

LADOCK PE CURRICULUM Sept '18 - July '19 v1

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Cuby Class teacher EYFS	Multi-skills/Physical Literacy with equipment (Throwing/catching / rolling / dribbling - hands & feet)	Multi-skills - Winter & Christmas <i>PoPE SOW</i>	Invasion Games - using a range of previously learnt skills & a range of sports <i>ARENA SOW - EYFS Games</i>	Dance <i>ARENA SOW - KS1 Dance</i>	Striking & fielding skills through Cricket/ Rounder's type activities <i>ARENA SOW - KS1 S & F</i>	Sports Day Practice - Quad Kids & Athletic type events.
Cuby EYFS C.Denning / J.Danks	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge) Wednesday AM	Dance Wednesday AM	Gymnastics <i>ARENA SOW - KS1 Gymnastics</i>	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Net & Wall skills through Tennis/Badminton <i>ARENA SOW - KS1 Net & Wall</i>
Keyne Class teacher Year 1 / 2	Swimming	Swimming	Athletic skills through running, jumping & throwing (<i>Sports hall Athletics / Quad Kids</i>)	Dance <i>ARENA SOW - KS1 Dance</i>	Invasion Games - using a range of previously learnt skills & a range of sports <i>ARENA SOW - KS1 Games</i>	Striking & fielding skills through Cricket/ Rounder's type activities <i>ARENA SOW - KS1 S & F</i>
Keyne Class teacher Years 1 / 2 Beth / J.Danks	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge) Thursday AM	Dance Thursday AM	Gymnastics <i>ARENA SOW - KS1 Gymnastics</i>	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Net & Wall skills through Tennis/Badminton <i>ARENA SOW - KS1 Net & Wall</i>
Ladoca Class teacher Years 3 / 4	Swimming	Swimming	HRF <i>(PoPE SOW)</i>	Striking & Fielding Skills - Rounders/Cricket	Invasion Games - Football / Hockey	Net & Wall Skills - Tennis/ Badminton
Ladoca Years 3 / 4 A.Cornish / J.Danks	Invasion Games - Netball / Basketball / Tag Rugby Thursday AM	Dance Thursday AM	Gymnastics	OAA - Team Building & Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Cricket

Blaise Class teacher Years 5 / 6	Multi-skills/Training Types (PoPE SOW)	Invasion Games - Football / Hockey	Swimming	Striking & Fielding Skills - Cricket / Rounders	HRF (PoPE SOW)	Net & Wall Skills - Tennis/ Badminton
Blaise Class teacher Years 5 / 6 C. Stoyles / J.Danks	Invasion Games - Netball / Basketball / Tag Rugby Wednesday AM	Dance Wednesday AM	Gymnastics	OAA - Team Building / Orienteering	Athletics Skills /Quad Kids	Striking & Fielding - Cricket / Rounders

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability, for example, PE FOR Keyne & Ladoca will be on a Thursday AM for the Autumn Term but will move to a Wednesday after Christmas for the rest of the year.