

**CAVERSTEDE EYFS SEND HUB RESOURCE LIBRARY**  
**– books for children: Behaviour/Social Interactions**

**Hub Book 03**

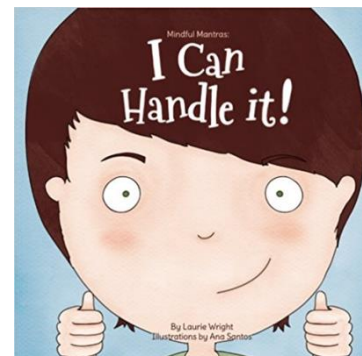
**I Can Handle It - Laurie Wright**

Your children will incorporate the mindful mantra 'I Can Handle It' almost immediately after reading this book!

In a tough situation, they will think 'I can handle it', and when they are dealing with tough emotions, they will think 'I can handle it!'.

Even if they aren't saying the words out loud, if they learn and practice this mantra it will become a part of their self-talk.

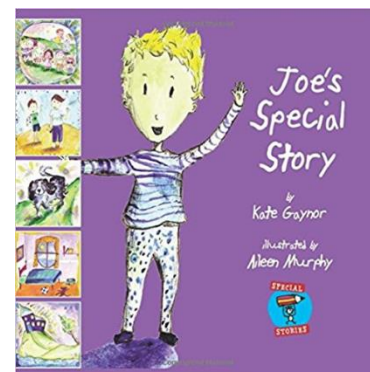
Positive self-talk is incredibly important for improving and maintaining mental health. Help your child learn to handle with difficult emotions along with Sebastien and provide a tool for lifelong confidence.



**Hub Book 23**

**Joe's Special Story - Kate Gaynor**

This book has been designed for parents, teachers and social workers to read with children who have been adopted from a different country to the one they live in now. By reading the story with your child and discussing the experience of a child in a similar situation, you can take the opportunity to discuss any feelings of unhappiness or doubt that the child might have as regards his/her own situation. This book has been designed to help explain inter-country adoption to young children.



**Hub Book 22**

**A Family for Sammy - Kate Gaynor**

This book has been designed for parents, teachers, carers and social workers to read with children who are about to begin the process of Foster Care. The story is told through the eyes of the main character, Sammy, who is himself going through the Foster Care process. He refers to feelings of fear and doubt about his holiday to another family, but he is delighted to find that his new family are kind, caring and have time to have fun with him! By the time Sally the social worker comes to collect him he is feeling happy and safe in his new home. He returns to his family to find them happier than they had been when he left, and positive that he will have no fear of returning to a similar holiday family. By reading this story with your child, and discussing the experience of a child in a similar situation, the parent/social worker can enforce the fact that a holiday to a short-term foster family is a positive thing. It also reassures them that when the holiday is over they will be returning to their families, and that it is not a permanent move.

