

MENU WEEK 1

Week starting: 29 Oct | 19 Nov | 10 Dec | 17 Jan | 28 Jan | 25 Feb | 18 Mar

'MEAT FREE' MONDAY

- V Southern style Quorn burger in high fibre bun with jacket wedges
- V Veggie bean taco with vegetable couscous
Jacket Potato & tuna salad
- V Marmalade cake with custard

TUESDAY

- Homemade cheese & tomato pizza served with winter salad
- V Sweet potato dahl with rice
Jacket potato with cheese & beans
- V Fruit yoghurt selection

WEDNESDAY

- Halal roast chicken with sage & onion stuffing, roast potatoes & gravy
- V Quorn fillet with sage & onion stuffing, roast potatoes & gravy
Jacket potato & tuna salad

- V Fresh fruit platter & crème fraîche*

THURSDAY

Halal chicken meatballs served with BBQ sauce & rice

- V Ricotta & spinach cannelloni in a tomato sauce with a hunk of bread
Jacket potato with cheese & beans

- V Banana cake

FRIDAY

Vinegar infused tempura pollock fillet served with potato wedges

- V Carrot & cream cheese whirls served with potato wedges

Jacket potato with cheese & salad

- V Apple flapjack*

We never use fish on the Marine Conservation Society 'fish to avoid' list.



MENU WEEK 2

Week starting: 5 Nov | 26 Nov | 17 Dec | 14 Jan | 4 Feb | 4 Mar | 25 Mar

'MEAT FREE' MONDAY

- V Quorn lattice slice with mids potatoes
- V Tagliatelle Neapolitan
Jacket Potato tuna salad
- V Ginger sponge

TUESDAY

- Halal chicken sausages served with mashed potato & gravy
- V Vegetable biryani
Jacket Potato with cheese & beans
- V Cheese & biscuits with fresh fruit*

WEDNESDAY

- Halal roast chicken with sage and onion stuffing, roast potatoes & gravy
- V Roasted vegetable & cream cheese tart with roast potatoes
Jacket potato & Tuna salad

- V Fresh fruit platter & crème fraîche*

THURSDAY

Halal beef & pasta bolognese

- V Quorn pasta pesto
Jacket potato with cheese & beans

- V Oaty apple muffin

FRIDAY

Pollock fish fingers served with oven chips

- V Vegan style chicken nuggets served with oven chips

Jacket potato with cheese & salad

- V Chocolate sponge with chocolate sauce

MENU WEEK 3

Week starting: 12 Nov | 3 Dec | 31 Dec | 21 Jan | 11 Feb | 11 Mar | 1 Apr

'MEAT FREE' MONDAY

- V Homemade cheese & tomato pizza served with winter salad
- V Jacket potato filled with boston beans
- V Iced sponge

TUESDAY

- Halal beef pie with golden puff pastry served with mashed potato & gravy
- V Quorn & butternut squash curry served with rice
Jacket with cheese & beans
- V Fruit yoghurt selection

WEDNESDAY

Halal roast chicken with sage & onion stuffing, potatoes & gravy

- V Cauliflower cheese served with roast potatoes
Jacket with Tuna salad

- V Jelly served with fresh fruit & crème fraîche*

THURSDAY

Halal lamb burger in a high fibre bun with tomato sauce

- V Veggie burger in a high fibre bun with tomato sauce
Jacket with cheese & beans

- V Apple & cinnamon cobbler with custard*

FRIDAY

Pollock fish fingers served with country style potatoes

- V Quorn sausage roll served with country style potatoes

Jacket with cheese & salad

- V Chocolate Cookie with a glass of organic milk

All dishes are served with seasonal vegetables

V - Suitable for Vegetarians.

* Desserts highlighted with an asterisk contain a minimum of 50% fruit.



SURREY