



FREE Bikeability Cycle Training Easter 2021

**Have you not yet mastered how to ride a bike?
Do you want to improve your cycling confidence off road?
There's a training session for you!**

This half term we will be offering FREE Learn to ride and Level 1 Bikeability training to children and adults who live, work or study within Newcastle.

All training is delivered following the governments Covid-19 guidelines and delivered by qualified National Standard Instructors who have DBS checks.

Learn to ride session – This course is a 2hr session and is designed for anyone who has yet to master pedalling alone without stabilisers. (6yrs+)

Tuesday 6th April (10am-12pm or 1pm-3pm)

Tuesday 13th April (10am-12pm or 1pm-3pm)

Level 1 – Designed to develop basic cycle training skills in a safe traffic free environment through fun and games activities. Riders must be able to cycle (i.e. pedal and glide) to participate in Bikeability Level 1.

Wednesday 7th^h April (10am-12pm or 1pm-3pm)

Wednesday 14th^t April (10am-12pm or 1pm-3pm)

All training will be delivered outdoors at Walker Activity Dome, Wharrier Street, Newcastle upon Tyne, NE6 3BR. The centre will be closed due to Covid-19 restrictions.

To book please e-mail road.safety@newcastle.gov.uk to book your place or for further information.
(Booking is essential due to limited numbers and social distancing)



Find our page on Facebook at 'Newcastle City Councils Road Safety & Bikeability Training'.