

## Upton Earlies - Allergy Information

Product	Gluten	Peanuts	Tree Nuts	Milk	Eggs	Fish	Shellfish	Molluscs	Lupin	Celery	Sesame	Mustard	Soya	Sulphur Dioxide
Readybrek	Red	Green	Green	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Cheerios	Red	Red	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Rice Krispies	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Shreddies	Red	Red	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Crumpets	Red	Green	Green	Red	Green	Green	Green	Green	Green	Green	Green	Green	Red	Green
Bagels	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Red	Green	Green	Green
Bread/Toast	Red	Green	Green	Red	Green	Green	Green	Green	Green	Green	Red	Green	Red	Green
Marmite	Red	Green	Green	Green	Green	Green	Green	Green	Green	Red	Green	Green	Green	Green
Beans	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Butter	Green	Green	Green	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Gluten free cornflakes	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Blackcurrent Squash	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Orange Squash	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Golden syrup	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Marmalade	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Raisins	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Oranges	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Apples	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Raspberries	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Bananas	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Honey	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Blackcurrent Jam	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Strawberry Jam	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Milk	Green	Green	Green	Red	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green

**Please speak to a member of staff if you have any queries**