



## **Mrs Stuart says, 'Welcome back everyone!'**

I hope you all had a fantastic summer break. We are so pleased to have all of the children back in school and to see them settled in their new classes.

## **Please join us for the Meet the Teacher Sessions**

If your child is in Year 1 - Year 6, we will be holding a Meet the Teacher session for you on Monday (10th Sept) after school - please collect your children from the yard and come into the building at the front of the school. In these meetings the teachers will be sharing with you the plans for their classes for 2018/19. At the meetings you will receive your child's topic map which shows you all of the exciting things that they will be doing in their class this term. Topic maps are also uploaded to the Curriculum section of the website so that you can access them electronically.

If you have more than one child, please speak to the teachers and we will make sure that you can access the information from each meeting. We look forward to working in partnership with all of our parents/carers and we hope that you can join us after school on Monday.

If you have any other queries, please speak to your child's teacher or to one of our Phase Leaders:

- Miss Sewell - Early Years Phase Leader (Acorns, Nursery & Reception)
- Mrs Walton - Key Stage 1 Phase Leader (Years 1 & 2)
- Miss Thorpe - Lower Key Stage 2 Phase Leader (Years 3 & 4)
- Mr Brown - Upper Key Stage 2 Phase Leader (Years 5 & 6)

You can speak to them on the yard, by telephone or by emailing the school office. Please note that our office hours are 8.00am - 4.30pm each day. Thank you for your continued support.

## **Healthy Lunches at Throckley Primary**

During our health & wellbeing week in the summer term of last year, children across the school used the Change for Life food scanner app to learn about making healthy choices for lunches and snacks. Children who eat our school meals, automatically receive a nutritionally balanced, delicious and healthy meal, but when we analysed packed lunches in summer term, we found that only 1% of them met the nutritional guidelines. Most of our children's packed lunches contain too much sugar and fat and don't include all of the healthy items that are recommended by the Eat Well guidance.

Nutritionally balanced packed lunches should include the following:

- One portion of starchy carbohydrates such as potatoes, bread, rice or pasta
- At least one portion of fruit and vegetables
- One portion of dairy such as cheese, yogurt or fromage frais
- One portion of protein such as beans, fish, eggs, meat within the sandwich/wrap/pasta.
- Water or plain milk
- One small treat such as popcorn, baked crisps or a plain biscuit

Healthy school lunches are going to be a School Council project for the 2018-19 academic year. As part of the project, we will be sending home advice to parents/carers and working with children to make healthier choices. We will keep you updated with our progress throughout the year.

Remember that children in Reception, Y1 & Y2 receive Universal Free School Meals and we are happy for children to have a mixed meal pattern of school meals and packed lunches. The current menus are on the website. If you would like your child to eat school dinners, please see the office.

## **Attendance Report**

**Our target for the year is 97%.**



### **Winning Classes for the Week:**

**We have nine classes with 100% this week: Acorns, Miss Liddle's Class, Mr Metcalf's Class, Mrs Maddison's Class, Mr Elliott's Class, Mr Reid Milligan's Class, Miss Thorpe's Class, Miss Richardson's Class and Miss Williamson's Class. Well done!**



## Are you signed up with Parent App and Agora Online Payments?

Throughout the school year, our main methods of communication with parents/carers will be:

- Parent App (for achievements, reminders, attendance, clubs),
- Agora (for payments, trip information, permissions)
- email (for school letters and other documents).

Agora can now be accessed from the Parent App, so this is your one stop shop for school information and payments - all available from your smart phone or computer. Please see the Office if you have not yet registered for Agora or Parent App.

## Out of School Childcare

Parents/carers of children in Nursery - Year 6 can access out of school childcare, on the school site, on Monday - Friday, from 8.00am to 5.45pm (5.30pm on a Friday).

- **Breakfast Club** is a drop-in service and is run by Mrs McDonald with the help of Miss Williamson and Mrs Longstaff. Breakfast Club costs £1.00 per session for each family. If you need information about Breakfast Club, please speak to the Office.
- **Cuba Kids** provide an after school club from the end of school until 5.15pm for £6.50 and until 5.45pm for £8.00. The club is located in a lovely room here in school and provides a relaxed, home-from-home atmosphere with healthy snacks and lots of fun activities. Cuba sessions need to be booked in advance and they cannot guarantee a same day booking. Individual sessions must be paid for in advance. If you need information about Cuba, please ring 07971015212.

## Clubs in the Autumn Term

Club forms are now being processed and clubs will begin during the week of 24th September. You will receive notification of your child's clubs during the week of 17th September.

## Please Be Aware That We Have Children With Nut Allergies In School

We have children in all parts of the school with nut allergies. If you would like to send a treat into school on your child's birthday, please send in packets of sweets (instead of a cake). We can then give the sweets to the children to take home so that parents can ensure that they are safe to eat. Thank you.

## Nasal Flu Immunisation Letters for Reception to Year 5

In your child's book bag today you will find a letter and leaflet about the Nasal Flu Immunisation Programme which is available for children in Reception - Year 5. The permission forms need to be returned to school by 19th September.

## School Is A Non-Smoking Zone

Please can we remind all parents/carers that our school site is a non-smoking zone for both standard cigarettes and e-cigarettes. We thank you in advance helping us to keep our site smoke-free.

## Dates For Your Diary

<b>10th Sept (Mon)</b>	<b>Year 1 - Year 6 Meet Your New Teacher Session After School</b>
<b>12th - 14th Sept</b>	<b>Year 6 at Hawkthirst</b>
<b>8th - 11th Oct</b>	<b>Scholastic Book Fair (buy your Christmas presents early!)</b>
<b>10th Oct (Wed)</b>	<b>Individual Photographs</b>
<b>10th Oct (Wed)</b>	<b>Family Photograph Session After School</b>
<b>30th April - 11th May</b>	<b>Year 2 Nat'l Statutory Assessment - pupils must be in school</b>
<b>14th May - 18th May</b>	<b>Year 6 Nat'l Statutory Assessment - pupils must be in school</b>
<b>4th &amp; 5th June (Mon &amp; Tue)</b>	<b>Training Days attached to the May Half Term Holiday to help families with the cost of holidays</b>
<b>11th June - 15th June</b>	<b>Year 1 Nat'l Statutory Phonics Assessment - pupils must be in school</b>