632)







Citation: Gabbe BJ, Simpson PM, Cameron PA, Ponsford J. Lyons RA, Collie A, et al. (2017) Longterm health status and trajectories of seriously injured patients: A population-based longitudinal study. PLoS Med 14(7): e1002322. https://doi.org/ 10.1371/journal.pmed.1002322

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Data Availability Statement: Requests for access to data from the REcovery after Serious Trauma.

RESEARCH ARTICLE

# Long-term health status and trajectories of seriously injured patients: A population-based longitudinal study

Belinda J. Gabbe 1,2\*, Pam M. Simpson 1, Peter A. Cameron 1,3, Jennie Ponsford 4,5, Ronan A. Lyons<sup>1,2</sup>, Alex Collie<sup>1,6</sup>, Mark Fitzgerald<sup>7,8</sup>, Rodney Judson<sup>9</sup>, Warwick J. Teague<sup>10,11,12</sup>, Sandra Braaf<sup>1</sup>, Andrew Nunn<sup>13</sup>, Shanthi Ameratunga<sup>14</sup>, James E. Harrison<sup>15</sup>

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# Abstract

# Background

Improved understanding of the quality of survival of patients is crucial in evaluating trauma care, understanding recovery patterns and timeframes, and informing healthcare, social, and disability service provision. We aimed to describe the longer-term health status of seriously injured patients, identify predictors of outcome, and establish recovery trajectories by population characteristics.

# Methods and findings

A population-based, prospective cohort study using the Victorian State Trauma Registry (VSTR) was undertaken. We followed up 2,757 adult patients, injured between July 2011 and June 2012, through deaths registry linkage and telephone interview at 6-, 12-, 24-, and 36-months postinjury. The 3-level EuroQol 5 dimensions questionnaire (EQ-5D-3L) was collected, and mixed-effects regression modelling was used to identify predictors of outcome,



Mobility

Increasing age Claiming compensation for injury Lower level of education Not working prior to injury

Serious comorbidity (CCI weight >1) Spinal cord injury Low fall



Self-care

Increasing age Claiming compensation for injury Lower level of education Not working prior to injury

Serious comorbidity (CCI weight >1) Spinal cord injury

Low fall



Usual activities Increasing age Claiming compensation for injury Lower level of education Serious comorbidity (CCI weight >1)

Spinal cord injury or orthopaedic injuries Pedal cyclist/pedestrian (better outcome)

Female gender



Pain or discomfort

Increasing age Claiming compensation for injury Lower level of education Lower socioeconomic status

Spinal cord injury, orthopaedic injury, multiple injuries Female gender



Anxiety or depression

Decreasing age Claiming compensation for injury Lower level of education Not working prior to injury Assault or intentional self-harm

Lower socioeconomic status Female gender

Pre-existing mental health, drug or alcohol condition

# Original Article

# Patterns and Predictors of Return to Work After Major Trauma A Prospective, Population-based Registry Study

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Shanthi Ameratunga, PhD,§ Jennie Ponsford, PhD,¶|| Ronan A. Lyons, MD,†\*\* Sandra Braaf, PhD,†
Andrew Nunn, MBBS,†† James E. Harrison, MBBS,‡‡ and Belinda J. Gabbe, PhD†\*\*

Objective: To characterize patterns of engagement in work during the 4-year period after major traumatic injury, and to identify factors associated with those patterns.

Background: Employment is an important marker of functional recovery from injury. There are few population-based studies of long-term employment outcomes, and limited data on the patterns of return to work (RTW) after injury. Methods: A population-based, prospective cohort study using the Victorian State Trauma Registry. A total of 1086 working age individuals, in paid employment or full-time education before injury, were followed-up through telephone interview at 6, 12, 24, 36, and 48 months post-injury. Responses to RTW questions were used to define 4 discrete patterns: early and sustained; delayed; failed; no RTW. Predictors of RTW patterns were assessed using multivariate multinomial logistic regression.

Results: Slightly more than half of respondents (51.6%) recorded early sustained RTW. A further 15.5% had delayed and 13.3% failed RTW. One in 5 (19.7%) did not RTW. Compared with early sustained RTW, predictors of delayed and no RTW included being in a manual occupation and injury in a motor vehicle accident. Older age and receiving compensation predicted both failed and no RTW patterns. Preinjury disability was an additional predictor of failed RTW. Presence of comorbidity was an additional predictor of no RTW. Conclusions: A range of personal, occupational, injury, health, and compensation system factors influence RTW patterns after serious injury. Early identification of people at risk for delayed, failed, or no RTW is needed so that targeted interventions can be delivered.

Keywords: employment, injury, return to work, trauma

(Ann Surg 2018;xx:xxx-xxx)

E mployment is an important determinant of health status <sup>1</sup> and engagement in employment or return to work (RTW) is associated with recovery and improved health status after injury. <sup>2</sup> In developed countries, markers of functional recovery from injury, such as participation in employment, represent a key rehabilitation goal. <sup>3,4</sup> This follows improvements in prevention and acute care that have contributed to significant increases in survival. <sup>5,6</sup> Identifying the early prognostic factors associated with RTW can help avoid the personal, financial, and social impact of non-RTW, and may help alleviate the burden of injury through more effective occupational rehabilitation.

Studies of RTW after traumatic injury have been limited to specific mechanisms such as occupational or transport injury. T.8 RTW studies also typically assess employment status at a single time point after injury or in single centers. To Follow-up is usually limited to the first year or 2 after injury. The none of the few population-based studies of RTW after major trauma, Gabbe et al. Personal improvements in RTW status up to 24 months after injury. Recovery trajectories differed by individual characteristics including sex, age, pre-existing conditions, socioeconomic status, injury type, and occupation. There is now evidence that recovery continues beyond these time points after major trauma, all although we have little evidence of longer-term RTW outcomes.

Effective service planning and design of occupational rehabilitation interventions requires an understanding of the patterns of employment postinjury. Individuals may experience disrupted, delayed, or failed RTW before ultimately achieving a successful amployment outcome 11.14 Others may fail to PTW at all, or may

RTV	<b>V</b>	62.5%	66.7%	71.0%	70.5%	71.4%	
No R	TW	37.5%	33.3%	29.0%	29.5%	28.6%	
10	00 ¬						
	80 –						
Percentage of trauma patients	60 –						RTW No RTW
Percentag	40 –						
:	20 –						
	0	6	12	24	36	48	Months of follow-up

# Patient perspectives of care in a regionalised trauma system: lessons from the Victorian State Trauma System

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1 Department of Epidemiology and Preventive Medicine, Monash University, Melbourne, VIC. rauma is considered a "timesensitive disease", requiring integrated and timely treatment to reduce mortality and morbidity.<sup>1</sup> There is strong evidence that organised trauma systems reduce the risk of mortality,<sup>2,3</sup> and there is increasing evidence to suggest that trauma centre care is cost-effective, and improves patient function and quality of life.<sup>4-6</sup>

After a review of trauma services in the state, <sup>7</sup> Victoria introduced an organised trauma system in 2000. <sup>8</sup> Over the past decade, there has been a reduction of risk-adjusted mortality <sup>2</sup> and improvement in functional outcomes for major trauma patients in the state. <sup>4</sup> However, disability is prevalent for trauma patients, even 12 months after injury. <sup>4,9</sup> Trauma care delivery can be improved by understanding patients' experiences. <sup>10</sup> The aim of this study was to investigate injured patients' experiences of

# Abstract

**Objectives:** To explore injured patients' experiences of trauma care to identify areas for improvement in service delivery.

Design, setting and participants: Qualitative study using in-depth, semi-structured interviews, conducted from 1 April 2011 to 31 January 2012, with 120 trauma patients registered by the Victorian State Trauma Registry and the Victorian Orthopaedic Trauma Outcomes Registry and managed at the major adult trauma services (MTS) in Victoria.

Main outcome measures: Emergent themes from patients' experiences of acute, rehabilitation and post-discharge care in the Victorian State Trauma System (VSTS).

Results: Patients perceived their acute hospital care as high quality, although issues with communication and surgical management delays were common. Discharge from hospital was perceived as stressful, and many felt ill prepared for discharge. A consistent emerging theme was the sense of a lack of coordination of post-discharge care, and the absence of a consistent point of contact for ongoing management. Most patients' primary point of contact after discharge was outpatient clinics at the MTS, which were widely criticised because of substantial delays in receiving an appointment, prolonged waiting times, limited time with clinicians, lack of continuity of care and inability to see senior clinicians.

**Conclusions:** This study highlights perceived issues in the patient care pathway in the VSTS, especially those relating to communication, information provision and post-discharge care. Trauma patients perceived the need for a single point of contact for coordination of post-discharge care.

- Findings have been confronting for all stakeholders
- Prioritisation by the State Trauma Committee
- Engagement directly with policy makers
  - Funding and evaluation of Major Trauma Recovery Coordinator (MTReC) positions
  - Guiding TAC policy changes
  - Development of Better Health Channel content for major trauma
  - Driving outpatient policy change
  - Rebuild and evaluation of trauma ward at one MTS
  - Implementation and evaluation of an active rehabilitation model of allied health care





- Registry data is enormously powerful for driving system and clinical change
- Registry needs to evolve with time with changing incidence, population and opportunities
  - Priorities for research and evaluation
  - Data linkage and big data opportunities
- Engagement with government and clinical stakeholders critical
- Effective feedback loop essential







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