

Autumn 2020/Spring 2021 Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Week one 07/09, 28/09, 19/10, 16/11, 07/12, 11/01, 01/02, 01/03, 22/03

Margherita Pizza with herb diced potatoes or Vegetarian pasta Bolognese	Meatballs in tomato sauce with pasta twists or Vegetable frittata and potato wedges	Sausage roll & herb diced potato or tomato and Vegetable pasta with garlic slice	Traditional Roast beef, Yorkshire pudding and gravy or Cheese & potato pie	Crispy baked fish fillet or Vegetarian Hot Dog
Side Salad Peas and sweetcorn	Mixed vegetables	Garden peas & carrots	Carrots & cabbage	Oven baked chips Baked beans Garden peas
Strawberry whip & shortbread	Flapjack & Fruit wedge	Chocolate crunch & chocolate sauce	Iced carrot cake	Fruity Friday – fruit jelly, fruit yoghurt, or fresh fruit salad

Week two 14/9, 5/10, 2/11, 23/11, 14/12, 18/1, 8/2, 8/3

Southern style Quorn burger in a bun or Vegetarian sausage under wraps	Italian baked chicken or Tomato and Cheddar Quiche	Pork sausages, mash & gravy or Vegetable bean burger, mash & gravy	Traditional Roast Chicken or Cauliflower & broccoli bake	Baked fish fingers Or Vegan nuggets
Baked potato wedges peas & sweetcorn	Herb diced potatoes carrots & broccoli	Sweetcorn & green beans	Roast potatoes carrots & cabbage	Oven baked chips baked beans garden peas
Vanilla crunch slice	Lemon drizzle sponge & fruit wedge	Chocolate brownie	Toffee cream tart	Fruity Friday – fruit jelly, fruit yoghurt, or fresh fruit salad

Week Three 21/9, 12/10, 19/11, 30/11, 4/1, 25/1, 22/2, 15/3

Neopolitan pizza or Sweet potato & salmon fishcake	Pork & apple burger with potato wedges or Vegetable lasagne & garlic slice	Mac n cheese or Chicken in gravy with a pastry top & mashed potatoes	Traditional Roast Pork or Veggie toad in the hole	Crispy baked fish fillet or Crunchy vegetable fingers
Herb diced potatoes mixed vegetables	Carrots & Peas	Green beans & sweetcorn	Roast potatoes Carrots & cabbage	Oven baked chips Baked beans Garden peas
Iced sponge cake	Marbled cookie & fruit portion	Chocolate Rice Krispie cake	Raspberry Ripple Ice cream pot	Fruity Friday – fruit jelly, fruit yoghurt, or fresh fruit salad