

# A Cornwall C&YP MH Network?

"We've got this! We'll  
do what we do best  
and get through this  
together."



Kate Pordage, Headstart Kernow, Summer 2020



## Introduction

- **The idea for a Network has been forming for some time as part of:**
  - Thoughts about sustainability legacy for Headstart
  - Changes in school support now direct funding has finished
  - Positive feedback from schools about face to face Network meetings and frequent requests for more opportunities to share resources / ideas / information among school HSK leads.
  - Experiences of online comms / training / networking during lockdown
  - Desire to share a 'Recovery Curriculum'.
  - The MH Lead in Schools Role and how to support it
  - Joined up thinking across a lot of 'offers' for schools.

# Proposal

Place to ask questions, share ideas and connect  
*Book Club?*

Forum /  
bulletin  
board

Online,  
on-  
demand  
CPD

E.g. TIS, Pooky Knightsmith, Recovery Curriculum, Creative Learning, Anna Freud, Tina Rae, Louise Bomber, Paul Dix  
PLUS LOCAL CONTENT including HSK offer

Access to QA  
Audit(s) /  
wellbeing /  
measurement  
tools and  
guidance

Good  
practice  
sharing

Cornwall  
C&YP  
Network

e-  
learning

Simple local portal plus access to established sources

But easy / free to access in Cornwall. Open to all with interest in CYP MH

“Closed”  
membership

QA  
Resource  
Library  
(Including  
downloads)

Online  
meetings  
/ training  
/ webinars

With face to face where possible but on line gives flexibility – who for; timing; large group or school / cluster / MAT specific

# Who for?



# Local Opportunities



- **Wellbeing for Education Return** Training - and creating a flexible interactive offer.
- **Lynette Rentoul** Training / webinars include on online, demand version.
- **TIS** WS sessions (recorded / on-demand)
- **Online Digital Resilience Toolkit** support / training (two parts – self-study / webinar)
- Some **EP Training** online offers (e.g. Emotion Coaching)
- **BLOOM** Training

...and more!

# Potential



- Build on good practice so far
  - Tangible Legacy
  - Pulls several programme strands together
  - Support TFF priorities
  - Connect schools – share fab practice and resources
  - Needs led
  - Recovery
  - Create momentum from bottom
  - Trickle down
  - Platform for partners
  - Choice for schools
  - Evolution
  - MH Lead support
  - Top class speakers / trainers initially
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- Place to explore supervision models / opportunities
  - Staff wellbeing
  - YP creating content / ‘training’
  - IThrive
  - Resources including model relationships policies / MH policies etc./ posters
  - MH Awards
  - Concerted effort to reach the ‘geography teacher’
  - Member led
  - Disseminate local / national information...
  - Transition

Do school staff in Cornwall want a Network?

YES!



# Comments from school staff

I am particularly interested in your suggestion of Cornish schools being able to access the MH Lead Training... in common with so many other schools we have a very limited budget. A local network of practitioners also very much appeals to me.

Online sessions outside of school hrs

underlying\_top\_priority staff\_first  
then\_embedded\_for\_pupils

"Practical suggestions that can be implemented in school, Resources and Supervision"

Please just keep me up to date with any opportunities out there please - I have immersed myself in this recently and want to carry on.

Be great to work with others to support the wellbeing of young people and share ideas and good practice

Sharing good practice is an excellent idea and how we often learn most and get ideas, this could be an online platform maybe? Mixed with resources?

How to manage time, good resources/idea sharing, coaching/supervision

I am excited about the opportunities that this moment in history may result in, in terms of raising the priority of MH and I am passionate about playing my part in it and a local and a supportive network to help sustain momentum I think will be key.