



PE Long term Plan 2020-2021



	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
	Teacher Premier	Teacher Premier	Teacher Premier	Teacher Premier	Teacher Premier	Teacher Premier
FS	Cooperate and solve problems Unit 1 Body Management Unit 1	Manipulation and Co-ordination Unit 1 Speed, Agility, Travel Unit 1	Dance Unit 1 Gymnastics Unit 1	Dance Unit 2 Gymnastics Unit 2	Body Management Unit 2 Cooperate and solve problems Unit 2	Athletics/Sports day practice Speed, Agility, Travel Unit 2
Year 1	Gymnastics Unit 1 Hit, Catch, Run Unit 1	Dance Unit 1 Send and Return Unit 1	Send and Return Unit 2 Gymnastics Unit 2	Attack, Defend and Shoot Unit 1 Hit, Catch, Run Unit 2	Dance Unit 2 Run, Jump, Throw Unit 1	Attack, Defend and Shoot Unit 2 Run, Jump, Throw Unit 2
Year 2	Gymnastics unit 1 Attack, Defend and Shoot Unit 1	Yoga Gymnastic unit 2	Dance Unit 1 Hit, Catch, Run Unit 1	Attack, Defend and Shoot Unit 2 Hit, Catch, Run Unit 2	Run, Jump, Throw Unit 1 Send and return Unit 1	Run, Jump, Throw Unit 2 Send and return Unit 2
Year 3	Football Dance 1	Dance 2 OAA	Gymnastics Unit 1 Badminton	Handball Gymnastics Unit 2	Swimming (top up) Netball Unit	Athletics Rounders Unit
Year 4	OAA Tag Rugby	Gymnastics Unit 1 Dance Unit 2	Dance 1 Gymnastics Unit 2	Swimming (NC requirement) Hockey	Netball Cricket	Athletics Tennis