

## Carers Rights Day Plymouth, November 26<sup>th</sup> 2020



We all know how hard it can be when we don't feel listened to, when what's important to us isn't taken seriously by others, or we just don't have the words to say what we really feel or want.

It can be even more difficult when decisions are being made about our health and social welfare.

We're The Advocacy People and we can help. We will take time to understand your situation, explore the options with you and help you decide what you want to do and how you want to do it.

What can The Advocacy People do to help Carers?

- An advocate can assist you with complaints to social services about a package of care provided to the person you care for and/or yourself.
- We can help you raise a concern/complaint with NHS funded health care services, enabling you to get answers, explanations, changes to care and where relevant an apology.
- An advocate can help you with the Care Act assessment of needs process for someone you care for, ensuring their views/wishes/opinions are heard, or yourself if you are having an assessment as a carer.
- An advocate can specifically help you as a carer with ensuring someone you care for in transition from child to adult social care services, has their views/wishes/opinions heard.
- In limited circumstances we can assist parents/carers involved in the child protection process.

If you think you might need Advocacy to support, or you want to enquire about your situation, then please either call **07471355642** or email [kevin.marsh@theadvocacypeople.org.uk](mailto:kevin.marsh@theadvocacypeople.org.uk). Kevin Marsh, Supervising Advocate for Plymouth is available to take calls/emails between 0900-1600hrs.