

# HappyMaps<sup>📍</sup>



**A website for parents and carers.  
Reliable and up-to-date resources on  
emotional health for your children.  
For all ages from babies to young adults.**

**[www.happymaps.co.uk](http://www.happymaps.co.uk)**

Worried about your child's behaviour or mental health ?

Not sure where to start looking for help ?

HappyMaps will guide you to websites, books, videos and Apps to help you and your child plus there is information on being referred for specialist help, how to find counselling and parent support groups.