

Food Super Heroes Menu

YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children

£2.30

THREE WEEK MENU

SPRING/SUMMER 2020

Chartwell

MONDAY



HOT SPECIALS...

Cheese & Tomato Pizza with Potato Wedges
Simple but classic

Chinese Veggie Noodles
Mixed vegetables and noodles coated in a Chinese 5 spice seasoning

DAILY FAVES...

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

13/04 04/05 01/06 22/06 13/07
14/09 05/10

SIDES...

Broccoli & Cauliflower Medley and Sweetcorn

PICK A PUD!

Raspberry Yoghurt Cake

TUESDAY



Chicken Burger with Potato Wedges

Roast chicken served in a soft bun with lettuce and mayo

Country Vegetable Pie with Mashed Potato

Leek, broccoli, chickpea and carrot in a creamy sauce topped with shortcrust pastry

Jacket Potato
with a choice of fillings including salmon mayo

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Coleslaw

Shortbread with Fruit Slices

WEDNESDAY



Roast Turkey with Roast Potatoes & Gravy

Roast turkey with fluffy roasties and tasty gravy

Quorn Roast with Roast Potatoes & Gravy

Traditional vegetarian roast with Quorn

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Carrots and Cabbage

Flapjack with Fruit Slices

THURSDAY



Beef Meatballs in Tomato Sauce with Pasta

Delicious beef meatballs in a tasty tomato sauce with pasta

Mild Chickpea & Potato Curry with Rice

A mild curry with tomato, potato and chickpeas

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Sweetcorn and Mediterranean Vegetables

Chocolate Apricot Brownie

FRIDAY



Golden Fish Fingers and Chips

Crispy fish fingers with scrummy chips

Tomato Beany Burger with Chips

A lightly spiced veggie burger with burger relish in a soft bun

Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Baked Beans and Peas

Vanilla Ice Cream



20/04 11/05 08/06 29/06 20/07
21/09 12/10



DAILY FAVES...

HOT SPECIALS...



SIDES...

PICK A PUD!



MONDAY

Cheese & Tomato Pizza with Potato Wedges  
Simple but classic

.....

Vege Burrito 
Tomato and beans in a mild sauce with rice served in a tortilla wrap 

Jacket Potato 
with a choice of fillings

.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta


Coleslaw and Sweetcorn



Raspberry Ripple Cake

TUESDAY

Beef Bolognese with a Garlic & Herb Bread Wedge 
A classic Italian beef Bolognese

.....
Vegetable Lasagne with a Garlic & Herb Bread Wedge
Favourite veggie lasagne

Jacket Potato 
with a choice of fillings


.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Broccoli



Orange Shortbread with Fruit Slices 

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

.....
Pastry Slice with Roast Potatoes and Gravy 
Pumpkin and potatoes wrapped in flaky pastry

Jacket Potato 
with a choice of fillings


.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta


Cabbage and Carrots



Strawberry Ice Cream

THURSDAY

Pork Sausages with Mashed Potato & Gravy
Simple but classic...sausage and mash

.....
Vegetarian Sausages with Mashed Potato & Gravy 
A classic Quorn sausage and mash

Jacket Potato 
with a choice of fillings



.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta


Sweetcorn and Broccoli



Chocolate Cake with Custard

FRIDAY

Crispy Fish and Chips
Crispy fish fillet

.....
Quorn Bolognese  
A classic vegetarian Italian Bolognese

Jacket Potato 
with a choice of fillings

.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Baked Beans

Oatie Biscuit with Fresh Cut Fruit Slices 

 Vegetarian  Oily fish
 Wholegrain  Fruitful

Water, salad, freshly baked bread, vegetables & fresh fruit

Available every day



27/04 18/05 15/06 06/07 07/09
28/09 19/10



HOT SPECIALS...



DAILY FAVES...


SIDES...



PICK A PUD!

MONDAY

Cheese & Tomato Pizza with Jacket Wedges  
Simple but classic

.....
BBQ Wrap with Rice  
Sweetcorn and chickpeas in tasty tomato and BBQ sauce folded in a wrap


Jacket Potato 
with a choice of fillings


.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta


Sweetcorn
and
Broccoli



Secret
Brownie

TUESDAY

Traditional Beef Lasagne with Garlic & Herb Bread Wedge 
A classic Italian layered pasta dish with beef mince

.....
Quorn Hot Dog with Potato Wedges 
Veggie hot dog served with ketchup in a roll

Jacket Potato 
with a choice of fillings

.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta


Peas
and
Carrots



Raspberry
Ripple Ice
Cream

WEDNESDAY

Prime Roast Beef with Roast Potatoes & Gravy
Prime roast beef with fluffy roasties and tasty gravy

.....
Sweet Potato Chickpea Roast with Roast Potatoes and Gravy 
A chunky sweet potato and chickpea roast


Jacket Potato 
with a choice of fillings

.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta


Carrots
and
Cabbage



Fruity Picnic
Bar 

THURSDAY


Chicken Tikka Masala with Rice 
A classic mild and creamy curry

.....
Mac 'N' Cheese
Pasta spirals in a tasty cheesy sauce

Jacket Potato 
with a choice of fillings

.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta


Mediterranean
Vegetables
and
Sweetcorn



Banana Oat
Bite with
Custard 

FRIDAY

Golden Fish Fingers and Chips

.....
Quorn Dippers and Chips 
Crispy Quorn Nuggets with Ketchup

Jacket Potato 
with a choice of fillings

.....
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Baked Beans
and
Peas

Strawberry
Swirl Sponge

