

Explorers @ St George's

It's been another busy week in Nursery with learning themed around the story of Goldilocks. The children have been collaging bears and exploring vocabulary to describe different sizes. Many thanks to children who bought their Goldilocks books to share, we've enjoyed spotting the similarities and differences between stories.

If anyone has a suitable DVD of 'Goldilocks and the Three Bears' or 'The Magic Porridge Pot' we'd love to borrow it!

Next steps

Over the next few days we will be continuing our Goldilocks theme with a week devoted to porridge and porridge oats. The children will be exploring texture and enjoying capacity play with both dry oats and water based porridge. In a shared cooking experience we will be making real porridge. The children will be learning about the ingredients, measuring quantities, talking about textures and noticing changes. There may even be chance to enjoy a spoonful or two!



*If you have allergy concerns we may be unaware of please let Miss Gander or Mrs Brace know.

Ideas for home

The cold weather we've been having is a perfect excuse for enjoying a lovely warm bowl of porridge together. As you make the porridge and choose a topping there will be lots of opportunities to talk about textures and flavours with your child. If you want to have a little fun you could make some magic porridge by adding a few drops of food colouring!

Supporting your child's physical development

We are very proud of how well most of the children behave at lunchtime, many are becoming more independent and we have seen some lovely examples of good manners.

Part of the curriculum to support your child's physical development is focussed around their independence in eating and drinking, you can help by -

- ✓ Expecting your child to use a fork when eating cooked meals, fingers are a no!
- ✓ Encouraging your child to use their knife and fork to cut soft food independently.
- ✓ Teaching your child how to peel bananas or oranges and open yoghurts or crisp packets etc.
- ✓ Building good habits e.g. savoury first (sandwich before yoghurt etc.)
- ✓ Expecting your child to stay sitting at the table for the whole meal – they do at Nursery!

For our older children, independence at mealtimes is a great step towards school readiness.

Lost sandwich box

We are hoping to find a missing a 'PJ Masks' plastic sandwich box, please check at home, it may have gone in the wrong lunchbox by mistake – thank you.



Many thanks for your continued support
Miss Gander, Mrs Brace and the Nursery Team.