Lunch Menu
Available 11am - 3pm

Cold Sandwiches
All £4.50

Prosciutto Ham
Buffalo mozzarella, sliced tomato and pesto

Onion Bhaji (Vv)
Sweet potato, red onion, red peppers, spinach and curried mayo in a Khobez wrap

Hot Sandwiches
All £4.50

Grilled Halloumi & Guacamole (V)
With courgette ribbons & toasted seeds served on a ciabatta roll.
Why not swap halloumi for basil tofu to make it vegan? (Vv)

Meatball Marinara
Italian pork sausage meatballs with a marinara sauce topped with mozzarella on a ciabatta roll with a side of rocket salad

Spicy Seitan Gyros (Vv)
With shredded lettuce, tomato & cucumber with tzatziki sauce served on a Khobez wrap (V)

Peri Peri Chicken
Tender pieces of chicken in a peri peri marinade, iceberg lettuce, cucumbers, red onions, cherry tomatoes and topped with peri peri mayo in a Khobez wrap

Croque Monsieur
Toasted ham and emmental cheese sandwich topped with rarebit sauce served on white bloomer bread

Moroccan Roast Vegetable (Vv)
Roasted vegetables in a Moroccan marinade topped with hummus and wrapped in a Khobez wrap

Salads

Halloumi Salad (V)
£5.50
Warm halloumi, rocket, tomato, cucumber, grated carrot, olives, sun blushed tomatoes & red onion with a pesto oil

Naked Burrito (Vv)
£5.00
Red quinoa, buckwheat, red rice, sweet potato, salsa, BBQ sauce, sweetcorn, carrot, cabbage, onion, beans, mixed leaf and guacamole topped with crispy tortilla strips

Aubergine Tabbouleh (Vv)
£5.00
Red onion, aubergine, tahini, coconut couscous, moroccan roasted vegetables, crispy onions and spring onions

Soup of the day - Served with a ciabatta roll
£3.50

(H) Halal (V) Vegetarian (Vv) Vegan
Lunch Deals
Available 11am - 3pm

Sandwich Meal Deal
Any Sandwich, fries and selected drink £5.50
Drinks include coke, diet coke, lemonade, tea or coffee, fruit juice

Soup Meal Deal
Soup of the day and Sandwich for £4.95

Pizza Meal Deal
Any 7” Pizza, fries and selected drink £5.95
Drinks include coke, diet coke, lemonade, tea or coffee, fruit juice