

## **1924 It's time to be honest about the mental health for ALL students**

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### **Union Notes:**

- 1) Several policies have been passed this year relating to a growing problem within student mental health.
- 2) University support services are severely stretched, and the Norfolk and Suffolk Mental Health Trust was last year placed into special measures. <sup>1</sup>
- 3) That the union has recently conducted a large-scale project investigating the state of PGR Mental Health known as the 'The Honesty Project'.
- 4) The report was based on quantitative and qualitative data gathered from PGR students, and contained a set of 8 specific recommendations for how the university should respond.
- 5) The university has welcomed the report, and released a response detailing a set of actions covering both preventive and short-term fixes to deal with the problem of PGR mental health.
- 6) No such comparable work has been conducted to investigate the mental health students studying on Taught Programmes.

### **Union Believes:**

- 1) That an exercise of a comparable scale should be conducted into the mental health of students studying on Taught Programmes.
- 2) The report should follow the template set by the Honesty Project – an analysis of quantitative and qualitative data to inform a set of specific recommendations that can be addressed to the union, university, or local government.
- 3) There should be particular attention to issues faced by marginalised groups.
- 4) The scope of the review should include the impact of cuts to community-based support services, and the impact that they have had on students.

### **Union Resolves:**

- 1) To commission a review and report into the current state of student mental health as outlined above;
- 2) As part of this report, to gather the views of the Liberation Caucuses on issues affecting LGBT+ students, women students, BME students and students with disabilities.

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<sup>1</sup> <http://www.bbc.co.uk/news/uk-england-norfolk-31532241>