

What are Parenting Skills and Strategies?

These drop-in sessions are for you to attend to get practical and friendly support alongside other parent/carers.

My child isn't a toddler - isn't this for young children?

The Family Partnership Zone is a group of professionals trained to work with families with children aged 0-19. Our team of experts will help you with behaviour skills for your child – whether they are a toddler or a teen!

I've never been to a Parenting group before - does that matter?

Not at all! Come along—this is where we help you find some new ways to manage your child's behaviour in a calm and positive way. As parents you know your children better than anyone, we work with that knowledge to help you make changes.

I'm worried everyone will be perfect parents

There is no such thing as a perfect parent. This group is for real parents and carers who are seeking a bit of support to improve their children's behaviour and change the way they interact with their children.

What if I need a bit more support?

If you feel that you would benefit from more regular support, together we can assess what your needs are and work out the best support route for you.





Proud to be part of
**Dorset Family
Partnership Zones**

Parenting Skills and Strategies Sessions:

Beaminster Children's Centre

Address 6 Prout Bridge, DT8 3AY
Days and times Fridays 9.30 to 11.30
Dates 4th January, 18th January, 1st February, 15th
February, 1st March, 15th March
telephone number 01308 861030

Bridport Children's Centre

Address Skilling Hill Road, DT6 5LA
Days and times Mondays 1.00 to 3.00
Dates 7th January, 21st January, 4th February, 18th
February, 4th March, 18th March
telephone number 01308 421714

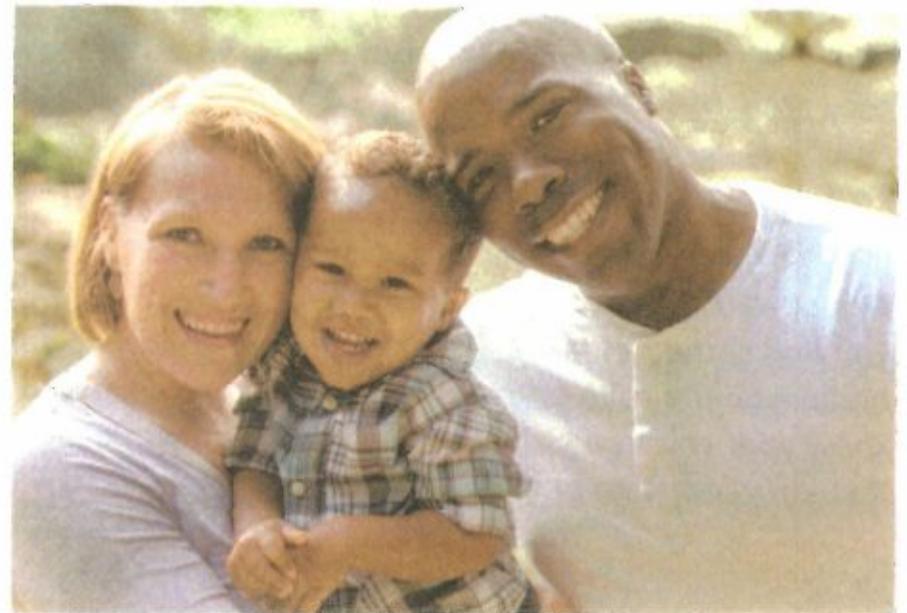
Bridport Children's Centre (different day)

Address Skilling Hill Road, DT6 5LA
Days and times Fridays 9.00 to 11.00
Dates 11th January, 25th January, 8th February, 22nd
February, 8th March, 22nd March
telephone number 01308 421714

Lyme Regis, St Michael's VA Primary School

Address Kingsway, Lyme Regis, DT7 3DY
Days and times Thursdays 1.00 to 3.00
Dates 10th January, 24th January, 14th February,
28th February, 14th March, 28th March
telephone number 01308 421714

West Family Partnership Zone **Parenting Skills and Strategies Sessions**



Providing family
support 0-19

