

Bar One 



Allergens and suitability menu

valid from September 2018

OUR ALLERGENS AND SUITABILITY MENU DETAILS INFORMATION ON OUR INGREDIENTS AND FINAL DISHES. DUE TO THE BUSY NATURE OF OUR KITCHEN WE ARE UNABLE TO GUARANTEE ANY MEAL TO BE 100% ALLERGEN FREE

Our 

Guidance



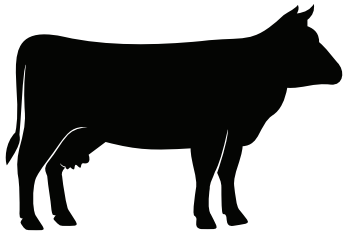
WE LIST THE FOLLOWING 14 ALLERGENS ON THIS MENU AS THEY ARE REQUIRED BY FOOD REGULATIONS:

CEREALS CONTAINING GLUTEN, CRUSTACEANS, EGGS, FISH, PEANUTS, SOYBEANS, MILK/DAIRY, NUTS, CELERY, MUSTARD, SESAME, SULPHUR DIOXIDE/SULPHITES, LUPIN; MOLLUSCS

IF YOU HAVE A FOOD ALLERGY NOT LISTED PLEASE SPEAK TO A MEMBER OF OUR TEAM AND THEY WILL DO THEIR BEST TO HELP YOU

WHERE AN ITEM IS LISTED AS 'MAY CONTAIN' THIS MEANS THAT OUR SUPPLIERS HANDLE ITEMS CONTAINING THOSE ALLERGENS ON THEIR PRODUCTION PREMISES

DUE TO HANDLING MULTIPLE ALLERGENIC ITEMS WITHIN OUR KITCHEN WE CANNOT GUARANTEE THAT ANYTHING CAN BE 100% ALLERGEN FREE, PLEASE BEAR THIS IN MIND WHEN ORDERING.



Beef burgers



Classic Beef

CONTAINS: GLUTEN (WHEAT), SOYBEANS, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: MILK/DAIRY, NUTS

SUITABLE FOR: HALAL DIET

Cheese beef

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

SUITABLE FOR: HALAL DIET

Cheese & bacon beef

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

Black & Gold beef

CONTAINS: GLUTEN (WHEAT), EGGS, SOYBEANS, MILK/DAIRY, MUSTARD, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

Bar One beef

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

All American beef

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, MUSTARD, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

SUITABLE FOR: HALAL DIET

Spanish burger

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

Peanut butter beef

CONTAINS: GLUTEN (WHEAT), PEANUTS, SOYBEANS, MILK/DAIRY, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

California beef

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

Beef & mushroom

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

SUITABLE FOR: HALAL DIET

Big Brazilian beef

CONTAINS: GLUTEN (WHEAT), EGGS, SOYBEANS, MILK/DAIRY, MUSTARD, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

Mighty Meaty

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY, SULPHUR DIOXIDE/SULPHITES

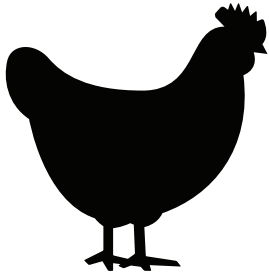
MAY CONTAIN: NUTS

Big One beef

CONTAINS: GLUTEN (WHEAT), EGGS, SOYBEANS, MILK/DAIRY, MUSTARD, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

OUR BEEF & CHORIZO PATTIES CONTAIN WHEAT SO CANNOT BE MADE GLUTEN FREE



Buttermilk fried chicken



Classic chicken

CONTAINS: GLUTEN (WHEAT), CELERY

MAY CONTAIN: SOYBEANS, MILK/DAIRY, NUTS

SUITABLE FOR: HALAL DIET

Cheese chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY

MAY CONTAIN: NUTS

SUITABLE FOR: HALAL DIET

Cheese & bacon chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY

MAY CONTAIN: NUTS

Bar One chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY

MAY CONTAIN: NUTS

Black & Gold chicken

CONTAINS: GLUTEN (WHEAT), EGGS, SOYBEANS, MILK/DAIRY, CELERY, MUSTARD

MAY CONTAIN: NUTS

Katsu chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY

MAY CONTAIN: NUTS

SUITABLE FOR: HALAL DIET

Szechuan chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY

MAY CONTAIN: NUTS

SUITABLE FOR: HALAL DIET

Peanut butter chicken

CONTAINS: GLUTEN (WHEAT), PEANUTS, SOYBEANS, MILK/DAIRY, CELERY

MAY CONTAIN: NUTS

California chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY

MAY CONTAIN: NUTS

French chicken

CONTAINS: GLUTEN (WHEAT, BARLEY), SOYBEANS, MILK/DAIRY, CELERY, SULPHUR DIOXIDE/SULPHITES

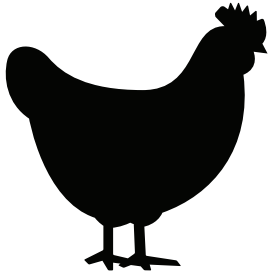
MAY CONTAIN: NUTS

Big One chicken

CONTAINS: GLUTEN (WHEAT), EGGS, SOYBEANS, MILK/DAIRY, CELERY, MUSTARD

MAY CONTAIN: NUTS

AS THESE BURGERS ARE FLOUR COATED THEY CANNOT BE MADE GLUTEN FREE



Griddled chicken



Classic chicken

CONTAINS: GLUTEN (WHEAT)

MAY CONTAIN: SOYBEANS, MILK/DAIRY, NUTS

SUITABLE FOR: HALAL DIET, GLUTEN FREE DIET IF ORDERED WITH GLUTEN FREE BUN

Cheese chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY

MAY CONTAIN: NUTS

SUITABLE FOR: HALAL DIET, GLUTEN FREE DIET IF ORDERED WITH GLUTEN FREE BUN

Cheese & bacon chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY

MAY CONTAIN: NUTS

SUITABLE FOR: GLUTEN FREE DIET IF ORDERED WITH GLUTEN FREE BUN

Bar One chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY

MAY CONTAIN: NUTS

Black & Gold chicken

CONTAINS: GLUTEN (WHEAT), EGGS, SOYBEANS, MILK/DAIRY, MUSTARD

MAY CONTAIN: NUTS, GLUTEN FREE DIET IF ORDERED WITH GLUTEN FREE BUN

Katsu chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS,

MAY CONTAIN: MILK/DAIRY, NUTS

SUITABLE FOR: HALAL DIET

Szechuan chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY

MAY CONTAIN: NUTS

SUITABLE FOR: HALAL DIET

Peanut butter chicken

CONTAINS: GLUTEN (WHEAT), PEANUTS, SOYBEANS, MILK/DAIRY

MAY CONTAIN: NUTS

SUITABLE FOR: GLUTEN FREE DIET IF ORDERED WITH GLUTEN FREE BUN

California chicken

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY

MAY CONTAIN: NUTS

SUITABLE FOR: GLUTEN FREE DIET IF ORDERED WITH GLUTEN FREE BUN

French chicken

CONTAINS: GLUTEN (WHEAT, BARLEY), SOYBEANS, MILK/DAIRY, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: NUTS

Big One chicken

CONTAINS: GLUTEN (WHEAT), EGGS, SOYBEANS, MILK/DAIRY, CELERY, MUSTARD

MAY CONTAIN: NUTS

SUITABLE FOR: GLUTEN FREE DIET IF ORDERED WITH GLUTEN FREE BUN



Meat free menu



Mexican burger

CONTAINS: GLUTEN (WHEAT), MILK/DAIRY, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: SOY BEANS, NUTS

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Thai burger

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MUSTARD, SESAME, SULPHUR DIOXIDE/SULPHITES

MAY CONTAIN: MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Moroccan burger

CONTAINS: GLUTEN (WHEAT), MUSTARD, SESAME

MAY CONTAIN: SOYBEANS, MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET IF ORDERED WITH GLUTEN FREE BUN (GLUTEN FREE BUNS NOT SUITABLE FOR VEGANS)

Double Portobello & 'cheese' burger

CONTAINS: GLUTEN (WHEAT)

MAY CONTAIN: SOYBEANS, MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET IF ORDERED WITH GLUTEN FREE BUN (GLUTEN FREE BUNS NOT SUITABLE FOR VEGANS)

Pulled BBQ mushroom

CONTAINS: GLUTEN (WHEAT), SOYBEANS, CELERY

MAY CONTAIN: MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Vegan California

CONTAINS: GLUTEN (WHEAT), SOYBEANS, CELERY, MUSTARD, SESAME

MAY CONTAIN: PEANUTS, MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Halloumi burger

CONTAINS: GLUTEN (WHEAT), EGGS, MILK/DAIRY, MUSTARD

MAY CONTAIN: SOYBEANS

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Roasted med veg & brie toastie

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY

MAY CONTAIN: SESAME

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Roasted med veg & 'cheese' toastie

CONTAINS: GLUTEN (WHEAT), SOYBEANS

MAY CONTAIN: SESAME

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Vegan 'pepperoni' pizza toastie

CONTAINS: GLUTEN (WHEAT), SOYBEANS

MAY CONTAIN: SESAME

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Mixed bean chilli taco

CONTAINS: GLUTEN (WHEAT), EGGS, CELERY, MUSTARD

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Fried 'chicken' taco

CONTAINS: GLUTEN (WHEAT), SOYBEANS, CELERY, MUSTARD, SESAME

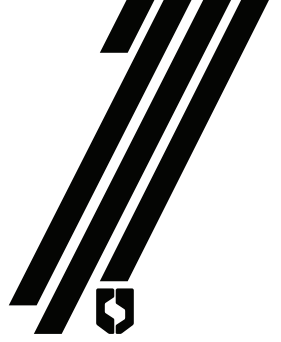
MAY CONTAIN: PEANUTS, NUTS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

continued



Meat free menu continued



Pulled mushroom taco

CONTAINS: GLUTEN (WHEAT), SOYBEANS,
CELERY, MUSTARD

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET,
HALAL DIET

Peanut butter dream sundae

CONTAINS: GLUTEN (WHEAT), EGGS, PEANUTS,
SOYBEANS, MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Forest sundae

CONTAINS: GLUTEN (WHEAT), EGGS, PEANUTS,
SOYBEANS, MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Salted caramel sundae

CONTAINS: GLUTEN (WHEAT), EGGS, PEANUTS,
SOYBEANS, MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Lemon cheesecake sundae

CONTAINS: SOYBEANS, NUTS

MAY CONTAIN: PEANUTS

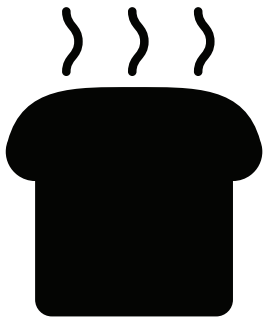
SUITABLE FOR: VEGAN DIET, VEGETARIAN DIET,
HALAL DIET

Oreo sundae

CONTAINS: GLUTEN (WHEAT), SOYBEANS, NUTS

MAY CONTAIN: EGG, PEANUTS, MILK/DAIRY

SUITABLE FOR: VEGAN DIET, VEGETARIAN DIET,
HALAL DIET



Lunch menu



Chicken, bacon & guacamole toastie

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY

MAY CONTAIN: SESAME

Roasted med veg & brie toastie

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY

MAY CONTAIN: SESAME

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Pepperoni pizza toastie

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY

MAY CONTAIN: SESAME

Roasted med veg & 'cheese' toastie

CONTAINS: GLUTEN (WHEAT), SOYBEANS

MAY CONTAIN: SESAME

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Vegan 'pepperoni' pizza toastie

CONTAINS: GLUTEN (WHEAT), SOYBEANS

MAY CONTAIN: SESAME

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Cheese & tomato toastie

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY

MAY CONTAIN: SESAME

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Buttermilk chicken taco

CONTAINS: GLUTEN (WHEAT), EGG, MILK/DAIRY, CELERY, MUSTARD

SUITABLE FOR: HALAL DIET

Mixed bean chilli taco

CONTAINS: GLUTEN (WHEAT), EGGS, CELERY, MUSTARD

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Fried 'chicken' taco

CONTAINS: GLUTEN (WHEAT), SOYBEANS, CELERY, MUSTARD, SESAME

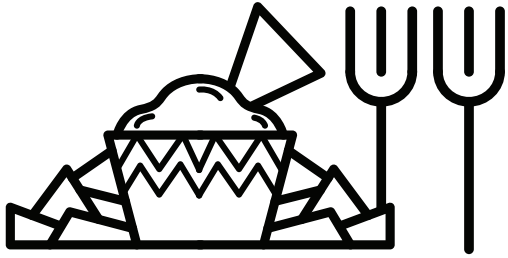
MAY CONTAIN: PEANUTS, NUTS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Pulled mushroom taco

CONTAINS: GLUTEN (WHEAT), SOYBEANS, CELERY, MUSTARD

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET



Sharer menu



Cheese nachos

CONTAINS: SOYBEANS, MILK/DAIRY

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET, GLUTEN FREE DIET

Beef chilli nachos

CONTAINS: SOYBEANS, MILK/DAIRY

MAY CONTAIN: SESAME

SUITABLE FOR: GLUTEN FREE DIET

Bean chilli nachos

CONTAINS: SOYBEANS, MILK/DAIRY, CELERY

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET (IF ORDERED WITHOUT CHEESE OR SOURED CREAM), HALAL DIET, GLUTEN FREE DIET

Pulled pork nachos

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY

Vegan nachos

CONTAINS: NONE OF THE 14 ALLERGENS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET

Cheese loaded fries

CONTAINS: SOYBEANS, MILK/DAIRY

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET, GLUTEN FREE DIET (IF REQUESTED TO BE COOKED IN OVEN)

Chicken loaded fries

CONTAINS: GLUTEN (WHEAT), SOYBEANS, MILK/DAIRY, CELERY

SUITABLE FOR: HALAL DIET

Beef chilli loaded fries

CONTAINS: SOYBEANS, MILK/DAIRY

MAY CONTAIN: CELERY

SUITABLE FOR: GLUTEN FREE DIET (IF REQUESTED TO BE COOKED IN THE OVEN)

Bean chilli loaded fries

CONTAINS: SOYBEANS, MILK/DAIRY

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET, GLUTEN FREE DIET (IF REQUESTED TO BE COOKED IN OVEN)

Vegan loaded fries

CONTAINS: NONE OF THE 14 ALLERGENS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET (IF REQUESTED TO BE COOKED IN OVEN)

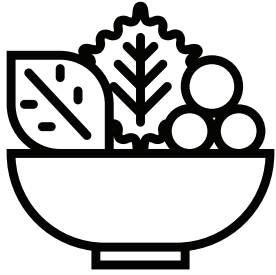
Chicken wings (all sizes)

CONTAINS: GLUTEN (WHEAT), CELERY

Double tray sharer

CONTAINS: GLUTEN (WHEAT), EGG, SOYBEANS, MILK/DAIRY, CELERY

MAY CONTAIN: SESAME



Salads & Sides



Salads

House salad (with buttermilk fried chicken)

CONTAINS: GLUTEN (WHEAT), EGGS, MILK/DAIRY, CELERY, MUSTARD

House salad (with griddled chicken)

CONTAINS: EGGS, MILK/DAIRY, MUSTARD
SUITABLE FOR: GLUTEN FREE DIET

Roasted Mediterranean veg salad

CONTAINS: MUSTARD
SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET

Sides

Fries

CONTAINS: NONE OF THE 14 ALLERGENS
SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET (IF REQUESTED TO BE COOKED IN OVEN)

Curly fries

CONTAINS: GLUTEN (WHEAT)
SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Sweet potato fries

CONTAINS: NONE OF THE 14 ALLERGENS
SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Mozzarella sticks

CONTAINS: GLUTEN (WHEAT), EGGS, MILK/DAIRY
SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Onion rings

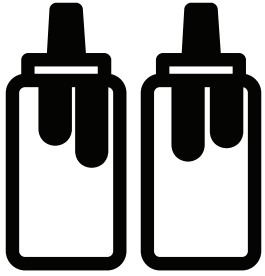
CONTAINS: GLUTEN (WHEAT)
SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Coleslaw

CONTAINS: EGGS, MILK/DAIRY, MUSTARD
SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Vegan coleslaw

CONTAINS: GLUTEN (BARLEY), SULPHUR DIOXIDE/SULPHITES
SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET



Sauces



Frank's hot sauce

MAY CONTAIN: SOYBEANS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET

Louisiana hot sauce

CONTAINS: NONE OF THE 14 ALLERGENS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET

Barbecue sauce

CONTAINS: GLUTEN (WHEAT), SOYBEANS, CELERY

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Tomato ketchup

CONTAINS: NONE OF THE 14 ALLERGENS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET

Bar One spicy ketchup

MAY CONTAIN: SOYBEANS

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET

Heinz mayonnaise

CONTAINS: EGG, MUSTARD

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET, GLUTEN FREE DIET

French's mustard

CONTAINS: MUSTARD

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET

Sarson's malt vinegar

CONTAINS: GLUTEN (BARLEY)

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET

Vegan mayonnaise

CONTAINS: SOYBEANS, MUSTARD

SUITABLE FOR: VEGETARIAN DIET, VEGAN DIET, HALAL DIET, GLUTEN FREE DIET



Sundaes



Peanut butter dream sundae

CONTAINS: GLUTEN (WHEAT), EGGS, PEANUTS, SOYBEANS, MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Forest sundae

CONTAINS: GLUTEN (WHEAT), EGGS, PEANUTS, SOYBEANS, MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Salted caramel sundae

CONTAINS: GLUTEN (WHEAT), EGGS, PEANUTS, SOYBEANS, MILK/DAIRY, NUTS

SUITABLE FOR: VEGETARIAN DIET, HALAL DIET

Lemon cheesecake sundae

CONTAINS: SOYBEANS, NUTS

MAY CONTAIN: PEANUTS

SUITABLE FOR: VEGAN DIET, VEGETARIAN DIET, HALAL DIET, GLUTEN FREE DIET

Oreo sundae

CONTAINS: GLUTEN (WHEAT), SOYBEANS, NUTS

MAY CONTAIN: EGG, PEANUTS, MILK/DAIRY

SUITABLE FOR: VEGAN DIET, VEGETARIAN DIET, HALAL DIET



Suitable for gluten free diet



THE FOLLOWING ITEMS ARE SUITABLE FOR A GLUTEN FREE DIET, PLEASE ENSURE YOU SPECIFY THIS WHEN ORDERING. ALTHOUGH THESE ITEMS DO NOT CONTAIN ANY GLUTEN CONTAINING INGREDIENTS PLEASE BE AWARE THAT SUCH PRODUCTS ARE HANDLED IN OUR KITCHEN AND THERE IS THE POTENTIAL FOR CROSS CONTAMINATION

Griddled chicken burgers

Classic chicken

Cheese chicken

**Cheese & bacon
chicken**

Black & Gold chicken

Peanut butter chicken

California chicken

Big One chicken

**Please order these
with a gluten free bun**

MEAT FREE

Moroccan burger

**Double Portobello &
'cheese' burger**

**Please order these
with a gluten free
bun, these contain
egg so are not vegan**

SALADS

**House salad (with
griddled chicken)**

**Roasted
Mediterranean veg
salad**

SHARER MENU

Cheese nachos

Beef chilli nachos

Bean chilli nachos

Vegan nachos

Cheese loaded fries

Beef chilli loaded fries

**Bean chilli loaded
fries**

Vegan loaded fries

SIDES

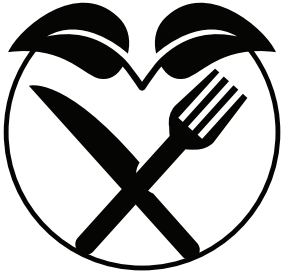
Fries

**request to be oven
cooked**

Coleslaw

SUNDAES

**Lemon cheesecake
sundae**



Suitable for vegan diet



Thai Burger

Moroccan burger

**Double Portobello &
'cheese' burger**

**Pulled BBQ
mushroom burger**

**Vegan California
burger**

**Roasted
Mediterranean veg &
'cheese' toastie**

**Vegan 'pepperoni'
pizza toastie**

**Vegan fried 'chicken'
soft taco**

**Pulled mushroom soft
taco**

**Roasted
Mediterranean
vegetable salad**

Vegan nachos

Vegan loaded fries

Fries

Curly fries

Sweet potato fries

Onion rings

Vegan coleslaw

Oreo sundae

**Lemon cheesecake
sundae**

Sauces:

Tomato ketchup

**Bar One spicy
ketchup**

**French's mustard
barbecue sauce**

Frank's hot sauce

Vegan mayonnaise

Sarson's vinegar