



**Dear parents:** .... a major House of Commons report on social media and its effect on children's well-being and mental minds was published this week. Link to its 96 page report below. I read it and worth a read. Needs to be extended now to social media and adult's minds. WhatsApp groups are in every school in the country now and started out as great places to socialise and share information. Unfortunately all too often they quickly turn into rather toxic places where bullying and insults are rife. We have had examples of this recently spilling over into school life and it is unacceptable. Also unacceptable and indeed potentially illegal is the practice of parents approaching other people's children and speaking harshly to them. This must never happen on school premises ever. I was listening to Thought for Today @ 5.40am the other day. A wise Rabbi quoted the Bible and the Talmud: 'a person who desires life will avoid speaking ill of others' ... and my own favourite "Gossiping tongues kills three the teller, the listener and the subject." Think about it before pressing send.

<https://publications.parliament.uk/pa/cm201719/cmselect/cmsctech/822/822.pdf>

Parliamentary report on social media and young minds link.

### School news ... this week

Tuesday ..... Chinese New Year ... Year of the Pig celebrated in school.

Wednesday ... Year 4 first assembly of the year.

Year 6 went to Junior Citizens -Hackney Museum

### School news ... next week

Monday ..... Personal Best Year 3.

Tuesday ... school nurse in to Reception class.

Wednesday ... Year 3 first assembly of the year 2019 @ 9.15am all welcome.

Friday ...3.30pm half-term begins.

### Governors and Buildings Fund 2019

A really good start to this year. Total = £3,270.00 from 95 families out of 160 families. Up £380 in a week and 9 new families paid. 59% responded in a short while .... this pays for our upkeep of the school, new doors, new drains, insurance etc . So below my recipe for perfect scrambled eggs as promised last week.

**pics of the week ....** Reception class enacting their own Mass ... Year 4 assembly on North America well done to Ms Walshe and her class ... Ms O'Grady celebrating Chinese New Year ... snowdrops and our amazing February flowering Mimosa tree native to Australia but thriving over here.



**and finally** ..Woakes, Vokes and Stokes all struggling to be fit for the cricket .... and another Six Nations weekend coming up with wins for Ireland, England and Italy hopefully ..... hot pan, 3 fresh eggs, drop of truffle or olive oil , do not whisk, crack in a bowl, add all three the same time, use a spatula and fold in from the sides, add knob of foaming butter and keep folding, now sprinkle from on high some salt and pepper, slightly runny texture then add a dash of cream and turn off the heat (stops the cooking process), snip some chives over the top with scissors, serve on sourdough toast divine breakfast, lunch or brunch ..... highly recommended is this weeks Private Eye with some of the best cartoons in ages and some genuinely funny articles .... RIP to Emiliano Sala so sad . Valentine's Day next week so add some smoked salmon to my recipe job done for a loved one!