

About Voyage Care

Voyage Care is a sector-leading provider of specialist care and support to 3,500+ people with learning disabilities, autism, acquired brain injuries and complex needs.



Ruddington View

Stepping down from an inpatient setting to live a more independent life - success stories from the people we support



Get in touch

Contact our friendly enquiry team to discuss how we can support you or a loved one.



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CARE HOMES by
voyagecare 

Supporting Kai to step down into a community setting



Kai was admitted to hospital following an incident. He stayed in the inpatient setting longer than expected as he needed a self-contained environment and a suitable housing solution had not been sourced.

Kai was referred to Ruddington View where his needs could be met. He now has his own step-down self-contained apartment, with access to communal areas.

The team have worked closely with Kai in the community and have responded confidently and effectively when he has been out and about. For example managing Kai's increased anxiety when out shopping through pro-active techniques, in line with his agreed positive behaviour support strategies. The team are continuously learning together through reflective practice and have guidance from a behavioural therapist.

Kai is encouraged to develop independent living skills such as cooking and other household activities. The team are focused on enabling Kai to develop the skills to move on and have his own tenancy in the community.

Introducing Noah into the community through a staged approach

After living in an inpatient setting since he was 18, Noah was referred to Ruddington View for step-down support.

Noah is now 30 and has lived in a hospital setting for all of his adult life.

Stepping down to a community setting has been a huge change for Noah. We have worked closely with him and professionals involved to deliver a person-centred transition.

It has been important for the team to get to know Noah - including his support preferences, likes, dislikes, routines and strengths.

Noah has settled well at Ruddington View. Within 48 hours of arriving he was supported to use public transport to access the town centre and go shopping.

He wanted to buy an outfit of his choice, which was something he requested during transition.

He continually thanks his team for their support and for enabling him to leave the hospital and to start living a meaningful life.



Some information has been changed for confidentiality purposes.