Telling the Time

There are 60 seconds in one minute
There are 60 minutes in one hour
There are 24 hours in one day

Reading a Clock

Remember these key points when learning to tell the time

Each big number represents an hour. Can you think of something that takes about an hour?

The short hand (red) is the hour hand. It moves from one number to the next every hour. You can get a rough idea of the time with just the hour hand.

The long hand (black) is the minute hand. It moves all the way around the clock every hour, so we can see how many minutes past or minutes to the hour it is. This clock shows the minutes in blue, in five minute chunks.

What Time...?

At what time would you usually do the following?

- Eat lunch
- Bath or shower
- Read a story
- Have your tea
- Eat breakfast
- Have a wash
- Go to bed
- Wake up
- Brush teeth
- Do exercise
- Colouring In
- Have a snack

Draw the Time

Draw the numbers on the clock
Now draw the hands to show three ‘o’ clock
Can you draw three ‘o’ clock as a digital time below?

Print out the clock several times and use for the rest of the numbers too!

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