

Sexual Health

If you are sexually active it is important that you take care of your sexual health. This includes taking steps to reduce the risk of sexually transmitted infections and unplanned pregnancies.

Sexually Transmitted Infections (STI's)

If you are sexually active, make sure get checked for STI's on a regular basis, or at least once a year. However, if you have recently had or are expecting to have unprotected sexual contact with a new partner, it is best to get tested as soon as possible.

You can be tested and treated in confidence for STI's at the following places:

[Student Health Centre](#) 150 Mount Pleasant or SHAC Carnatic Halls, 0151 285 4578.

[Brook Clinic](#) 81 London Road, 0151 207 4000.

[GUM Liverpool Centre for Sexual Health](#) Royal Liverpool University Hospital, Prescot Street, 0151 706 2620

[Abacus](#) 6 David Lewis Street, 0151 247 6500.

Contraception and Emergency Contraception

We offer a variety of free condoms, femidoms and dental dams. Free contraception is also available from the above services and from your GP.

If you haven't used any protection, the condom split, or you forgot to take your pill; emergency contraception can prevent an unplanned pregnancy if you act fast. Get advice from one of the services above as soon as possible.

[Click here to see the pharmacies where you can get emergency contraception.](#)

Unplanned Pregnancies

Having a baby as a student can seem daunting, but there is plenty of support available. If you have decided to continue a pregnancy to full term, it's useful to tell someone from the University as soon as possible so that arrangements can be made for your academic progression. You may be able to [suspend your studies](#), and we can help you through this process.

[The British Pregnancy Advisory Service](#) provides specialist help to women with an unplanned pregnancy. They provide non-directive and impartial counselling for unplanned pregnancy and abortion treatment.

We can help – contact our Advice team by email: guildadvice@liv.ac.uk or find out when our drop-in times are by visiting or calling the Guild Reception on 0151 794 6868.

We provide links to sites we think will provide useful information for you. If you spot any errors, broken links or omissions please let us know by emailing us at guildadvice@liv.ac.uk