



**office**  
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# Office Fitness GrandStand

*Instructions / Manual / Maintenance*

## PRODUCT DESCRIPTION

- ✔ Portable folding laptop table.
- ✔ Ergonomic design adjusts to most user's height.
- ✔ High quality, very strong.
- ✔ Suitable for office and home use.
- ✔ Patent joint adjusting mechanism control.
- ✔ Cooling holes, big fan can be configured on the GrandStand.

## TECHNICAL SPECIFICATIONS

Weight: **2.55 KG**

Lifting capacity: **65 KG**

Laptop Sizes: **Suitable for laptops up to 21"**

Height Adjustable Range: **40 mm - 560 mm**

Folded size: **640 mm x 300 mm x 40 mm**

Top size: **520 mm x 245 mm**

Assembly: **Shipping fully assembled**

Material: **Magnalium legs and top, Zinc Alloy Joints**

*Break the  
Sitting Habit!*



## HEIGHT ADJUSTING INSTRUCTIONS AND FOLDING



### 1. Opening and locking the switch

To open the joint move the switch on both sides in either direction to allow the leg to move. To lock the switch, return the lock to the middle of the leg.



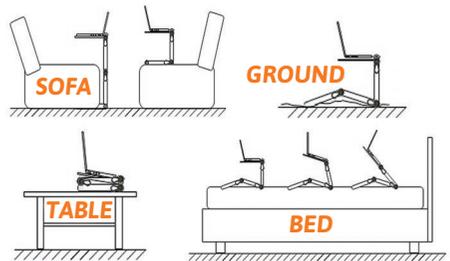
### 2. Choosing the angle

You can use the needle to direct the line and then return the lock to the middle of the leg after choosing the homologous angle, thus you can lock the state in this angle.



### 3. Folding the GrandStand

Open all joints of the product step by step. Parallel the leg to the surface of the table and lock it by returning the joints to the middle of the legs



### 4. Possible positions

Refer to the above picture for examples of GrandStand usage in different positions.

# 10

the increase in heart beats per minute when standing

# 33

the percent increase of calories burnt caused by standing

# 11

the equivalent burning of calories as running 11 marathons when standing three hours a day, 5 days a week for a year

# 2

the number of years extra life expectancy by sitting for fewer than 3 hours a day