

POTAGE

eat well together

Menu until Friday Jun 14

MAIN SALADS

Lemon Chicken Salad with Tarragon, Quinoa & Basil Pesto	£9.00
Chicken Satay Salad with Coriander & Pickled Cucumber	£9.00
Hot-Smoked Salmon, Avocado & Brown Rice Salad	£9.00
NEW Salmon Fillet with New Potatoes, Radish & Watercress	£9.00
NEW Parmesan, Roasted Tomato & Fresh Basil Quiche with Salad	£7.50

SIDE SALADS

NEW Cauliflower, Red Rice, Pomegranate & Parsley	£7.50
NEW Heritage Tomato, Mozzarella, Avocado & Basil	£7.50
NEW Roasted Fennel with Couscous, Sun-Dried Tomato & Feta	£7.50
New potatoes, Chives, Parsley & Capers	£7.50
Garden Leaf Salad with Toasted Soy Seeds	£7.50

PROTEIN

Seared Scottish Beef Fillet (48 hrs notice)	£64.00
Free Range Welsh Chicken Satay Thigh	£4.00
Free Range Welsh Chicken Breast	£4.00
NEW Honey Roast Ham	£4.00
Scottish Salmon Whole Side with Micro Rocket & Lemon	£32.00
Honey Glazed Salmon Fillets	£4.00
Scottish Hot-Smoked Salmon	£4.00
Breckland Brown Eggs	£1.50

HOT POTS

Spaghetti Bolognese	£8.00
Classic Lasagne Al Forno	£8.00
Chicken & Rice Noodle Laksa With Butternut Squash	£8.00
Chicken Soup with Spring Herbs	£4.00
Salmon Massaman Curry With Beans, Courgette & Brown Rice	£8.00
Red Lentil Dhal With Roasted Sweet Potato, Spinach & Brown Rice	£8.00

SHARING BOARDS

Tortilla Chips, Crudités & Dips	£35.00
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Our goal is to bring people together by delivering delicious meals in a sustainable way.

Our Founder, Georgia, started potage with £1,000 in October 2012 and spent the first year cooking in her mum's kitchen, delivering locally on a bicycle and with a Saturday market stall. Today we deliver to hundreds of offices and homes across central London.

DESSERTS

DRINKS

Belu Water	£1.50
Cawston Press	£1.50
Coke	£1.50
San Pellegrino	£1.50
Freshly Squeezed Orange Juice, 1 litre	£5.00
Pressed Cloudy Apple Juice, 1 litre	£5.00
Spinach, Lime, Cucumber & Pineapple Organic Juice, 200ml	£5.00
Turmeric, Ginger, Apple & Lemon Organic Shot, 60ml	£2.50

BREAKFAST

NEW Antipasti Board (48 hrs notice)	£85.00
Artisan British Cheese Box	£45.00
Sandwich Rolls (box of 12)	£24.00
Mini Handmade Sausage Rolls	£4.50
Mini Spinach & Feta Rolls	£4.50
Mini Cheese Straws (48 hrs notice)	£4.00
Scotch Quail's Egg (48 hrs notice)	£9.60

SNACKS

"7 Best Healthy Food Delivery Services" - Women's Health
"Top 8 food delivery services in the UK" - GQ
"13 Best lunch delivery services in London" - Evening Standard

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