

Irish Association for Emergency Medicine Hip Fracture Guideline

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give some pain relief

get an x-ray

and call ortho

3467 cases in 2017

Ageing population





NICE
National Institute for
Health and Care Excellence







IRISH ASSOCIATION FOR
**EMERGENCY
MEDICINE**



IAEM Clinical Guideline 11

**Management of Patients with Suspected Hip
Fracture in the Emergency Department**

Version 1

September 2018

PATIENT EXPERIENCE

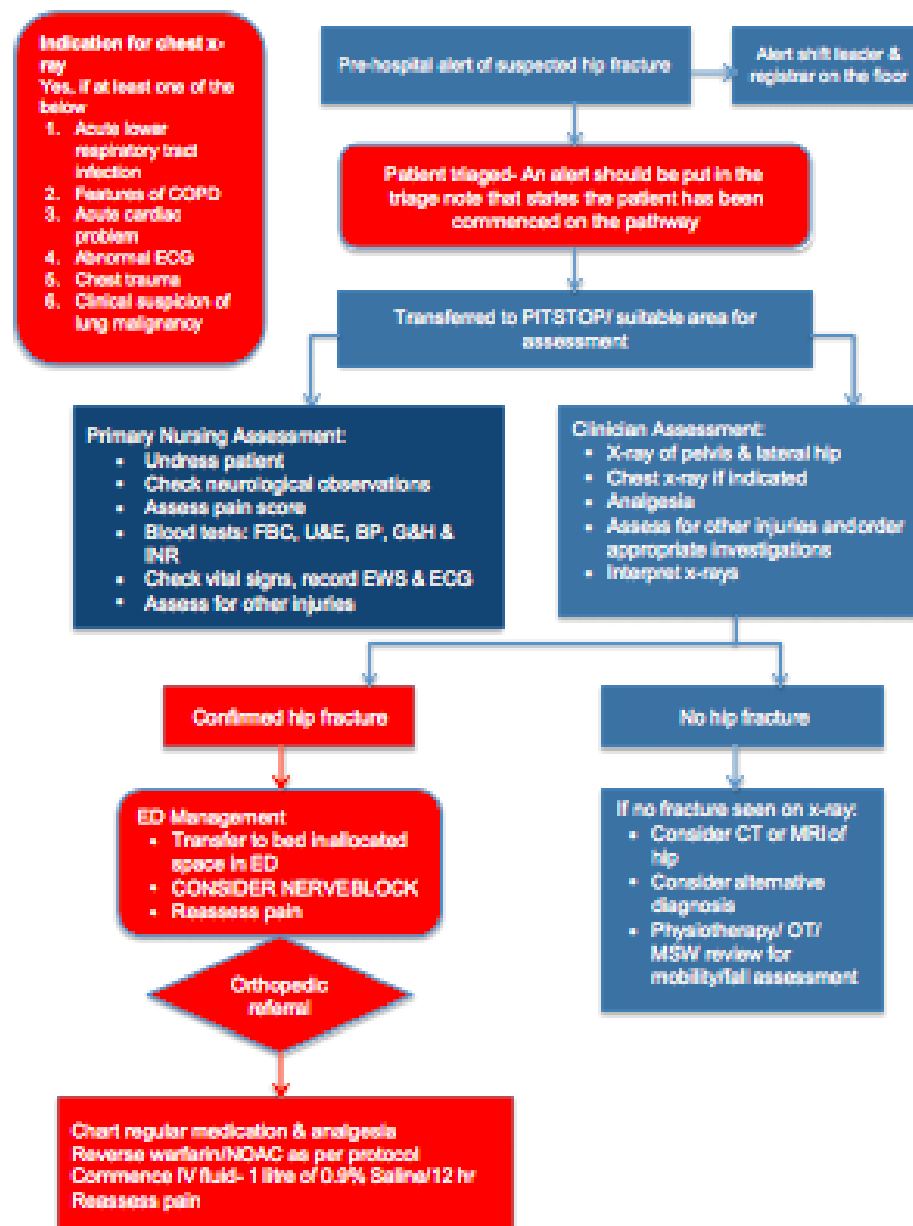
Prompt

Holistic

Safe

COMMUNICATION

Figure 1: Flowchart for Patients with Suspected Hip Fracture



ED Assessment

Pain

Temperature and vital signs

Identify and treat correctable co-morbidities immediately such as

- Anaemia
- Anticoagulation
- Volume depletion
- Electrolyte imbalance
- Uncontrolled diabetes and heart failure
- Correctable cardiac arrhythmia or ischemia
- Acute infection

Co-existing medical problems

Medications including anticoagulation and antiplatelet therapy

ED Assessment

Mental state - 4AT

Fluid balance, hydration and nutrition

Pressure ulcer risk

Previous mobility and functional ability

Social circumstances

Ultrasound-guided nerve block



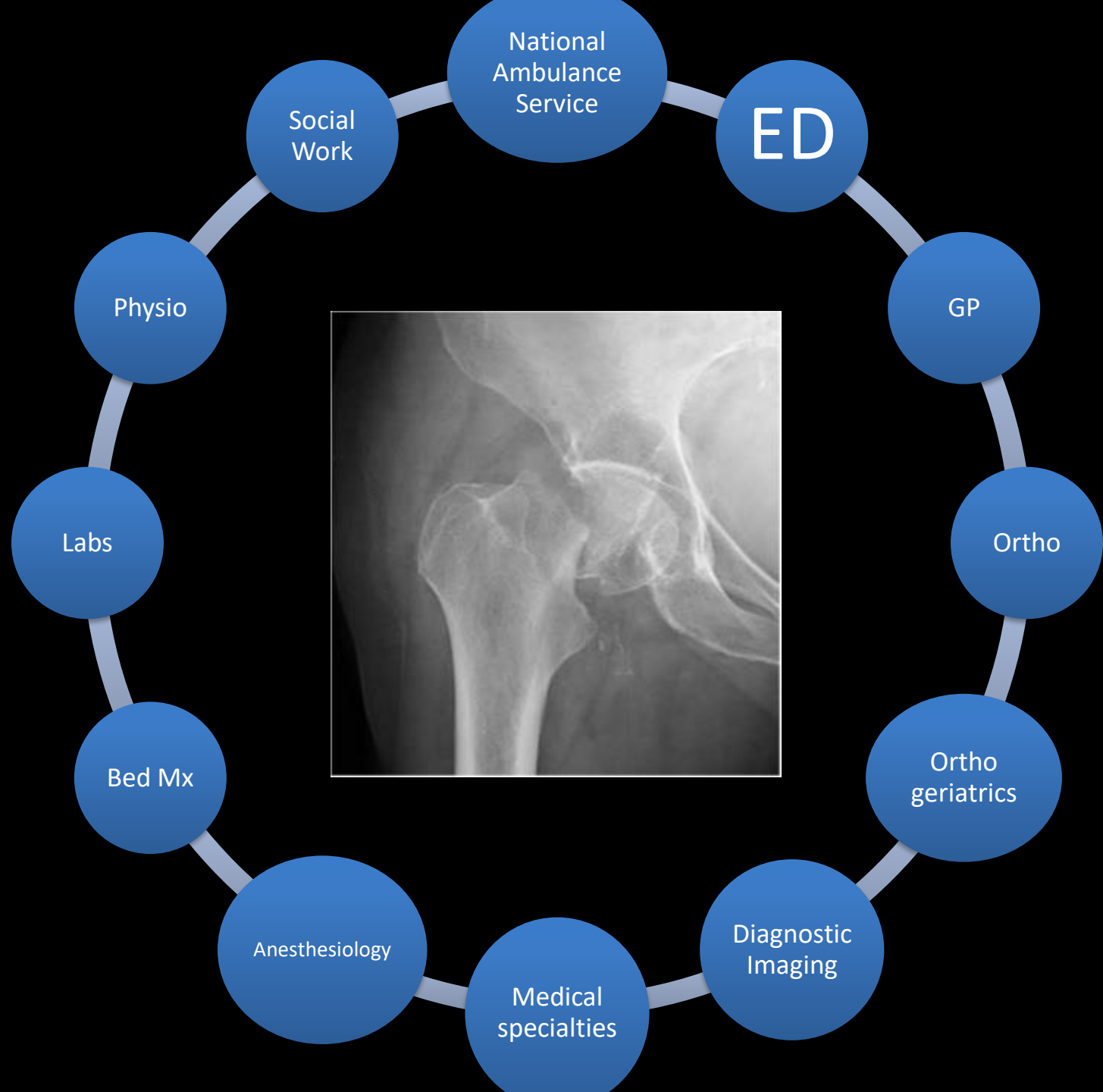




STOP

GIVE 5mg Vit K IV

Thrombotic Risk



Key Performance Indicators



Assess ≤ 15 mins
Treat ≤ 30 mins
Re-evaluate

X-ray
≤60 mins



Ortho Referral $\leq 120\text{min}$



**Thanks so much
for your referral!**

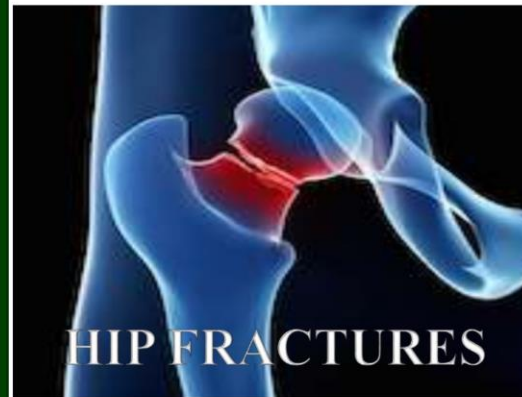


Ward ≤ 4 hrs



November 2018

**Newsflash:
New Guideline**



HIP FRACTURES

**Management of Patients with Suspected Hip Fracture in the
Emergency Department**

The new IAEM guideline will provide a safe and systematic approach to patients presenting to the ED with suspected hip fracture. The main objective is to promote early diagnosis, provide optimal emergency care and expedite Orthopaedic admission in keeping with existing guidelines described by NICE, SIGN and RCEM

For this and other IAEM guidelines, please follow the link
<http://www.iaem.ie/professional/clinical-guidelines/>

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