

LANCASTER

WEEK ONE
16TH-22ND SEPT 2018

 UCSU Event

 University of Cumbria

 Panel Member/
Student Event

 UoC Active Event

 UCSU Group Event

 UCSU Partner

Here's a taste of the events that are happening! For the full line-up, head over to www.ucsu.me/wel-

SUN 16TH MON 17TH TUE 18TH WED 19TH THU 20TH FRI 21ST SAT 22ND

AM

MOVING IN!
09.00 - 14.00
All day

MEET YOUR SU!
GATEWAY BUILDING
09.00-14.00
Meet your SU! Come along to meet us to collect your wristband & buy your Cumbria hoody too!

UOC ACTIVE LIBRARY
09.00 - 12.00
Come say hi and get signed up for the sports complex!

PM

ACCOMMODATION TALK
16.00 - 17.00
These are compulsory.

WELCOME: BAXTER STOREY WELCOME BBQ
GATEWAY BUILDING
17.00-21.00
BBQ by Baxter Storey, with bar in the Gateway Building.

WELCOME DRINKS
GATEWAY BUILDING
19.00-21.00

AM

REGISTRATION
You will be given a time slot for your Registration session. You can check this at <https://www.cumbria.ac.uk/applicants/welcome/registration>
Please note - this is being continually updated, so don't forget to check back!

MEET YOUR SU!
Come along to meet us to collect your wristband & buy your Cumbria hoody! We are also joined by UoC Active to get you signed up for the sports complex. You can find us 9am-12pm in the Alexandra Gallery and 12pm-4pm in the Gateway Building.

TOUR OF LANCASTER
GATEWAY BUILDING
STARTS 10.00

PM

UNIVERSITY ESSENTIALS
SENTAMU BUILDING LECTURE THEATRE
13.00-14.00, 14.00-15.00, 15.00-16.00
You will receive a time slot to attend - make sure you do!

YOGA CLASS
SPORTS COMPLEX
12.15-13.00

TOUR OF LANCASTER
GATEWAY BUILDING
STARTS 14.00

WINE & CHEESE EVENING
ROOM 302, GATEWAY BUILDING
18.00
Free Cheese! (and alternatives).

YOGA CLASS
SPORTS COMPLEX
12.15-13.00

DALTON ROOMS

AM

STUDENT SUPPORT DROP-INS
GATEWAY BUILDING
09.00-10.00
Need someone to talk to? We are here for you!

TEA TOUR SLOT
10.00-11.00, 11.00-12.00,

BREAKFAST SANDWICH DELIVERY SERVICE
THE INCLUSION SOCIETY
09.00 - 11.00
Charity Fundraiser. Delivering bacon/sausage/veggie sausage sandwiches to the halls on campus.

PM

STUDENT LIFE TALKS
SENTAMU BUILDING LECTURE THEATRE
13.00-14.00, 14.00-15.00, 15.00-16.00
You will receive a time to attend.

BAXTER STOREY: PANCAKES!
GATEWAY BUILDING
12.00-13.00
Collect your voucher for Bucking Bronco on Friday!

#TRUSTYOURTOUCH
GATEWAY BUILDING
12.00-16.00
Knowing your boobs can save your life! Come along and spend some time with Coppafeel and see how you can join the Uni Boob Team and help raise awareness of breast cancer

PILATES TASTER SESSION
SPORTS COMPLEX
12.30-13.20

JUST PLAY!
SPORTS COMPLEX
13.00-16.00
Give it a go! Please refer to our online events listings for up-to-date details.

WILLIAMSON PARK ORIENTEERING
MEET AT GATEWAY TO COLLECT YOUR MAP AT 13.00

LANGUAGE TASTER
GATEWAY BUILDING
LANGUAGE SOCIETY
14.30

AM

STUDENT SUPPORT DROP-INS
GATEWAY BUILDING
09.00-10.00

WILLIAMSON PARK WALK
MEET AT GATEWAY BUILDING
STARTS 10.00
TEA TOUR SLOT
10.00-11.00, 11.00-12.00

PM

DISABILITY DROP-IN
GATEWAY BUILDING
12.00 - 13.30

BAXTER STOREY: PANCAKES!
GATEWAY BUILDING
12.00-13.00
Collect your voucher for Bucking Bronco on Friday!

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GATEWAY BUILDING
12.00-16.00
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MEET AT GATEWAY TO COLLECT YOUR MAP AT 13.00

LANGUAGE TASTER
GATEWAY BUILDING
LANGUAGE SOCIETY
14.30

AM

BAXTER STOREY: HANGOVER HASHBROWN
THE VIEW
FREE HANGOVER HASHBROWNS FOR BREAKFAST TIME!
STUDENT SUPPORT DROP-INS
GATEWAY BUILDING
09.00-10.00
TEA TOUR SLOT
10.00-12.00

PM

WELCOME FAIR
OLD DINING HALL
12.00-16.00
Opportunity for you to meet local businesses and organisations and see what Lancaster has to offer

SELF-DEFENCE CLASS
OLD DINING HALL
15.00-16.00
Spaces are limited so please come by the SU to sign up!

TEA TOUR SLOT
17.00-18.00

ZUMBA TASTER SESSION
SPORTS COMPLEX
17.15-18.00

WATERVIEW UNDER 25 SEXUAL HEALTH CLINIC: OPEN EVENING
WATERVIEW U25 CLINIC
18.00 - 20.00
Free tour, free sperm key rings and cakes, and sexual health advice.

KARAOKE NIGHT
GATEWAY BUILDING
UCSU GAMING SOCIETY
STARTS 18.00

BAR TOUR!
BAXTER STOREY BAR, ROOM 301, GATEWAY BUILDING
STARTS 18.00
Arrive at Baxter Storey Bar, Room 301 from 6pm to glitter and face paint ready with help from Coppafeel.

LANGUAGE TASTER
GATEWAY BUILDING
LANGUAGE SOCIETY
14.30

AM

BAXTER STOREY: HANGOVER HASHBROWN
THE VIEW
FREE HANGOVER HASHBROWNS FOR BREAKFAST TIME!
STUDENT SUPPORT DROP-INS
GATEWAY BUILDING
09.00-10.00
TEA TOUR SLOT
10.00-12.00

PM

WELCOME FAIR
OLD DINING HALL
12.00-16.00
Opportunity for you to meet local businesses and organisations and see what Lancaster has to offer

BOOT CAMP TASTER SESSION
SPORTS COMPLEX
12.30-13.00

DISABILITY DROP-IN
GATEWAY BUILDING
12.00 - 13.30

BAXTER STOREY: CHOCOLATE FOUNTAIN
OLD DINING HALL
12.00-13.00

CONSENT & HEALTHY RELATIONSHIP WORKSHOP
DELIVERED BY BROOK, THE SEXUAL HEALTH AND WELLBEING SERVICE.
15.00-16.00
Sign up at the SU!

KETTLE BELL TRAINING CLASS
TASTER SESSION
SPORTS COMPLEX
17.00-18.00

PIZZA & PING PONG
GATEWAY BUILDING
TABLE TENNIS SOC.
STARTS 17.00

BODY BLITZ
TASTER SESSION
SPORTS COMPLEX
18.00-19.00

SLUMBER PARTY NETBALL WITH BAXTER STOREY
GATEWAY BUILDING
18.00 - 21.00

BIG NIGHT IN!
Domino's Pizza deals for wristband holders! Find out more on www.ucsu.me/welcome2018

AM

TEA TOUR SLOT
10.00-12.00

STUDENT SUPPORT DROP-INS
GATEWAY BUILDING
09.00-10.00

TOUR OF LANCASTER
GATEWAY BUILDING
STARTS 10.00

PM

BAXTER STOREY: BUCKING BRONCO
TURNING CIRCLE
12.00-13.00

DISABILITY DROP-IN
GATEWAY BUILDING
12.00 - 13.30

TOUR OF LANCASTER
GATEWAY BUILDING
STARTS 14.00

YOGA TASTER SESSION
SPORTS COMPLEX
18.00-19.00

JUST DANCE & COCKTAILS
GATEWAY BUILDING
DANCE SOCIETY
STARTS 17.30

TOUR OF LANCASTER
GATEWAY BUILDING
STARTS 17.00

FREE BOARD GAME NIGHT!
GATEWAY BUILDING, 18.30 - 21.00
Try out some of the top selling board games that are sweeping Europe with a local expert - no prior experience necessary! Limited to 8 places, please sign up through the UCSU office

DALTON ROOMS GLITTER BALL

AM

LANCASTER HEALTH FESTIVAL
MULTIPLE VENUES
Helping improving health & wellbeing in our city. Events and activities including yoga tasters, food tasters, health MOTs, castle tours & more can be found on thelancasterhealthfestival.org.uk/

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PM

CUMBRIA CLOSING PARTY
SUGARHOUSE
TBC

LANCASTER

WEEK TWO

23RD-28TH SEPT 2018



UCSU Event



University of Cumbria



Panel Member/
Student Event



UoC Active Event



UCSU Group Event



UCSU Partner

Here's a taste of the events that are happening! For the full line-up, head over to www.ucsu.me/wel

SUN 23RD AM

NORTH LANCS EXPO
@ THE EXPOTORIUM
MARQUEE
LANCASTER BREWERY
10.00-16.00

Over 110 exhibitors – Free attendance – Mini Zoo – Google Garage Workshops – Drama Workshops – Freebies and Goodies – Face painting and live music – Gateway to your future

LANCASTER HEALTH FESTIVAL
MULTIPLE VENUES

Helping improve health & wellbeing in our city. Events and activities including yoga tasters, food tasters, health MOTs, castle tours & more can be found on thelancasterhealthfestival.org.uk/

MON 24TH AM

STUDENT SUPPORT DROP-INS
GATEWAY BUILDING
09.00-10.00

Need someone to talk to? We are here for you!

TOUR OF LANCASTER
GATEWAY BUILDING
STARTS 10.00

NORTH LANCS EXPO
@ THE EXPOTORIUM
MARQUEE
LANCASTER BREWERY
10.00-16.00

PM

PIZZA & POLITICS
GATEWAY BUILDING
12.00-13.00

CAMPUS COMMITTEE
GATEWAY BUILDING
13.00 - 14.00

TOUR OF LANCASTER
GATEWAY BUILDING
STARTS 14.00

SELF-DEFENCE CLASS
OLD DINING HALL
16.00-17.00
Spaces are limited so please come by the SU to sign up!

INTERNATIONAL PUDDING PARTY
GATEWAY BUILDING
LANGUAGE SOCIETY
STARTS 17.00

TUE 25TH AM

STUDENT SUPPORT DROP-INS
GATEWAY BUILDING
09.00-10.00

Need someone to talk to? We are here for you!

#MYCAREERENRICHED:
PART-TIME JOBS POP-UP
LANCASTER GATEWAY
11.30 - 13.30

WED 26TH AM

STUDENT SUPPORT DROP-INS
GATEWAY BUILDING
09.00-10.00

Need someone to talk to? We are here for you!

PM

VISIT TO SALT AYRE
13.00-16.00
Bus put on with showcase.

BEYOND STRANGER THINGS
GROUND FLOOR OF THE
GATEWAY BUILDING
18.00-21.00

A table top game night that recreates classic 80's adventures like The Goonies or Stranger Things. Limited to 8 places, so please sign up through UCSU office.

THU 27TH AM

STUDENT SUPPORT DROP-INS
GATEWAY BUILDING
09.00-10.00

Need someone to talk to? We are here for you!

PM

GREEN MINDS
OUTDOOR CLASSROOM
(WALKWAY THE DALTON
BUILDING AND CAFE M/
HUMANITIES BUILDING
TBC

Gardening to encourage exercise & looking after wellbeing

FRI 28TH AM

NIGHTWISE LAUNCH
GATEWAY BUILDING
10.00-14.00

We would love to create a safe place to talk all things sexual health & personal safety. How can we work together to raise awareness of sexual health and combat issues affecting students on campus? Coffee! Cake!