

"Ask, and you will receive. Seek, and you will find. Knock, and it will be opened to you." (Matthew 7:7)

Reflection

The object of our prayer-life is to empty ourselves and be filled with the Trinity. The first thing Jesus did when He became Man was to empty Himself. "His state was Divine, yet He did not cling to His equality with God, but emptied Himself to assume the condition of a slave and become as men are; and as all men are, He was humbler yet." (Phil. 2:6,7)

Our mission in life, then, is to cooperate with God's Grace and empty ourselves and be filled with the Trinity.

We are not to seek detachment to be free of responsibility, but to enable us to love both God and man with a pure love.

We are not to withdraw from the world to be alone, but to be with God.

We are to do penance, not because it erases our guilt, but because it wipes away the traces of sin.

We are to empty ourselves, not for the sake of self-control, but to be filled with God- transformed into Jesus.

There is no definite method by which we can become selfless. Each one of us has a particular virtue and faults that make the process of becoming like Jesus different. We must look at Jesus, read His Word in Scripture and ask His Spirit to enlighten our minds and give us that particular way by which we can best attain the goal He has set for us

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