

# Chilton Community Primary School

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Headteacher: Mr B Hemmings

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5<sup>th</sup> February 2018

Dear Parents/Carers,

Next half term Onelife Suffolk will be delivering a free 6 week programme in Year 4 on living a healthy lifestyle. They will run a weekly lesson to promote healthy lifestyle choices. Parents will also receive helpful tips and advice around the topics covered to be of support at home.

As part of the programme Onelife Suffolk will be recording children's height, weight, date of birth and home postcode. The information will be used to evaluate the effectiveness of the programme. **If you do not want this information recorded please inform your class teacher.**

If you would like more information please do not hesitate to contact Cheryl Wiseman the Onelife practitioner delivering the programme on 07826 516546 or email [cheryl.wiseman@onelifesuffolk.co.uk](mailto:cheryl.wiseman@onelifesuffolk.co.uk).

Yours sincerely

Mr B Hemmings