

## Healthy Eating

Passed: 17/11/15

The Union notes:

1. Healthy eating is the leading contributor to reducing obesity and preventing diseases including type 2 diabetes and some cancers
2. A healthy eating policy is a document to ensure food choices are beneficial for consumers

The Union Believes:

1. We should recognise nutrition as a right not a privilege
2. We should promote wellbeing of students with health eating

The Union resolves:

1. To recognise the need for a healthy option policy
2. To restrict the selling of high sugar food and drink without a sugar free/low sugar option
3. To lobby for the provision of healthier options including low sugar alternatives in ALL food outlets across campus (meal and snack options)
4. That Café/restaurants should provide and advertise a low sugar low fat option alongside current meal choices and be price comparative.