

SLT 10/10/19 – Minutes

Apologies:

██████████

No apologies from ██████

## **Minutes:**

No issues with the minutes

## **Updates:**

██████████; Constitution meetings discussion at SLT, asked to bring up in agenda

██████████; Set up Societies Discord, to encourage collaborations.

Sorted societies timetable board

Went to a teaching & learning event

Started work on Sabbatical officer's guide

Plan of Action for Mental Health

Court subcommittees – discussion with Court re: various issues

## **Announcements**

University wants to reapply to a race equality charter

## **Mental Health**

██████████ is to research the university's current mental health advisor approach (waiting lists, advisors per students etc.)

Next equality meeting is on 12/12/19, so will bring up the results of the research there

“Wellbeing Buddies” system – University has a Peer Mentoring, contact Student Services and P2P Mentoring to discuss current approach, get opinions on giving mentors extra mental health training, implement, and advertise for more mentors.

Monthly self-care workshop, mindfulness practices, creative writing and art. ██████████ suggests contacting Jen Law (lecturer), as she does things along these lines.

## **Black History Month**

Pop-up, ACS is doing a few events, ██████████ wants SLT to support. ██████████ suggests Film Night. ██████████ will consult the Group Chat regarding availability.

**No other business**