

# Reception Peek @ the Week

## This week...

We have been busy enjoying the sunshine this week with lots of outdoor play; the children have used the hoops and balls and skipping ropes as well as the balance bikes and the play equipment to develop their gross motor skills. The staff have noticed how much the children's control, coordination and strength are improving and how keen they are to push themselves physically to try new things.

## Children's Mental Health Week...



### '10 a day' choices towards balancing our mental health



## ☆ Reading Super Stars... ☆

Bea, Alfie, Charlie, Ariana, Xander, Corey, Isabella, Jago, Bella, Rudi-James, Maisie, Erin, Polly, Ophelia

Well done, you have all 5 times this week.

## Letters and Sounds...

This week the children have four new sounds: **ar**, **or**, **ur**, **ow** and the new tricky word **all**.

Here are a few activities to try at home:

- Say a word containing one of the new sounds and ask your child to write it, either on paper or with their letter cards.
- Write all of the sounds on big cards, lay them on the floor and then call out a sound for your child to jump on (you can do this with chalk outside too).
- Write a list of words and see how many your child can read in 1 minute. Challenge them to see if they can beat their own score.
- Write a list of words and ask your child to add the sound buttons (a spot under each sound they can hear).
- Leave a message with magnetic letters on the fridge or with foam letters in the bath for your child to read.

Have a great weekend! The Reception Team