



Furlanesend CP School Values for Life!

PE and School Sport Action Plan Furlanesend CP School 2017–2018

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive circa £8000-£9000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2017/18	Total Funding allocated - £13,356 (PE and Sports Premium - £8,460 Sugar Tax Levy - £4,896)
Lead Member of Staff – Richard Wilde	2017/2018	Governor responsible – Helen Marks
Total fund allocated - £13256.37		



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Key achievements to date:

- Increase in the number of different sports offered in curriculum time and after school.
- Extra-curricular coaching delivered within the school day to enable those children unable to participate in club and teams after school to have the opportunity.
- The Wild Tribe leaders in both key stages have successfully achieved outdoor first aid qualifications
- The Football team were involved in the selection of the new team kit. They were overjoyed and look forward to representing the school.
- To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place. Implementing the Arena SOW and assessment.

Areas for further improvement and baseline evidence of need:

- To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg active maths/active classrooms and ensure a range of programmes are on offer.
- To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity.
- To deliver outdoor learning programmes to engage reluctant writers/mathematicians through learning in the outdoors.
- To deliver a Successful alternative sports day
- Subject Leader in PE - awarded subject leader accreditation and this has supported the leadership of PE.
- Playground leaders introduced to ensure active playtimes
- To upskill pupil leaders within the school to promote health and wellbeing
- To continue improve the assessment and monitoring of the attainment in PE.

Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Intended Actions with impact on children

Funding allocated

Evidence and impact

Sustainability and next steps

To purchase equipment to increase activity at playtimes and lunchtimes. **To support playground leaders and ensure children are active.**

£ 82.85

Equipment purchased and used to support delivery of physical activity.

Continue to train playground leaders to ensure delivery can continue.

Purchase of equipment for outside PE to support the delivery of **the PE curriculum to ensure children have access to a high quality experience in PE.**

£230.98

Maintain a log of equipment and put a replacement budget in place.



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<p>Sugar Smart 30-30 – Arena Package to support in developing a plan for both playgrounds to include pupil conferencing and quotes to support the development of active playgrounds for children.</p>	<p>£325</p>	<p>Clear action plan in place which has evidenced pupil voice. Phase one of the plan implemented with an increase in the number of children engaged in the playground. The school council requested this training.</p>	<p>To develop a 3 year plan to continually update, maintain and improve the playground area.</p> <p>To keep the school council up to date with developments and ask them for improvements</p>
<p>Continue with wake and shake but extend it to 10mins a day and introduce break and shake as a daily physical activity to form part of the menu for 30 active minutes for children. Both incorporating the 5-a-day-fitness programme.</p>	<p>£50</p>	<p>5 % increase in the number of pupils physically active and engaged on a daily basis in the playground.</p>	<p>Encourage the children to develop the dance routines to include more stretches and moves that increase the heart rate</p>
<p>Develop a 30 minute timetable to include all activities which are delivered by playground leaders.</p>		<p>Active Timetable successfully introduced which children have supported in developing.</p>	<p>Ensure there is a rotation of activities to continue to engage the children.</p>
<p>Investigate the use of active maths as a tool to raising standards in maths and engaging children in active learning. UPDATE: Asked to take part in the Arena imoves trial</p>		<p>Active maths being delivered across the school in all classes</p>	<p>Review active maths programme and extend to active literacy. To monitor the use of these programmes.</p>
<p>To investigate the delivery of Jumpstart Jonny, skip to be fit challenge and the Arena monthly challenges. To engage children in a broad range of activities.</p>		<p>A range of activities in place to increase the number of children active for 30 mins.</p>	<p>Can these be implemented in lessons? By the sugar smart leaders? Independently? Club?</p>



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<p>To implement Health week and well-being week – To educate children on the importance of healthy active life styles, mental health awareness and internet safety. Include Fruit Day to encourage the children to try new fruits. Healthy eating poster</p>	<p>£68.45 (FRUIT)</p> <p>£3.99</p>	<p>5% increase in the number of children taking part in innovative physical challenges on a daily basis.</p> <p>Children understand the principles of how to lead a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles. Parents and children have a greater understanding of internet safety. Children try new fruits to encourage them to eat more fruit at break time/use the salad bar at lunch and to try new foods at home.</p>	<p>Investigate a health and well-being week for the children. Evaluate and see how to improve and build on.</p> <p>Possible areas for case study for healthy schools accreditation?</p>
<p>Use Absolute coaching to record and monitor the children's participation in clubs and sports festivals.</p>	<p>£100</p>	<p>Monitor the attendance of clubs and children who attend. Implementing more clubs and encouraging those least likely to attend</p>	<p>Review the clubs and attendees. Sports governor meeting to review.</p>



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5 a day fitness	£264		
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Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Continue to develop playground leaders with the support of the MTAs and PE lead</p>	Co-ordinator time	Class Lynher Playground leaders delivering activities on a daily basis raising the profile of physical activity.	Continue to provide sports leadership opportunities for children. UPDATE: Class Lynher are going to lead an assembly to introduce this to the school
<p>To develop sports council representatives (2sports reps) within the school council/ensure that there is an agenda point within the current school council system, for the school to raise the profile of PE and school sport. Provide the school council with £250 budget with the aim of increasing physical activity.</p> <p>To implement one day Arena sugar smart leader course to raise the profile of sugar smart and physical activity across the school. Investigate active maths/active literacy through the use of raccoon circles.</p>	<p>Working with school council £250 Arena membership</p>	<p>School council sports focus. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport.</p>	<p>Continue to develop and extend opportunities for the sports council whole school.</p> <p>UPDATE: Sugar Smart course delivered to Yr5/6 who are now developing playground activities, timetables and competitions</p>
<p>To investigate and coordinate with the English coordinator about: 2 x literacy days for reluctant</p>	<p>Possible? £325 x 2 = £650</p>	<p>The aim would be to have 2 days delivered with every</p>	<p>This would ensure a continuing of the up skill staff in the delivery of</p>



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<p>writers to engage children in the writing process through physical activity in the outdoors</p>		<p>child having produced a piece of writing and teachers inspired with a tool kit of ideas to continue to deliver literacy activities outdoors. Whole school improvement link – engaging reluctant writers.</p>	<p>active classrooms and learning in the outdoors.</p>
<p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards. Ensure the website and school weekly newsletter is updated with school sporting achievements.</p>	<p>Liaise with the Secretary. PE lead time. Sports Reps news reporters</p>	<p>Celebration assemblies delivered weekly with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p>	<p>Continue to find interesting and innovative ways of celebrating sports achievement.</p>
<p>Celebration assemblies to recognise and reward achievement in PE and school sport.</p>	<p>Resources</p>		<p>Investigate the possibility of PE awards. Encourage staff to award values certificates for PE lessons and Sports involvement. Create a wall of achievement to celebrate internal and external sport.</p>
<p>A new school football kit</p>	<p>£429.60</p>		
<p>Football team club training resources – Slalom Poles</p>	<p>£49.99</p>	<p>Children were involved in the design of the new kit, choosing colours unique to our school/ Ensuring a striking and appealing kit that they would all be proud to wear.</p>	<p>To create an ownership system where the kit is returned as well as organised so that they wear the same kit regularly</p>



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Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Attendance at the sugarsmart conference to upskill staff on requirements of the sugar tax levy. Attendance at the PE sports conference Attendance at the WildTribe conference	Arena membership £50 Arena Supply- £432		Continue to support the development of subject leadership whole school.
Attendance of 4 day PE subject leaders training	Supply £432 £425 course cost	Development of PE implementation and leadership	To continue to improve the PE in the school
Employment of a specialist coaches to upskill staff and deliver PE and school sport.	£1662.50 (cornwall cricket) £4050 (Arena)	Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum. Develop our netball and tag rugby teams to ensure we are competitive ensuring the children are proud and excited to represent our school	Continue to provide existing staff with the opportunity to be upskilled in PE and school sport. Investigate team kits. Establish regular clubs and introduce team sports clubs in KS1.
		Children understand where they are in their learning	Opportunities created for PE knowledge to be shared whole



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<p>Subject leader monitoring day</p>		<p>and what their next steps are. Parents are aware of the progress their children are making in PE and school sport.</p> <p>To monitor and observe effective delivery and assessment of the PE curriculum.</p>	<p>school.</p>
<p>Wild Tribe teachers trained in Outdoor First aid</p>	<p>Supply cover £216 £105 course cost</p>	<p>To ensure safety of pupils on outdoor education and off-site outdoor activities (beach)</p>	<p>Update in 3 years. Be aware of changes in first aid.</p>

Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Delivery of alternative sports day to introduce fencing, ultimate Frisbee.</p>		<p>After a successful day delivered the idea would be that a sport is going to be developed as an after school club.</p>	<p>Continue to broaden the range of alternative sports delivered.</p>
<p>Visit an external sports provider such as Zero Gravity Gymnastics or clip and climb to give the children experience of sport in a fully equipped centre.</p>		<p>Increase 10% of disengaged pupils now involved in sporting activities on a regular basis.</p>	<p>Wider range of opportunities will continue to be offered to engage disengaged pupils.</p>



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<p>Golf(pending)//Martial arts(pending)/Archery clubs set up to engaged children who do not engage in team sports. To target girls and KS1 in the development of new clubs</p>		<p>New club set up to engage children who prefer non games based sports. Increase in the number of girls attending an after school club.</p>	<p>Needs of target groups continue to be addressed.</p>
<p>Provide football training with links to the local football team – Plymouth Argyle</p>	<p>£1272</p>	<p>Continued enjoyment of KS1/2 children in football</p>	
<p>Class Yoga</p>	<p>£190</p>	<p>To build on core strength and development of mindfulness</p>	
<p>Balanceability bikes, helmets</p>	<p>£597</p>	<p>As coordination and movement was highlighted in the FS data this was purchased</p>	<p>Unfortunately the training hasn't been undertaken due to no courses in the area.</p>
<p>Targeted clubs – Gymnastics (Girls) Multi sports Athletics</p>	<p>£1900</p>	<p>A range of clubs lead by a PE specialist ensuring progression</p>	<p>Increased participation of clubs by girls and KS1</p>

Key Indicator 5 : **Increased participation in competitive sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To organise and compete in the local cluster		Working in partnership to	Year on year increase of the



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<p>competitions/tournaments</p> <p>Investigate entry into open level 2 competitions.</p> <p>Introduce Arena monthly challenge.</p> <p>Investigate Intra competitions – development of competitions within class groups and key stages</p> <p>Cornwall Primary Schools FA</p>	<p>£20</p>	<p>increase participation and success in competition.</p> <p>% increase in the numbers of pupils participating in competitive opportunities within school.</p> <p>% increase in the numbers of pupils participating in competitive opportunities against other schools.</p> <p>Organise home and away matches with local schools in a league system</p>	<p>number of children taking part in competition. School participated in a Tag Rugby tournament and Netball tournament</p> <p>% increase in the number of children taking part in level 2 and 3 competitions.</p>
<p>Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.</p>	<p>£2007.50 (carried over 16-17) This is to be covered by curriculum</p>	<p>Children should be able to swim 25 metres. This isn't comparable on a yearly basis as swimming is a skill developed at different rates and it would be unfair to compare cohorts.</p>	<p>Introduce the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.</p>
<p>Meeting national curriculum requirements for swimming and water safety</p>			<p>Please complete all of the below:</p>
<p>What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?</p>			<p>(Cohort size 6 pupils) 100% Swimming data completed in summer term</p>



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<p>What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?</p>	<p>84% Swimming data completed in summer term</p>	
<p>What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?</p>	<p>32% Swimming data completed in summer term</p>	
<p>Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>	<p>Yes/No</p>	
<p>Other expenditure – Bike shed £391.95 Wild Tribe Shed £389 (funded mainly from the £500 HSBC Governor donation)</p>	<p>This is to enable the safe storage and ease of access to key equipment for the delivery of Balance Ability and Wild Tribe</p>	
<p>Total funding - £13356</p>	<p>Total funding allocated to date – £ 13256.37</p>	<p>Total funding to be allocated - £99.63</p>

Areas highlighted in **yellow** are to be carried over to 2018-19