



ST. MARY'S CATHOLIC PRIMARY SCHOOL

Vivian Road, Harborne, Birmingham, B17 0DN

Telephone: 0121-464 2141 Fax: 0121-464 8312

Email: enquiry@stmaryrc.bham.sch.uk

www.stmaryrc.bham.sch.uk

Headteacher: Miss H.M. Cusack M.Ed.



20th November 2018

Dear Parent

November is the month of the Holy Souls

Y5F Class Assembly – 9.15am 23rd November

Please join us for the collective worship which will be led by our children from Mrs Keating's class. All welcome.

Walk with Me – Stay & Pray

During Advent we gather as a school each morning for whole school collective worship. We follow and reflect upon the messages contained within the 'Walk with Me' booklet. **Every Wednesday we assemble for our daily Meditation together and invite you to join us.** Our Meditation begins at 9:00am for approximately 10mins. It really is a good way to start the day – all welcome!



Christmas Fayre – Parish – Saturday 24th November

Thank you for your generosity and for supporting our parish as it prepares for the annual Christmas Fayre. Thanks to our PTA

who do so much on our behalf to help make it a community occasion. The fayre is on from midday to 3pm this Saturday.

School Trips/Visits

We are currently owed £2000 in unpaid costs for the arranged visits over the next few weeks – theatre and Cathedral visits and farm.

Please ensure that you have made your payment via school on line payment system by **30th November**. Thank you.

If we have insufficient funds the trips will need to be cancelled.

Healthy Habits at St Mary's

It has come to our notice that some children are eating chocolate bars, provided with their packed lunch, at morning break time. We have a policy in school for fruit at break times in the morning. Please encourage your child to be disciplined and to follow our rules and procedures – a high sugar rush in the middle of the morning will not promote good learning.

In our attempts to address the Government's concerns regarding lack of activity and obesity in children (please note that we see our initiatives as essentially *preventative* at St Mary's) we have, for many years: * adopted the fruit at break time habit; * *we now run a daily mile*; * we have reduced sugar use in our canteen meals and children are given a 'treat' on a Friday only; * *all children have a variety of physical activities within the school week – i.e. PE lesson, dance, swimming; Daily Mile*; * Mr Davis will lead a Health & Fitness Week in the week commencing 4th February 2019; * *children are taught about the importance of healthy lifestyles through the curriculum*; * children wear their own clothes for their birthday so do not bring in bags of sweets for their class (former practice); * *we avoid overuse of sweet 'treats' at parties, including Christmas, First Holy Communion celebration, etc. to build healthy eating habits as much as possible.*

If you can think of any other ways we can build up best habits – please let us know. Thank you!

HOW TO BE
Positive

-Say "I can," instead of
"I can't!"

-Smile more.

-Be optimistic.

-Remember you are in
charge.

-Be thankful.

-Forget about regret.

-Do nice things for others.

Y1 Classes – visit to Fire Station

Reminder: On Tuesday 27th November, our Y1 classes will be visiting a local Fire Station as part of their topic and learning. The children will be out for a couple of hours in total and should wear school uniform. The children will be back for lunch. All other details were outlined in the class letter.

Guitarists



Our young guitar players will be presenting a demonstration of their skills at our KS2 assembly next Wednesday 28th November. The parents of children involved are welcome to share in this occasion.

Many thanks to Mr Jackson for arranging the 'mini concert' that will begin at 9:10 (please be punctual) and last for 15 minutes.

Message from PTA

Junior film club is on **TUESDAY** 4th December and not Monday as stated on reply slip. Apologies on behalf of the PTA.

Yours sincerely,

H M Cusack

H M Cusack,
Headteacher