

84 views | Aug 28, 2019, 01:34am

August: Little Black Book Of Health, Beauty And Wellness Practitioners

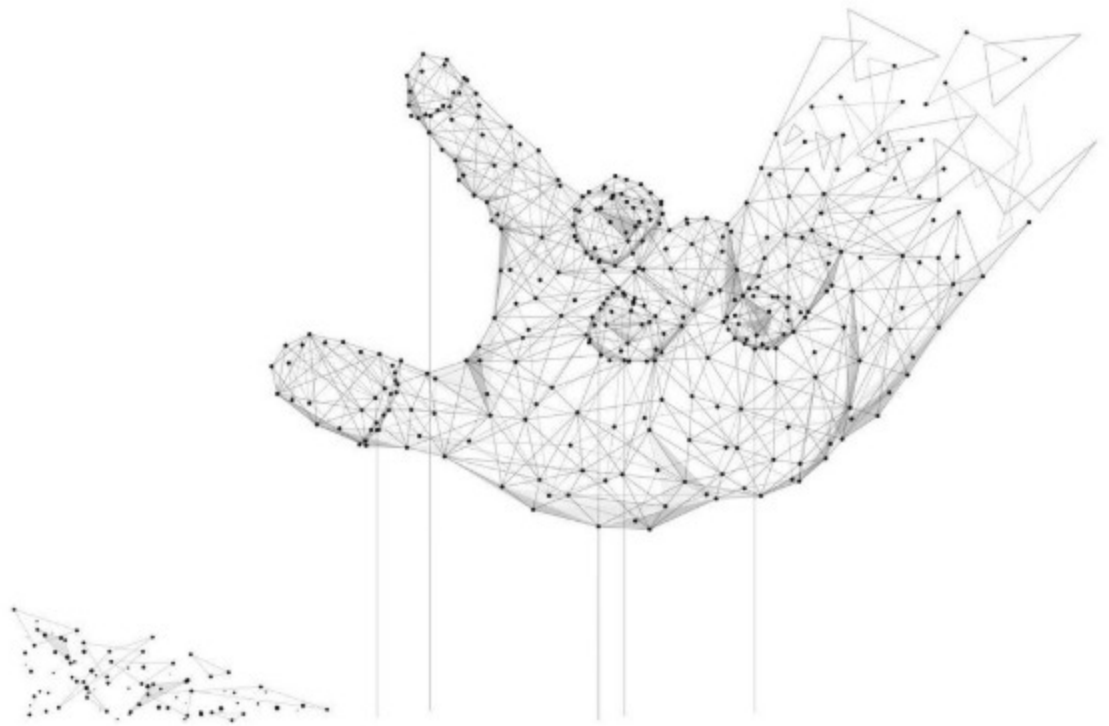


Bridget Arsenault Senior Contributor ⓘ

Travel

Last year, the hashtag self-care was used over 10 million times on Instagram. The world of wellness certainly shows no signs of stopping or even slowing down. One of the most buoyant trends are venues dedicated fully to fitness and well-being. A one-stop shop that houses everything from yoga to acupuncture, IV infusions to poke bowls. And it makes sense. In our fast-paced, incessant go, go, go world, convenience reigns king. Here in London, one can find a host of new trainers, organic products, superhero blends and wellness clubs, aiming to offer everything and anything a modern individual might need.

Sustainability Webinars Hosted By Positive Luxury



Sustainability webinars from Positive Luxury POSITIVE LUXURY

Sustainability ought not to be only a buzz word, but an area of action for every Londoner young and old. [Positive Luxury](#) has a simple goal, to connect luxury brands and people who care about the future. One way of doing this is with their Butterfly Mark, a symbol of trust earned by brands that have adopted sustainability as a business strategy. Furthermore, Positive Luxury has announced an initiative that aims to bring sustainability discussions into the mainstream, sparking positive debate and conversation around relevant topics, including ocean conservation and sustainable sourcing to mindfulness and how to travel responsibly. Webinars take place bi-weekly on Tuesday at 3pm and then can later be downloaded and listened to freely. Forthcoming talks include Justin Smith of the Evolved Traveler discussing responsible travel on September 24; Vishnee Sowamber who leads sustainability and CSR at The Lux Collective is leading a talk on October 22; and Sylvie Bernard, the Corporate Environment Director at LVMH discussing sustainability within the company on September 10.